

Saints Rise to the Occasion against UW

Caley Wiseman
Staff Writer

As the Saints men's basketball team stepped on the court for their fifth Pac-10 game in five years, they knew they were ready to take on such a highly reputable team: The University of Washington Huskies. The Huskies are ranked no. 13 in the nation this season after a tough loss in the sweet sixteen of the NCAA Tournament last March.

The Saints have performed well in past Pac-10 matchups as they have come "oh-so-close" to defeating Oregon State University twice as they fell to the Beavers by only four points. The Saints have also proven themselves Division I competition worthy as they conquered the Colorado State University Rams a few years back.

Coach Keith Cooper said, "We knew UW was an outstanding team going into it. I'd much rather play a skilled Pac-10 team and test our team's playing ability than play some NAIA

Photo by Steven Herrpich



Brady Bomber drives to the hoop against UW.

school knowing we'll come out with a guaranteed win."

5,900 excited fans poured into the stands in Seattle. The exhibition game was a true test of the Saints' mental and physical toughness. The SMU men's basketball team held the Huskies to a 97-76 game in the end. There were many instances when the Saints were

only ten points behind the Huskies, but they just couldn't make it over the hump.

"I don't think the men were disappointed with the loss. We chose to play the Huskies because we knew we were capable of competing at the Division I level," said Coach Cooper.

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were subjected to some pretty harrowing harassment. Some folks who were in the department who were really very discriminatory. So the day I got my degree, I applied for jobs elsewhere." Dr. Lazaro got a job at a major university on the other side of the mountains, but he would not make this university his permanent workplace either.

"I went in there, and started teaching engineering. There were 120 kids in class. You cannot teach, you lecture. If you [the student] get it, you get it. If you don't, you don't. I felt dirty every time I went to class, like I was cheating these kids." Because of his strong desire to teach and help students, Dr. Lazaro eventually found his way to Saint Martin's where he took a huge pay cut from his previous position. Dr. Lazaro does not regret his decision to work at Saint Martin's University, not only for the teaching, but for the community as well.

"I was so happy that I came to Saint Martin's, just to be able to work with the monks, they are just a darling bunch of people. Each one of them has got his own little quirk, and as a group they are so nice to work with."

Shortly after Dr. Lazaro came out of retirement, he was diagnosed with cancer. Like all else in life, Dr. Lazaro seemed to take this development with grace and a never-dimming love for life.

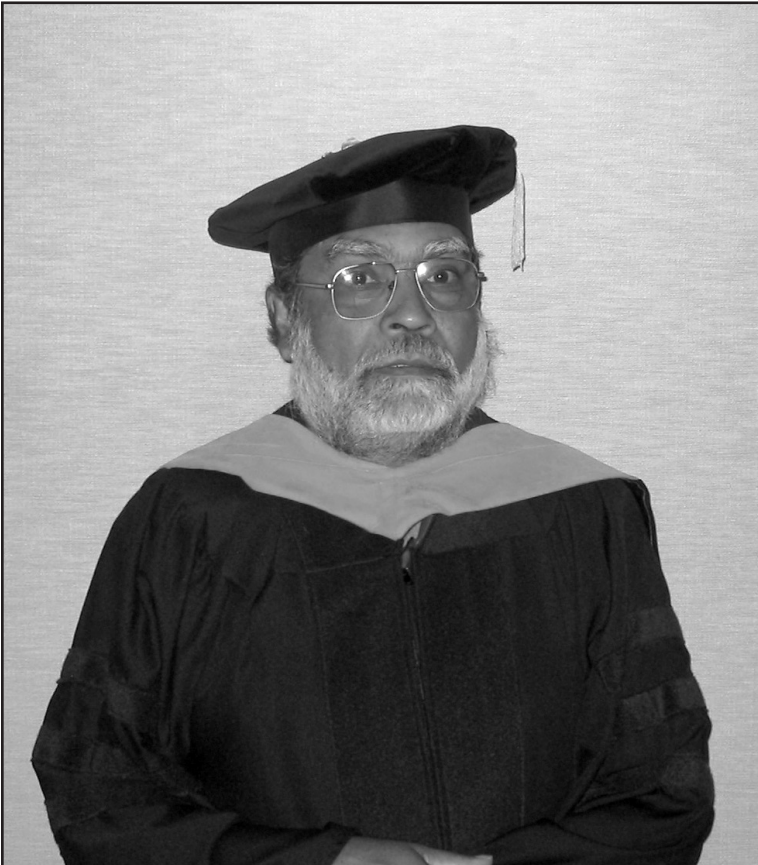
"I had to undergo treatments, but I seem to be doing much better. It never really got my spirits down. It's just something that you carry around with you."

Dr. Lazaro even shared a humorous story about setting off a detector in an airport as the result of health treatments, acting out the guards' reactions in the Shanghai airport as they pulled

his involvement with the Music and Theatre Department, referring to his participation in various productions, such as "Guys and Dolls," "Once Upon A Mattress," and various "Out of

Book" opera scenes. The conversation, quite naturally, drifted to Dr. Lazaro's love for cooking, and the importance of creativity.

"What you guys do in the music department is so cool, creative, wonderful, and when I go for rehearsal there, and no two days are the same. There is no such thing as perfection because every single time you have something that is wonderful in one area, the next day you find that there is something else that is marvelous. But as an Engineer, everything has to have this shape and cut. In music there is a little bit of flavor. It is just like cooking, never can two be identical! As an instructor what are you creating is nothing. You are bringing out creativity in



others, but you are not creating. I do love to create a dish that is really good, and the next time I add a little something else. With Indian cooking there is no such thing as curry--it is a blend of spices." At this point Dr. Lazaro lists

spices so quickly that I lose track of at least fifteen, "grind them together, it is the ratio in which you blend that give you different flavors. You know the taste of each one of these [spices], so you use a little bit of this and a little bit of that and you make your own curry."

Dr. Lazaro's attitude is extremely humble with regard to his giving: "We have been very happy, I keep telling people this is truly a land of opportunities. We came to this country with \$63 in our pocket, today the good Lord gives us way more than we need, so I just keep giving it away. If we need \$1000 to live, that is all we need, so anything else, just give it away!"

While Dr. Lazaro loves teaching engineering at SMU, when asked about his favorite experience he talked about

others, but you are not creating. I do love to create a dish that is really good, and the next time I add a little something else. With Indian cooking there is no such thing as curry--it is a blend of spices." At this point Dr. Lazaro lists spices so quickly that I lose track of at least fifteen, "grind them together, it is the ratio in which you blend that give you different flavors. You know the taste of each one of these [spices], so you use a little bit of this and a little bit of that and you make your own curry."

Dr. Lazaro does have some plans for retired life. He is going to do a bit of consulting and a lot of travel.

"There are too many places in the world that I haven't seen--Iceland and Greenland in the middle of winter. I want to see things, go to places where

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and what students would be interested in continuing if SMU provide the option.

According to the Washington Center for Nursing and State Commission, "A strategic plan for the education of nurses in the state of Washington indicates all nurses should become BSN prepared by 2020."

According to Linda Tieman, Executive Director of Washington Center for Nursing, "Some health organizations are requiring new associate degree registered nurses to sign a contract that states they will complete a BSN by a specific date in order to remain in their position." There is also interest in having the program delivered at specific extended campuses to accommodate students coming from given organizations or locations.

The next steps to the future of the nursing program are to collect the results from the surveys and to complete the proposal for the program. Next, administration and faculty in the College of Arts and Sciences will approve the proposal. After approval, it will be submitted to the Educational Policy and Curriculum for review in spring 2011. A search will then commence for a program director, and an advisory board will be assembled to review curriculum and admission requirements.

people don't go, but where people live, and see why they live there. I was in Siberia for so many years, I want to go back and go to places where nobody else goes.

Go to Churchill, it is fifty below but it is beautiful, polar bears, you gotta see things! You know, we live our lives, depending so much on comfort that we fail to sometimes see the beauty of not having them. Like when the power goes off, we are worried about the food in the refrigerator. We should be saying hear the silence--listen to the sound of silence!" Dr. Lazaro plans on continuing to help out with music at Saint Martin's if he is asked to, but if not, "there's lots of fishing to be done."

As the interview was drawing to a close, Dr. Lazaro shared with me some advice for the students remaining at Saint Martin's: "Don't lose sight of the beauty of this planet, it is just too beautiful to get bogged down in the technology. This is just too beautiful of a planet to be governed by mechanic and electronic devices. Throw out all this stuff. We need to take a step back and see the beauty of the universe. We get caught, so caught up in our day to day life that we fail to look around us, we lose track of all that. Life is too short to do all of that now, especially when I am on my last hurrah."

The last was delivered with a rollicking laugh. My spirits light, we ended our interview with a hug and both headed to our separate destinations. We were both running about five minutes late to our next commitments according to the clock, but that was just fine because we had been spending our time "admiring the scenery."

“Grease” pleases the crowd

Gary Fiorina
Staff Writer

Booze, cigarettes, and sex: Some might think of these words to describe “Jersey Shore” or the “Bad Girls Club,” but in actuality, these were the ingredients of Saint Martin’s University’s production of “Grease.” Some people might not be aware of the fact that before John Travolta and Olivia Newton John hand jived on the big screen, “Grease” was a controversial stage production.

In the program’s Director’s Note, Colleen Powers explains, “In crafting our production, my goal was to bring back some of the edginess of the [Jacobs and Casey’s] original work while staying true to the sense of fun and iconic characters that have made ‘Grease’ a family favorite for almost four decades.” Powers definitely accomplished her goal in bringing the edge. The crass language and gestures seemed jarring at first, but as the show went on it became clear that it was a unique production in its own right and

was not resting on the laurels of the classic film.

The checkerboard set changed with ease, taking us from Rizzo’s traumatizing sleepover, to the drive in, and then to Sandy’s bedroom. The first act set a steady pace filled with hits like “Summer Nights” and “Greased Lightning.” “Summer Nights” revealed an unfortunate imbalance in vocals between the women and men’s chorus. The woman’s chorus sounded shrill throughout the show compared to the rich layers of the men’s chorus.

The second act was short and sweet. A standout number was the hand jive. The choreography of the scene was complex and thrilling. Seeing Sophomore Allie McGee’s Cha Cha with Steven Walker’s Danny Zuco is a part in this saga that always tugs the heartstrings. (On a sidenote, I’m still trying to figure out why in the world Cha Cha was given a mono brow).

Speaking of heartstrings, the pivotal relationship between Danny and

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TASTE From Cover

had a lot to offer.

So, if you missed it, you missed out. There’s always next year though, right? Until then, here is some food for thought: What is so special about the Taste of Culture? I’ll sum it up in an interesting list.

Top Five Taste of Culture Favorites. (Keep in mind though, that I didn’t try everything.)

5 *Anything on the Chinese table.* It pretty much speaks for itself, but the vast selection of items made by the Chinese students, the food was sure to please your pallet.

4 *The sauerkraut dumplings from the Italian table.* I did not get a good back-story on this dish, but it was delicious none-the-less.

3 *A short stop at the French table.* Why? I won’t lie: they paid me off. Who wouldn’t love a crepe made by Conner Biggs or some crème brule made by Kenzie Long and J. J. Olson?

2 *Sambusa.* Sister Redempta Ndun-

guru, a Benedictine Sister from Tanzania, explained this Tanzanian ‘hot pocket’ of sorts to me. I can’t explain it, but it was a sort of triangular eggroll filled with beef, peas, and other miscellaneous foods. However you describe it, make sure you throw in the word ‘delicious.’

1 *Tzatziki!* First, the name alone takes the prize. Second, and most importantly, it was scrumptious. This may sound like a no-brainer, but if you had seen this dish through my eyes, you would understand. Dr. Steve Parker learned to make this Greek dip while in Greece. It is made of yogurt, cucumber, and garlic sauce. First, I don’t like yogurt; secondly, I am not a big fan of cucumbers; and thirdly, garlic sauce just doesn’t sound like the kind of thing I would add to yogurt. The verdict, however, was a definitive YES!

If you missed out on the International Taste of Culture this year, you have every right to be upset. On the other hand, this is a yearly event and you can start building your anticipation now for what will most definitely be a delicious event for years to come.

Alternative Remedies with Sunnie Ha: Sexually Transmitted Disease symptoms and treatments

Sunnie Ha
Staff Writer

Sexually Transmitted Diseases are a sensitive, yet relevant, subject, especially on college campuses. Here are the signs and symptoms of common STDs that can be treated with conventional and unconventional methods. Dr. Melissa Kohler ND LAc from the Natural Health Clinic of Olympia explains alternative medicine for HPV treatments and other STDs while Dr. Mark Flores, physician’s assistant at the Saint Martin’s University Student Health Center gives information about treatment.

According to Dr. Flores, approximately 48 students visited the Student Health Center during the spring and fall 2010 semester for sexual health concerns that were not related to regular health maintenance. Evidently, out of the 48 students, 82 percent of were female.

Chlamydia signs and symptoms: Females might experience burning and itching of the vagina and vulva, painful urination, abdominal pain, bleeding between periods and have a white to off white discharge. Chlamydia often does not show any symptoms, and females tend to mistake the color of the discharge with yeast infection. For males there maybe swelling of the testicles, burning and itching on the opening of the penis, similar discharges from the penis and burning sensation during urination.

Chlamydia treatments: Chlamydia is treatable with antibiotics. Visit your doctor for details.

Another extremely common STD is Gonorrhea. According to the statistics found from Centers for Disease Control and Prevention, over 700,000 of Gonorrhea cases are reported annually.

Gonorrhea signs and symptoms: Symptoms can show as early as three days after infection or as late as 30

days after infection. Symptoms in both sexes may include bleeding and burning during urination, discharges, itching and painful bowel movements.

Gonorrhea treatments: Due to the fact that Gonorrhea is often diagnosed with other STDs like Chlamydia, oral treatments are becoming even more challenging. A person with Gonorrhea should take all medications prescribed by the doctor.

Lastly, genital herpes are extremely common here in the U.S., and one in every six people have genital herpes, according to Centers for Disease Control and Prevention.

Genital Herpes signs and symptoms: People who are infected with genital herpes usually show symptoms after two weeks of infection. Symptoms include sets of sores, flu-like symptoms and swollen glands. There’s a possibility that some people won’t show any symptoms or experience mild outbreaks of sores.

Genital Herpes treatments: For genital herpes there is no cure, but there are medications available to control the frequency of outbreaks.

“For herpes, there are a lot of anti viral herbs that are used,” unconventional methods from homeopathy medicine includes “ointments that are applicable to the skin which has anti viral herbs to help herpes,” Dr. Kohler adds.

Specifically for women, HPV, also known as the Human Papillomavirus, is common and has many symptoms. Dr. Melissa Kohler ND, LAc explains the importance of HPV awareness and treatments with alternative medicine.

HPV signs and symptoms: The signs include genital warts, cervical cancer, hoarse voice and trouble breathing from warts in the throat.

HPV treatments: Conventional treatments for genital warts from HPV are

oral medications. As for the cervical cancer, it’s most successful when treated early. The warts of the throat can be treated with surgery and medication. The unconventional method, which consists of homeopathy and acupuncture, includes herbal medication including vitamins and minerals. Dr. Kohler, who has studied homeopathy and acupuncture from Bastyr University, confirms that HPV is indeed treatable with natural medicine.

“For something like cervical dysplasia, that’s related to the HPV virus, we do treat women with that commonly and were able to reverse the cervical dysplasia so it doesn’t transform into cancer,” Dr. Kohler stated.

When encountering problems that are time sensitive like sexually transmitted diseases, it’s always wise to know all of our options and solutions. Dr. Flores reminds that The Student Health Center offers STI screening, education and treatment which is included in the basic student health services. However, other diagnostic efforts, such as outside pathology, may pose additional costs.

To learn more about naturopathic medicine, acupuncture and it’s treatments with sexually transmitted diseases, visit www.naturopathic.org.

To get more information on STI testing in The Student Health Center, call 360-412-6160 and clinic hours are Monday, Wednesday and Friday 11:00 a.m. to 4:00 p.m. at the Burton Hall room 102 or email the clinic at healthcenter@stmartin.edu.

To contact Dr. Kohler her clinic is located in 208 SE 11th Ave SE Suite 3 Olympia, WA 98501.

To suggest next month’s health topic, visit SMU Belltower on Facebook.

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SAINTS' BASKETBALL TEAMS ARE ON FIRE

MEN'S BASKETBALL

Head Coach Cooper said the Saint Martin's University men's basketball team's goal for the year was to have their third winning season in a row, and if the Saints keep playing the way they have been, there will be few contenders who can come close to stopping them. The Saints started their season on fire as their current record is 5-1.

In the matchup between the Saints and Hawaii Hilo, Galen Squires tallied up a total of 17 points and Blake Poole had a whopping total of 15 rebounds. Against Hawaii Pacific, Roger O'Neil racked up 23 points and in the matchup against Dominican, Jeremy Green scored 30 points as well as 13 rebounds. Blake Poole has yet to disappoint as he rounded up 21 points and 11 rebounds against Regis in Colorado.

With the Saints averaging 74.7 points and 39 rebounds per game, they're going to be hard to stop. As far as the men on the team are concerned, there is no team in the GNAC that will damage their record this season.

"The men have good work ethic and they do a good job of representing our school. They win because they buy into

what we're doing with the program and they play for each other," said Coach Cooper.

~ Caley Wiseman

WOMEN'S BASKETBALL

The Saint Martin's University women's basketball team is off to a good start to the season. Currently the Saints have a record of 4-2. The Saints started regular season play against Hawaii-Hilo at home with a victory of 64-55. Three Saints, Dara Zack, Roni Jo Mielke and Megan Teade ended up in double figures in points scored. The Saints also out-rebounded the Vulcans 39-30.

The Saints then went against Hawaii-Hilo the next night. The Saints battled the first half of the game against the Vulcans with the scores being tied different eight times before the Saints took the lead for the rest of the game. Zack had a hot night putting up 29 points, going three for four behind the arc and eight for 11 at the free throw line. Katie Hawkins nearly had a double-double putting up 16 points and grabbing nine rebounds.

Next up was the Phoenix Inn Division II shootout at Western Oregon University which accounted for both losses for the Saints this season. The

first game of the tournament was on November 19 against Humboldt State. The Lumberjacks then went on a 17-6 run in the second half and never looked back to give the Saints their first loss, 75-60.

The following day the Saints faced their next opponent, Dixie State, who gave the Saints their second loss in the season. The Red Storm came out strong, winning 70-56.

However, the Saints bounced back in the Chuck Randall Classic at Western Washington University on Thanksgiving weekend. Their first game was against Montana State Northern and although the Saints only shot 27.6 percent from the field in the first half, they were able to come out and take control of the second half. The Saints won by out rebounding Montana 23-15 and by shooting 20 for 22 free throws. Moehrl scored a game high 17 points making four of 10 from behind the arc as the Saints went on to win 71-47.

The women's basketball team finished on a high note in their final game of the tournament by defeating Cal State East Bay 70-59. Kelsey Baker came off the bench to score a game high 16 points, Mielke added 12 points and Zack put in 11 as the Saints domi-

nated most of the game being up by as much as 18.

The Saints have taken advantage of the small things that matter to be successful so far this season. The Saints are second in the conference in free throw percentage with 93 of 123. The Saints have also out-rebounded their opponents and are second in the conference from shooting behind the arc shooting 37.7 percent. Zack is currently third in the conference in points per game with an average of 16 and shooting 50 percent.

~ Cameron Grossaint

UPCOMING HOME GAMES

Boys -
12/11 Vs. CWU @ 7:00 p.m.
1/6/11 Vs. WWU @ 7:00 p.m.

Girls -
12/30 Vs. WOU @ 7:00 p.m.
1/13/11 Vs. UAF @ 7:00 p.m.

WRAPPING UP THE FALL SEASON OF SPORTS

MEN'S SOCCER

The Saint Martin's Men's soccer team finished their season with 2-8 conference record and an overall record of 7-11 to finish tie for 5th in the Great Northwest Athletic Conference (GNAC). The Saints displayed their fiery determination by staying in every game. All of their losses were respectable as they were within a goal or two, three of them resulting in overtime heartbreakers. The Saints may not have finished the way they wished on the field, but did very well off of it. Six athletes from the team were named to the GNAC Academic all-star team. Among them Austin Kelley, Zac Lubin, James Schmid and Vlad Voin were honored for the second time and Blake Moreland and Brandon Scott made their first appearance.

~ Kyle Trummert

WOMEN'S SOCCER

The Lady Saints of SMU ended their year with an overall record of 8-10 and 7-7 in the conference. The women finished the season on a high note winning seven of their last nine games. The women's team sent a total of seven players to the Conference Academic all-star team. Julianna Sackefio, Amber Pratt, Kelcy Ware and Shannon White were selected a third time while Jenny Baker and Jill Webb were picked for the second time. Caley Wiseman was named First Academic Team. The Lady Saints won awards for their performance on the field as well. Forward Jill Webb was named to the 2010 Daktronics NCAA DII West Region Women's All-Start team first team

and also received GNAC player of the year honors. Webb had one of her best seasons leading the conference in points (35) and tied for the lead in assists (9). Among her teammates Jenny Baker and Kayci Donatelli displayed great scoring, ball winning ability and defending that resulted in them earning second team honors. Cayla Dixon and Shannon White were rewarded for their seasons with an honorable mention.

~ Kyle Trummert

WOMEN'S CROSS COUNTRY

The woman's cross country team ended their season on November 20 with the NCAA Division II West Regions Cross Country meet in Bellingham, Washington. The Saints as a team finished 17th overall in a very cold, competitive race. Joscelyn Minton was first to cross the line for the Saints and finished 22nd overall with a time of 23:54.0. Junior Kaitlynn Pecha was next for Saint Martin's who finished 91st overall with a time of 25:28.8. Ashley Llapitan finished 11 seconds behind Pecha placing 98th overall. Karissa Owen and Danika Lawson then finished the scoring for the Saints placing 121st and 129th with times of 26:24.7 and 26:44.6 respectively. Erika Copeland followed Lawson in to finish 130th overall for the Saints with a time of 26:48.2.

~ Cameron Grossaint

MEN'S XC

The Saint Martin's men's cross country team wrapped up their season on November 20 at the NCAA Division

II West Region Cross Country Championships on a cold morning in Bellingham, Washington. The Saint fought hard in the unusual weather conditions placing 11th at the 10 kilometer regional meet. Spencer Hunt celebrated a top 10 performance placing 9th with a time of 32:05, earning an individual bid to nationals in Louisville, Kentucky. Kyle Van Santen finished 16th with a time of 32:36.5, just a few spots short from the other individual national qualifying mark. Nick Harvey finished 86th overall with a time of 35:29.3. Joseph Patti crossed the line 16 seconds later to finish 92nd overall and Scott Bauer finished the scoring for the Saints placing 106th overall with a time of 36:49.4. Devon DeMoss also finished 125th overall for the Saints with a time of 38:53.8. Hunt went on to place 85th with a time of 32:30 in Kentucky.

WOMEN'S GOLF

The SMU women's golf team played four tournaments in their 2010 fall schedule. Their first event was the Grand Canyon Invitational in Avondale, AZ where the team finished in 11th place with a 632 total score. The second event was a home match at Olympia Golf and Country Club, the SMU Invitational. The Lady Saints fought hard and finished third with a combined score of 650 at the two day tournament. Liz Ferry finished with the low score on the team of 160, including a 78 on day one. In their third tournament, the Western Washington University Invitational, the Saints finished strong in the second round with a score of 319 to finish eighth in the two day tournament. Karly Olsen and

Jennifer Kent led the charge with individual totals of 161. Their last event before winter break was the George Fox Invite held at North Plainer, OR. The Saints notched their best finish of the season with a third place showing out of seven teams. All SMU golfers finished in the top 17 and were led by Kim Vivian who placed eighth by shooting a pair of 81s.

~ Kyle Trummert

MEN'S GOLF

This fall, the Saints started at home in Olympia with the Saint Martin's Invitational where they finished fifth and shot a team total 858 over the two day tournament. The standout performer was Sheldon Prante who posted a sixth place finish. Their second event was the Western Washington University Invitational in Bellingham where the Saints finished ninth with a total of 880 which was second best in the tournament. The third tournament of the season was the Interwest Chico State Classic in Chico California. Saint Martin's finished with a team total of 903, but the highlight of the event was SMU's own Matt Epstein finishing 68-69 in the last two days to finish with a three way tie for first place. The fourth and final tournament of the 2010 fall portion of the schedule was UCSD Triton Invitational in Borrego Springs, California. The Saints finished third out of four teams and were led by Matt Epstein, firing a one under par 215 in the three day tournament. The spring portion of their season begins on Feb. 27th at the Cal State Bernadino Invite in San Bernadino, California.

Miss University Pageant earns bucks F.O.R. students



SMU hosts second annual Miss University Pageant with 10 contestants.

Elena Larson
Staff Writer

I did not see what all the commotion was about for the SMU Miss University Pageant until I attended the event this year. I was pleasantly surprised when I realized I was actually enjoying myself at an event where ten girls put so much effort in becoming the next Miss University of SMU.

According to senior Bianca Galam, President of the Filipino Club, "The Miss University Pageant was started by the Saint Martin's Filipino Heritage Club as a fundraiser event, and the first pageant was held in November of 2009." The contestants raised around \$800 altogether. This year, the funds raised by the contestants will go towards funding the new FHC Outreach program, called F.O.R. Through

this program, the FHC hopes to work with local high school students – specifically juniors and seniors – to create networks and support systems to help them throughout their years in college. The money will also help the FHC to sponsor a few of these high school students to join SMU during the annual Northwest Filipino American Student Alliance (NWFASA) Conference in 2011.

This year's pageant contestants were Sarah Meyers, Ninalynn Benitez, Siham Al-Tamimi, Kalisha McCall, Cymree DeCosta, Meaghan Carlson, Ginny West, Megan Briggs, Tianna Calumpit, and Maggie Rojo. From the contestants, Virginia West – better known as Ginny – won the formal wear, Nina Benitez won best talent, Tianna Calumpit earned the most money for the event, and the title of Miss Uni-

versity of 2010 went to Cymree DeCosta.

To start off the event, each girl came up one-by-one onto the stage and modeled for the audience while the two MCs, -- Charles Joseph Quinata and Malulani Antonio – introduced each girl in the event. After each lovely young woman was introduced, the girls came out in their best formal wear to the stage where they lined up facing the audience – shoulder to shoulder – posing. After this, the judges called on a particular girl in order and ask her a question. Each girl would come up to the microphone to answer one question and then get back in line. The girls then went "backstage" and prepared for their talents.

Ginny West did a stand-up after a rap off, which was hilarious. You're never sure what to expect with bubbly

and always smiling West. The entire audience was laughing and enjoying themselves. Cymree DeCosta did a hip hop dance while lip sinking to the song with her two sisters. Meaghan Carlson's talent was improvisation of the sound of a motorcycle with her lips..

Megan Briggs has a beautiful voice and she proved it by singing a Disney song about how a mirror should not be the resort of a girl's self-confidence. Kalisha McCall also chose singing as her talent and she too had an amazing voice that shouldn't be kept hidden. If she was feeling insecure onstage, the audience could not see it as her radiant smile gave off confidence out to the crowd.

Sarah Meyers is a remarkable tap dancer who really impressed the crowd by managing to tap dance to "Single Ladies" by Beyonce. Tianna Calumpit introduced culture into the pageant with a Hawaiian dance, which was remarkable because she kept switching among three instruments throughout her whole talent. Nina Benitez's talent was acting out a monologue of a girl who had gone blind, and the affect that the condition had taught her about hearing. I felt moved by Benitez's well-done acting of this particular character. Maggie Rojo chose belly dancing as her talent, which got everyone excited, especially the boys. With her racy movements and booty shaking finale, she definitely expressed her power as a woman.

The show ended with Miss University 2009, Soimavi Nikolao, crowning Miss University of 2010, Cymree DeCosta.



The Pink Ladies sing out in the Broadway classic, "Grease"

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Sandy just wasn't tugging enough. Senior Emily Jane Parnham played a one note Sandy. Although she sang beautifully, a shy and whiney pessimist replaced the doe eyed naivety of Sandy that generations have fallen in love with. However, there were glimmers of brilliance that were redeemable. For example, Sandy's cheerleading face-off with Patty Simcox was hysterical.

Steven Walker played a capable Danny, becoming the legendary greas-

er from the bottom of his worn out converse to the tip of his greased up hair. Parnham and Walker's Danny and Sandy almost come across as believable, but the chemistry was just off.

Senior Emilie Schnabel played Rizzo with an Ethel Merman like brassiness, coming across as a strong sassy woman in charge of her sexual identity in a demure '50s world.

Other standouts included senior Ryan Craig whose character Roger carries on an adorable romance with one of the pink ladies, Jan, played by



Geoffrey LaForce, steals the show with his rendition of "Those Magic Changes".

Eliza Flower. The spark found in their on stage coupling is what was lacking in Parnham and Walker's chemistry. Lastly, sophomore Geoffrey LaForce nearly stole the first act with his solo of "Those Magic Changes."

Overall, Grease was a crowd pleas-

er filled to the brim with upbeat songs, clever dialogue, and fun choreography. It was refreshing to see the edge of the original production put into the forefront, setting it apart from its film counterpart.

From the Persian Gulf to the Puget Sound: A Saudi student's transition to Saint Martin's

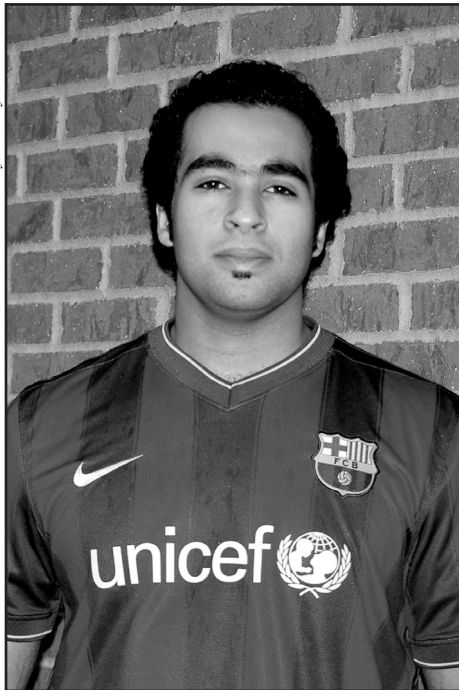
Jesse Lamp
Staff Writer

Mohammed Babtain comes to Saint Martin's from al-Khobar in the Eastern Province of Saudi Arabia. Here on a scholarship from the Saudi government, Babtain is currently in the ESL program and will be starting in the Mechanical Engineering program next year.

Babtain came to the U.S. to study in August and was motivated by many factors. He says that in his opinion, the U.S. is the best place to study English and to obtain an engineering degree. He also said that about 90-95 percent of his friends from home are currently studying in America. Babtain's father is a Saint Martin's alumni and also recommended SMU to him.

Coming to America from Saudi Arabia is a huge change, and Babtain talked to me about some of the hurdles he had to face in coming to America.

Photo by Nindalynn Benitez



Babtain said that it is hard to join into the community because there are few Saudis in the area and he often feels lonely. He has, however, become friends with Fahad, another Saudi stu-

dent on campus.

Language has also been an issue. Babtain speaks English well, but he says because of cultural differences he is often unsure if he comes across as being polite when asking for things. He says that many people understand that he is not from here and that the cultural difference can affect perceptions, but that he is not always sure if he is perceived as being rude. This, combined with Americanized English, is something he admits he has to work with.

"I cannot escape from this one," he says, meaning that he has no choice but to work through the rough transitional parts of dealing with the language.

Another change has affected Babtain's religious practice. The Saudi weekend and the American weekend differ. The Saudi weekend is Thursday and Friday, based on the Muslim holy day being

See **MOHAMMED, E1**

Leavenworth: A winter wonderland

Jason Shuyler
Staff Writer

Christmas -- the time for cheers and pleasant reunions, the time for wonderful music and joyful celebrations, the time to spend with family and friends is once again upon us. What better way to spend this wonderful season than by visiting Washington's very own winter wonderland of Leavenworth? This beautiful valley is nestled between mountains that rise more than 8000 feet. Leavenworth is a scenic drive just over 110 miles from Seattle and has countless celebrations throughout the year, none more spectacular than the famous Christmas tree lighting. Visitors from around the world come back year after year to witness this mesmerizing event.

Saturday at dusk the townsfolk and tourists alike gather in the center of the city and sing Silent Night. Together they observe the city as it is trans-

formed into a magical chorus of lights.

Every weekend throughout December, music can be heard throughout the city from live bands playing on stage behind the town square Gazebo. On both days one can enjoy roasting chestnuts and greeting Saint Nicholas as he dashes into town on his magical sleigh.

Holiday personalities can be witnessed walking the streets all winter long. Even Good Morning America has visited this ultimate Christmas village on more than one occasion. Along with all the sightseeing, the city of Leavenworth hosts many different concerts and shows, such as the Mountains Choral Festival on December 3 and the Bavarian Lantern Parade the following night.

After speaking with Fred and Donna, an elderly couple who grew up just outside Leavenworth in a city called Cashmere, I was enlightened of the romance that sparks from the magical Christmas

town. Fred and Donna reminisced on the once called "snow train" that ran from Seattle into Leavenworth and all the beauty that the passengers got to observe. They also spoke of how the town will often close off the main road as to make way for the magnificent parades and party balloons that they got to enjoy together. Donna particularly liked listening to the carolers as she was being pulled by horses in the back of a sleigh.

Leavenworth is an enchanting town with many wondrous performances and exciting decorations to observe. There are countless events to attend and plenty of fun to be a part of. So, if you have an opening in your holiday itinerary, I strongly recommend an outing to the lovely little town of Leavenworth. Instead of shaking a snow globe and watching the glitter sparkle to the ground, why not go and partake in the magic itself?

"Eat, Pray, Love" is a must-see... with food

Amanda Hatman
Staff Writer

Last weekend, I took in the much-lauded and talked about "Eat, Pray, Love." After reading several reviews of the film, I couldn't be sure what to expect, or whether or not to be excited and rush out for the film, or wait until it was released to DVD.

As it turned out, there were other films released to the theaters coinciding with "Eat, Pray, Love's" release that demanded my attention, so it wasn't until I was visiting family for the Thanksgiving that I would take in Julia Robert's latest triumph. And a triumph it was.

After an awkward (and at times tragically comical) divorce, and quickly

thereafter falling into another relationship, Liz Gilbert (Roberts) realizes she has never given herself the breathing room for independence. In fact, she's not even sure she knows who she really is at all anymore. Resolved to follow through with her suitcase full of postcards, travel guides, and dreams, Gilbert spends the next year nourishing and rediscovering herself with food, spirituality, peace, balance, new friends, and possibly love while traveling the world.

I love the idea of a movie with a focus on self-discovery, laughter, love, and lest I forget to mention mouth-wateringly delicious looking food. However, after reading several critics who cautioned that the film was likely to be more than a little hokey and a Hall-

mark-cliché, I was ever so slightly nervous, and expected this would be a film I would have to prepare myself for, or be in a particular mood, to view.

I wasn't wrong. Well, not entirely... This is not the film to watch on an empty stomach.

The film convinced me that food can be a character in a work, whether that be a book, a play, or a movie. Director Ryan Murphy knows exactly which way to shoot even the most exotic dishes and make them delightfully colorful and appealing.

As anyone who took in the film while it was in theaters probably knows firsthand that popcorn is not going to be a suitable substitute for a fasting stom-

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CHRISTMAS, From cover

Chinese New Year. It is a fifteen-day celebration when family gathers for meals together, fireworks at midnight, and what she calls a kind of "gluttonous rice flour" dessert known as yuan-xiao for the last day of festivities.

Li told me about another interesting part of the Chinese New Year: the Red Envelope. This envelope is given to children by their parents or grandparents on New Year's Eve. In it is "lucky money." The tradition is to show the gods that the children are wealthy and to ward off any harm that may be done to them. This traditional meaning, though, seems to have lost some importance, and the tradition has become more of a way to give the children some money.

Next, I talked to Kim Inchan who is from Korea. Inchan says that there are many Christians in Korea, so Christmas is becoming a larger holiday, but that the Korean Thanksgiving and the Korean New Year are the two major holidays. These holidays fall in line with the traditions of family, friends, and food of other holiday celebrations. Baishali Rathour from Kathmandu, Nepal told me a very interesting holiday tradition that occurs in Nepal as well as India and other places in Southern Asia. The holiday is called Dasara and it is based on a religious tradition in Hinduism. This festival, normally held in late October, celebrates the defeat of the devil, Ravana, by the Hindu deity, Rama. The festival is focused on the idea that god has defeated the devil, and if you are kind, the devil cannot win you over. The celebration culminates on the fifteenth day celebration of Diwali when candy is handed out, fireworks are set off and houses are decorated.

Christmas in Khabarovsk, Russia seems to be similar to the American holiday, but still not quite the same. Ded Moroz, or 'The Grandpa of Cold,' is the Russian version of Santa Clause, says Maria Navitskaya. However, the Russian New Year's celebration is more important than Christmas, which is celebrated on January 7. Families gather on the eve to eat, drink, and say goodbye to the past year. Navitskaya said that the family will sit for dinner at 11:00 p.m. on New Year's Eve to discuss the year before seeing it off.

One interesting tradition that even Navitskaya admits is a little weird is that it is the act of writing a New Year's wish on a piece of paper, and at midnight, eating the paper and washing it down with champagne.

My last interview was quite a surprise. I was told that I was interviewing a student from Canada, which was half-way correct. Raluca Vetrici comes to SMU after living in Calgary, Alberta, Canada for the past five years, but she was born and raised in Romania. There, Christmas is a big holiday that is very focused on the birth of Christ. The tree that is synonymous with Christmas in America is also present in Romania, but it is decorated that night as opposed to a month in advance. Caroling is also a large part of Vetrici's holiday traditions, but is something she has not done since she left home.

Saint Martin's University - What's that?

Sunnie Ha
Staff Writer

Saint Martin's University, with its charming campus of 1,500 enrolled students, is a small community that gives a feeling of home away from home. However, having more students on campus can result in more incoming funds and will potentially improve the school's resources. Increasing the student enrollment by spreading school awareness throughout the west has its advantages and disadvantages.

This school year, the number of incoming freshmen was almost at its second highest with 240 students, and we wonder how much the school will grow in the next couple of years. As the school plans to re-open Baran Hall for sophomores for next year due to the high number of freshmen students in Parsons Hall, we wonder if classes will be harder to get into because of the increased number of students.

Juan Flores, Director of Admissions at Saint Martin's University, states, "There is no specific estimation of the number of students for the fall of 2011, but we're hoping to have about as many first year students as we had last fall." Comparatively, 240 incoming students is not as big of a number to other universities like University of Washington that has as many as 42,000 enrolled students.

Having a five-digit enrollment number is quite overwhelming for a small city like Lacey, and it could be damaging to the school's reputation as a small private institution.

Flores explains, "I think the Saint Martin's community has always wanted to be small...over the last few weeks, I spoke with many students and their families who want a school with Saint Martin's size and culture."

Keeping Saint Martin's small might be idealistic for some families, but I feel that bringing numbers means getting the school recognized. The more students decide to attend SMU, the more ideas and inspirations will come along with them and act as a stepping stone to the school's improvement.

Flores said that Saint Martin's University is focusing on improving other issues that will make Saint Martin's a qualitatively better school without becoming much bigger than it is right now. I agree in that Saint Martin's does not have to be a relatively large university but could be a bit bigger (no more than 4,000 students). The fact that

the enrollment number is 1,500 needs some work.

If there were more students, the athletic events will have a greater audience, there will be more suggestions and ideas to school events and even more accomplishments done by inspired students. Great ideas are of no use when a movement does not support it. There could be proposals of more clubs, organizations, sports, academic majors and minors, events, community service and campus improvement if there were more students to brainstorm.

According to U.S. News and World Report, Saint Martin's University did not make the top 100 colleges list for both 2010 and 2011. The school also did not make the list for Forbe's America's Best Colleges that ranked schools by students' point of view, which a total of 610 universities were listed.

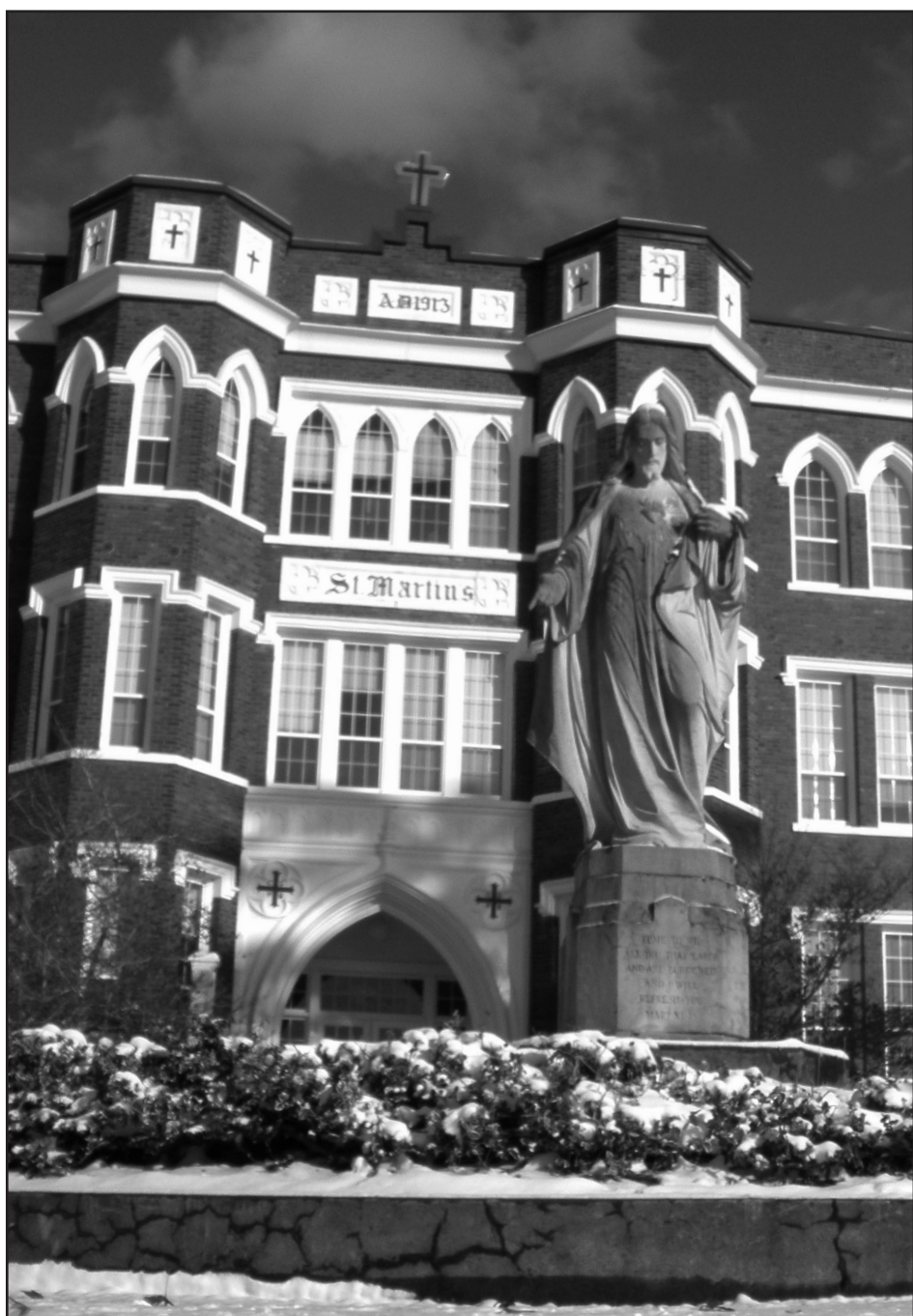
There is no doubt that the university is already doing its part in recruiting more students.

"The new strategic plan for the university calls for an increase of 25 percent," said Flores. Flores also added that the admissions office promotes the university by visiting high schools, attending college fairs, sending information to all students who inquire, sending materials to school counselors, and participating in other activities in which the Saint Martin's name is recognized. The recruitment department has also visited neighbor states like Oregon, Idaho, Nevada, Montana, Utah, Arizona, Hawaii and Texas, and they are also planning on visiting more during the spring.

The quality of the school is valued more than the quantity of the students, but Saint Martin's could use a bit more of quantity. As a former high school student, I feel that most high school seniors look into two major aspects when choosing a school: academics and athletics. Usually the majority of the schools that have high evaluations also have a sizeable sum of students.

I must say that our school is showing progress in recruiting more students and will hopefully reach the ideal number soon, which will one day earn us a spot on college-ranking lists. Until then, all we can do is work hard to prove to the rest of the country what Saint Martin's University is really capable of achieving.

Photo by Nick Harvey



Harry Potter and the Deathly Hallows: Part I

Amanda Hatman
Staff Writer

Out of the cupboard under the stars, to Dudley's second bedroom, to completely empty #4 Privet Drive, Harry Potter doesn't waste any time diving into his latest adventure, and neither will I.

Despite many initial outcries about the last of the Harry Potter story being split into two separate films, fans have flocked and seem to approve of the latest film in the saga, "Harry Potter and the Deathly Hallows." However, it is not without its faults or complaints from Potter-fanatics and moviegoers.

"Half the book equals half the entertainment," reviews Jackie Cooper on RottenTomatoes.com. Still, most fans who threw in their two cents on the popular movie ratings site have helped jockey Potter to the coveted number one spot with nearly 90 percent positive ratings.

Since its release, the film has kept a firm grip on the number one spot in the blockbuster line-up, collecting \$76.3 over the five-day Thanksgiving weekend alone. The PG-13 fantasy pulled in more than \$220 million in 10 days: the 10th best 10-day sales tally on record. "Harry Potter and the Deathly Hal-

lows," which was released mid-November, was directed by David Yates, third time up to bat for the coveted series. The director of the Harry Potter films, which some fans speculated that like the book's professor for Defense-Against-the-Dark-Arts was a cursed position, has many times changed hands over the course of the films.

Yates in particular faced a great deal of criticism when he joined the production crew in "Order of the Phoenix." Having only television works and no major films under his belt at that time he joined the franchise, Yates has since won over many fans with his stylistic and artful portrayal of the magical world of Harry Potter. His "Half-Blood Prince" was nominated last year for Best Cinematography.

Following in that tradition, "Deathly Hallows: Part 1" presents an interesting blend of both love, hope, darkness and despair.

CinemaBlend writes, "Harry's wildest adventure and most dangerous journey is also one of great adventure and growth."

Part 2 of "Deathly Hallows," and the final installment in the Harry Potter film franchise, is set for release July 15 of next year.

FILM, From page D1

ach while watching. Now I wouldn't go so far as to say that this film requires of its viewers a homage paid in an immaculate and labor-intensive meal prepared before-hand, but it's not for snack foods. For the less motivated or energized viewer, try take out.

What's most refreshing about "Eat, Pray, Love?" Despite the underlying promise in the trailers, descriptions and film itself, Gilbert truly finds and asserts herself first and foremost as

an independent individual entitled to making her own mistakes, and capable of learning from them (even if it takes a few false starts).

So whether you, like me, have just added the book to your New Year's reading list, or you're just looking for a good recommendation for a film to pick up from Redbox for over the upcoming holiday break, you owe it to yourself to check out this delicious, delightful, and beautiful cinematic journey.

New Year's resolutions *Start 2011 the right way!*

Amanda Hatman
Staff Writer

The new year can be a difficult transition, even in the best of times. But baby, New Years has a nasty little habit of sneaking up on you and catching you with your pants pulled down. Whether it be that you totally blew your budget shopping for Christmas presents for yourself and loved ones, or you've successfully rediscovered the 10+ pounds you resolved to lose last year, the holiday isn't very forgiving. So here are a few things to keep in mind, and some possible resolutions for the upcoming year:

1 Little Steps—You had almost a month to put on however many pounds you've gained, you're not going to lose them overnight, and it's unhealthy to try. It's only normal to have a certain lack of motivation heading back to school and work, so try to keep it in baby steps as much as possible. Remember, even God needed seven days to make the world.

2 Easy Goals—For every goal or resolution you make that requires a long-term commitment and dedication, try to create shorter-sighted ones that you know you'll be able to keep, even if it's finally finishing that book

you started months ago.

3 Incentives—Yeah, you could probably just call them bribes, but incentives sounds so much more positive. Point being, remember to treat yourself to little rewards every now and again for sticking with your resolutions and goals for the new year. They don't have to be anything big or expensive, just something that you might not normally make time for that caters to you.

4 Look Within—Hands-down these are the hardest resolutions to keep, unlike losing weight or other possible New Year's goals, nobody necessarily notices the process of an inner-transformation. But try pulling a leaf out of Ben Franklin's book: What sort of vice do you want to get rid of, or what positive trait would you like to practice more?

5 The Buddy System—It isn't a universal truth for everyone, but sometimes it helps to have a buddy. Whether you take a page out of Kirstie Alley's book and adopt a "Chubby Buddy," or simply a friend to hold you accountable to a certain goal or resolution, having someone to remind, nag and encourage you is a helpful tool to staying on the bandwagon with your new year's resolutions.

Regularly scheduled class time Final examination time

MWF

8 a.m.	Dec 13, 8 - 10 a.m.
9 a.m.	Dec 15, 8 - 10 a.m.
10 a.m.	Dec 14, 10:15 a.m. - 12:15 p.m.
11 a.m.	Dec 13, 10:15 a.m. - 12:15 p.m.
12 p.m.	Dec 15, 10:15 a.m. - 12:15 p.m.
1 p.m.	Dec 13, 1 - 3 p.m.
2 p.m.	Dec 13, 3:15 - 5:15 p.m.
3 p.m.	Dec 15, 1 - 3 p.m.
4 p.m.	Dec 15, 3:15 - 5:15 p.m.

TR

8 or 8:30 a.m.	Dec 16, 8 - 10 a.m.
9:30 or 10 a.m.	Dec 14, 8 - 10 a.m.
12 p.m.	Dec 16, 1 - 3 p.m.
1 p.m. or 2 p.m.	Dec 14, 1 - 3 p.m.
2:30 p.m. or 3:10 p.m.	Dec 14, 3:15 - 5:15 p.m.
4:30 p.m.	Dec 16, 3:15 - 5:15 p.m.
Monday evening	Dec 13, evening
Tuesday evening	Dec 14, evening
Wednesday evening	Dec 15, evening
Thursday evening	Dec 16, evening

MOHAMMED, From D1

Friday. Friday prayer is at noon, which was not a problem for Babtain prior to the daylight savings time change. However, rolling back the clock has caused a problem.

"I finish my classes on Friday at 11:50 a.m., and I have to be there [the mosque] at 12:00 or 12:15. I don't have time to go by bicycle or walking," he says. Babtain instead prays in his room.

When asked how he has overcome these hurdles, Babtain said, "I have an aim. My aim is to finish my education...I have to finish." Babtain tries to stay focused on the goals he came to the U.S. to accomplish and at one point told me that he has to take the problems he faces and, with a hand motion similar to throwing something over his shoulder, put them behind him.

UPCOMING LOCAL EVENTS

Friday, Dec. 10. 7:30 p.m. - Pacific Ballet Northwest - Nutcracker @ Washington Center for the Performing Arts, Olympia, WA.

Saturday, Dec. 11 10:30 am. - Fine Arts & Crafts Show @ Abigail Stuart House, Olympia, WA.

Saturday, Dec. 11 9 :00 am. - Barnes & Noble Bookfair, Olympia, WA.

Sunday Dec. 12 - Midnight Breakfast @ St. Gertrude Dining Hall.

Dec. 16 First Semester classes end.

Jan. 10 Second Semester classes Begin.



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Our Mission: As fellow students at Saint Martin's University, our staff is constantly working to keep you up to date on what is going on around campus, our community, and throughout the world. Our newspaper will provide information that is valuable to our campus and especially to students at SMU. We will never back down from taking on any issue at our school and promise to give our best efforts to keep the community informed.

Role of the advisor: The advisor is a journalist, educator, and manager who is, above all, a role model. The advisor's ultimate goal is to mold, preserve and protect an ethical and educational environment, not to monitor the final content of the student newspaper.

For questions, comments, or suggestions, send an email to belltower@stmartin.edu.



FROM THE BELLTOWER