

THE BELL TOWER

SAINT MARTIN'S UNIVERSITY MONTHLY STUDENT NEWSPAPER

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1 on 1 with new assistant track & field coach

Brittany Orlosky
Staff Writer

Decked out in Versace glasses and his new Saint Martin's Under Armour rain jacket, Kyle Stevenson, the newest assistant coach for track and field, was ready for his interview.

Despite being in his first

season as a track coach at SMU, Stevenson has already left an impression on the program, mainly because of his impressive resume and inviting personality.

Stevenson ran track and field during his four years at the University of Tennessee (UT) and also ran professionally for two years in Texas from 2012-2014 after graduating college.

After concluding his professional career, Stevenson began coaching at East Tennessee State University (ETSU) after seeing how much satisfaction he got out of seeing his teammates do well.

"It came naturally because people gravitate towards me when I talk and my mother was an educator for toddlers so I think my teaching genes came from

her. I coached summer track in college and immediately saw success when I helped lead them to a state championship, then I got the job from one of my UT coaches who was the coach at ETSU."

His story of how he came to Saint Martins is a little different than other coaches here at SMU.

"I saw the job posted and called Coach (Jim) Brewer and he told me the job was open. And after a 30 minute phone call I submitted my resume. And was off the phone for less than 10 minutes when the head coach I was currently working with at ETSU called, asking who Coach Brewer was because he was asking about me," he said.

I thought I was going to get fired because I hadn't told the coaches I was working with that I was applying or looking anywhere else but they were really excited for me to showcase my track and field knowledge with a



Kyle Stevenson coaches the team in the rain.

full time job because I was part time at ETSU," he said.

A week later Stevenson had a phone interview with Brewer, the cross country and track and field head coach, Chris Gregor, associate athletic director and Bob Grisham, athletic director. He was then flown out for an in person interview.

"The first time I had ever been to Washington was for my interview in November and my second time I was

moving here full time. It was a crazy turnaround to move across the country so quickly," said Stevenson.

Stevenson said that his transition from Tennessee to Washington has been easy thanks to the SMU community.

"Everyone was really helpful and nice, and the team here at SMU has been very accepting and made my transition really easy. I

see track coach page E1

1,700 gather together for 2016 Mass for Life

Regina Reed
Staff Writer

While thousands gathered in Washington D.C. on Friday, Jan. 22 for the March for Life, the Archdiocese of Seattle came together to

host the annual Mass for Life at the Marcus Pavilion on Saint Martin's University campus earlier in the week. The Mass, held on Tuesday, Jan. 19 at 9 a.m., was attended by approximately 1700 people, according to

Andrew Casad, director of the office for liturgy for the Archdiocese of Seattle. Such a large-scale event requires planning and cooperation among many different groups of people.

"With the help of St. Michael, Olympia and Sacred Heart and Lacey Parishes, we are able to get all the sacred furnishings, liturgical banners, etc., in order to make the pavilion conducive to worship," stated Casad. "We worked with the music teacher from

Pope John Paul II High School for the music this year and were blessed to have his choir as well as music directors from several area parishes," he said.

Saint Martin's Campus Ministry and the Archdiocesan Council of Catholic Women provided ushers for the service, and the Knights of Columbus directed parking and provided an honor guard for the processions.

Members of the 4US organization, an anti-abortion volunteer organization in Lakewood Wash., presented the gifts during mass. Perhaps most telling of the range of the participants in the Mass for Life were the 33 priests and 12 deacons in attendance, all from different parishes in the archdiocese.

see mass for life page D1



The congregation gathers for the liturgy of the word.

Professional Tuition Fees



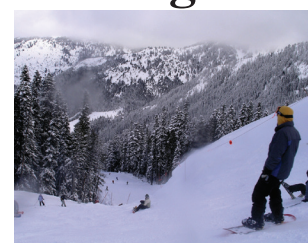
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Our Mission

As fellow students at Saint Martin’s Univeristy, our staff is constantly working to keep you up-to-date on what is going on around campus, our community, and throughout the world. Our newspaper will provide information that is valuable to our campus and especially to students at SMU. We will never back down from taking on any issue at our school and promise to give our best efforts to keep the community informed.

Dear students, staff, faculty, monks and community members:

Spring semester is in full swing, and so is The Belltower. This semester brought new changes to our newspaper staff. Lucas Shannon, previously an editor for both the news and sports sections, has decided to edit solely for the news section. Former staff writers Roslyn Buff and Sabrina White are our newest section editors, and Travis Munday, previously a staff writer, is our new managing editor. Andrew Walter, business manager, and Walther Hoffman, business assistant, have taken over our business department. Shelbie Parmiter has stepped up to be layout manager, and Lexi Hickey is our new layout assistant. Despite having a very young staff, our newspaper should continue to be the best that it can be.

As a student newspaper, our job is to write articles and pieces that we think are of interest to the student body. In order to know what your reactions to articles are, we need to hear from our readers. I encourage each and every one of you to submit a letter to the editor. You can do that via email at belltower@stmartin.edu or by going to our website, belltowersmu.org. Whatever your reactions to the articles are, we want to know about them. Receiving feedback from our readers is the only way we are going to get better.

This is our first issue of the semester and there are some really interesting things to read about. Munday wrote an article about professional tuition fees and how that money is being allocated. Brooke Rickard, staff writer, wrote about a SMU alumni who donated roughly \$40,000 to the track and field program. Additionally you will find articles about feminism, nostalgia, future study abroad trips and a faculty spotlight of Arwyn Smalley, Ph.D.

Toodles!

Dalia

*Role of the adviser

The adviser is a journalist, educator, and manager who is, above all, a role moel. The adviser’s ultimate goal is to mold, preserve and protect an ethical and educational environment, not to monitor the final content of the student newspaper.

Are you interested in writing for *The Belltower*?

We are accepting articles from student freelance writers. If you see something newsworthy, turn it into a story. If we print it, you will be paid for it.

For questions, comments, applications, submissions, or suggestions, send an email to belltower@stmartin.edu,

Or drop a note under the door of the newsroom, HH 200

Guest Submissions Policy

Have an opinion about something you would like to write about? Consider sending an article to *The Belltower*. If you or someone you know would like to be a guest writer, submit articles to belltower@stmartin.edu for consideration.

Content Policy

- All advertising must be consistant with Benedictine ideals, values, and teachings; i.e., it cannot condone or promote abortion services, reproduction services, sperm banks, contraceptives, alcohol, or tobacco products.
- Advertising which denotes sexist or racist overtones, suggests violence and discrimination towards others on the basis of character, race, religion, sexual orientation, or sex in its message content or program format cannot be approved.
- References to the promotion of alcohol and/or drug use/paraphernalia, their prices, and/or prejudicial messages are not allowed.

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1. *The Belltower* has the right to reject advertising from any company, individual, organizations, or advertising agency that discriminates on the basis of race, gender, sexual orientation, age, creed, disability or ethnic origin, or directly conflicts with *The Belltower* or Benedictine values.
2. *The Belltower* will accept any advertising that does not conflict with Catholic ethics, or the aims and goals of Saint Martin’s University. See content policy below.
3. *The Belltower* reserves the right to refuse any advertising it feels to be of questionable moral character, or which is not being presented in good faith by the advertiser.
4. *The Belltower* reserves the right to refuse any advertisement deemed as being possibly libelous.
5. The name of the sponsoring organization or group must be indicated, along with the nature of the event, the date and time, the location, cost (but not of alcohol), and a contact number for more information.

Ad Rates

Size	Price per issue (B/W)	Price per issue w/ semester discount* (B/W)	Color cost per issue
1/8 of page	\$25	\$22.50	+30
1/4 of page	\$45	\$40.50	+55
1/2 of page	\$85	\$76.50	+105
1 of page	\$160	\$146.00	+205

** The semester discount is valid only if the purchaser agrees to buy an ad space in the majority of the issues released during the semester.*

World news at a glance

Denver Garcia
Staff Writer

Taiwan elects first woman president



Photos retrieved from creative commons

On Jan. 16, Taiwan elected its first female President, Tsai Ing-wen of the Democratic Progressive Party, defeating Kuomintang's Eric Chu. Tsai has a Masters of Law degree from Cornell University and a doctorate from the London School of Economics. She is the first Taiwanese prime minister of Hakka and Taiwanese Aboriginal descent, and the second female head of state in East Asia, after South Korea's Park Guen-hye. Prior to being elected, Ing-wen served as Chairwoman of the Democratic Progressive Party and is well known for being an outspoken proponent of Taiwanese sovereignty and LGBT rights.

Clinical drug leaves one volunteer brain dead

A clinical drug trial in Brittany, France, has left six volunteers hospitalized and one brain-dead. Marisol Touraine, France's Minister of Health announced the news, stating no previous knowledge of

a similar event. The trial was conducted by a pharmaceutical lab called Biotrial, which was testing a drug intended to treat symptoms of neuro digestive diseases. Another 83 test subjects seem to have had no ill effects, but those who are hospitalized are suspected to suffer from severe brain damage. Deaths during Phase one of drug trials are rare, and investigations are under way to figure out what went wrong.

Statue of Jesus erected in Nigeria

On New Year's Day, a 28-foot-tall statue of Jesus was unveiled in Abajah, Nigeria. The statue was carved by a team of Chinese sculptors and was commissioned by a devout Catholic businessman. It is believed to be the tallest statue of Jesus in Africa. Nigeria is still at war with the Islamist terrorist faction Boko Haram and the intention of the statue is to symbolize peace and unity between Nigeria's population, which is roughly half Christian and half Muslim. Boko Haram is notorious for its destruction of cultural artifacts, though Abajah is far from their claimed territory. The statue has created some controversy. Some view it as idolatry while others think the depicted Jesus looks too white.

Zika virus no longer ignored in South America



Many fear that Zika will become endemic in South America.

South America is currently suffering from an outbreak of Zika virus, which is spread through mosquitos. Zika has been obscure and largely ignored for years, because relatively few people contract it and suffer from symptoms of infection. Symptoms include fever, rash and even permanent neurological damage. Brazil and Columbia are seeing thousands of infected patients, and many doctors fear that Zika can cause worse damage than previously believed, such as microcephaly in unborn children. There is no known case of it in the United States, but the CDC has issued a travel warning for pregnant women.

"Britain's Pompeii" has been recovered



Dwellings similar to this were recovered in England this month.

A Bronze Age village has been excavated in England. Remains of several circular wooden huts preserved in silt have been recovered, along with pots still filled with food, jewelry and textiles. Archeologists are calling the site "Britain's Pompeii" because the waterlogged ruins have been frozen in time in a similar fashion to the famous Roman site. No other Bronze Age site in Britain has been found with such intact structures. This provides a glimpse at the architecture of the time. There is now a race against the clock to recover all of the artifacts before the water levels change and permanently damage the remains.

Turkish academics sign declaration, get arrested



Flag of the Kurdistan people's party

Nineteen academics in Turkey were arrested after signing a declaration of support for the Kurdistan Worker's Party (PKK), a controversial Marxist paramilitary group classified as a terrorist organization by several governments. The PKK seeks to create a sovereign nation for the Kurds, who are persecuted and discriminated against throughout the Middle East. The declaration was signed by more than one thousand scholars all over the world, including American linguist and political theorist Noam Chomsky. Turkey's President Recep Tayyip Erdogan has stepped up efforts against the PKK, and it was he who ordered the scholars to be arrested. This earned him the condemnation of several human rights watchdogs.



Social media impacts the election

Sophia Donan
Staff Writer

As a nation, we are once again faced with the challenge of separating truth from propaganda, all in hopes of selecting a president worthy of the office. Social media has made it easier than ever to keep up with presidential candidates on their journey to the White House.

As shown in the 2008 and 2012 presidential elections, social media influences voters. The Obama campaign gained the attention of voters by creating an interactive and broad

presence on networks such as Twitter and Facebook. Eight years later, the number of voters dependent on social media and news apps for candidate updates has grown tremendously.

A 2014 paper by New York University researcher Pablo Barbeá found that "many people are getting diverse voices in their newsfeeds – not just an echo chamber of their own ideologies." These diverse voices "provide evidence that social media usage reduces mass political polarization."¹ Barbeá argues that

rather than polarizing these political leanings, they are instead able to moderate opinions by exposing people to more points of view.

Every day, millions of people on social media check in on the contenders to learn the latest information about the race. Between work and school, one can pass coworkers and classmates alike who are scrolling through news updates, and talking about the latest political topics.

Social media has given campaigners tools to reach larger audiences. When people take breaks at work or school, they check the newest Twitter updates or news outlet posts to keep track of the presidential candidates, two of which have become quite social media savvy. With a combined ten million followers, the two candidates who have the most Twitter followers are Democrat Hillary Clinton, and Republican Donald Trump.

Trump's controversial statements and bold personality draw social media attention from his 5.8 million Twitter followers. Trump personally handles his Twitter account, which adds to his appeal.

The polarizing comments and

social media domination are working in Trump's favor. According to the latest Real Clear Politics Poll, Trump is currently leading amongst republicans with 34.6 percent. His two closest competitors within the party are Ted Cruz, who has 18.8 percent and Marco Rubio, who has 11.2 percent. The remaining republican presidential hopefuls are currently in the single digits.

Leading Democratic candidate Hillary Clinton, follows closely behind Trump, with 5.2 million Twitter followers. In the latest polls by Real Clear Politics, the average for Clinton is a 51.2 percent lead, with her competitors following behind: Senator Bernie Sanders at 38 percent, and former Governor of Maryland Martin O'Malley at 2.2 percent.²

¹ <http://smapp.nyu.edu/papers/SocialMediaReduces.pdf>

² http://www.realclearpolitics.com/epolls/latest_polls/



A caricature of the Republican presidential candidates.

Photo retrieved from creative commons

Krista Stabler strives to lead her team to victory

Lucas Shannon
Section Editor

If you have been following Saint Martin's sports teams, you are likely aware that Saint Martin's women's basketball player Krista Stabler has put together a very impressive season so far.

For the uninitiated, the senior point guard has been the league's leading scorer for the majority of the season and currently sits third in the conference in points per game at 17.1. She was awarded with the Great Northwest Athletic Conference (GNAC) player of the week honors in Dec. She combined for 52 points against the Concordia Cavaliers and Western Oregon Wolves, including a 38 point performance against the Wolves. Her 38 point outburst was the fifth highest scoring performance in GNAC history, and fourth in school history.

Stabler said that she wanted to finish her career at SMU on a high note, and that she worked hard in

the summer so that she could do just that.

"Coming into my senior year I really just wanted to go out with a bang. During the summer I really prepared hard, working out, getting lots of shots up so I could just come back and have the best year that I could have," she said.

The Saints' coaching staff gives each player a workout packet for the summer. Stabler said that over the years, she has learned how to tailor these workouts in order to maximize their effectiveness.

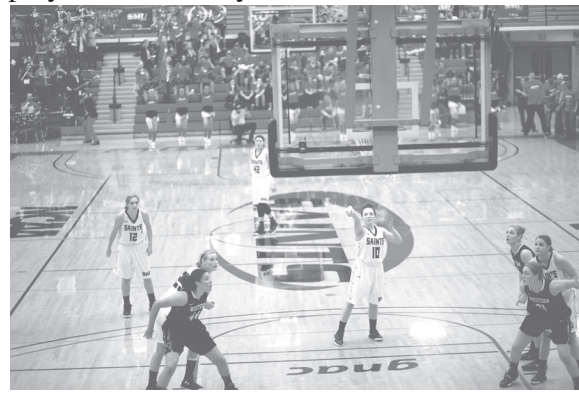
"The coaches give us a packet of things we need to do. It consists of weights, cardio and shooting. You can kind of make it your own, which is what I usually do, make it skew towards myself. I'm short, compared to basketball players, so I really want to increase my strength so I can use that as advantage, instead of my height," said Stabler.

Stabler also explained that she utilizes the weight room in order to build her strength. She talked about how she varies her weight lifting routine to her meet her own needs.

This season has been an adjustment for the women's basketball program, as the team lost six seniors, including three starters. They also saw assistant coach Kaitlin McBride leave the team to pursue a professional career in Australia. The

massive exodus of seniors has particularly affected Stabler. This has forced herself and Megan Wiedeman, senior basketball player, to accept leadership roles.

"This year has definitely been a lot different, when it comes to experience. Having a bunch of new players come in, you kind of have



Stabler shoots a free throw.

to take a step back and know that us seniors, there is only two of us, me and Megan, need to have a different role. Rather than just being able to be with our group of girls, with the other seniors who graduated last year, we know things, we're very experienced, so we just have to take a step back and really be a leader and help those younger girls," Stabler said.

After a 3-3 start, the Saints have struggled as of late, dropping their last six games. Despite the losing streak, they are still in the hunt for sixth place and the final seed for the GNAC tournament. Stabler has

helped the Saints reach the GNAC tournament the last two seasons. She said that she understands the position her team is in, and is trying to instill in her young teammates just how important qualifying for the post season is.

"Coming into the last half of the season, everyone is still in the hunt, anything can happen. We just need to get a couple of wins to move our place up in the league. But I think the importance is telling everybody how big of a deal it is. The atmosphere of the GNAC tournament is unlike any other, and just knowing that we are that close and that we could get there in our home gym, anything can happen once you get to that tournament," she said.

For Stabler, the GNAC tournament represents a chance to extend her playing career, and the importance of the final stretch of the season is not lost on her.

"It's just going to be putting in work, trying to get wins these last ten games. We have ten games left in our (Krista and Megan's) career, and we have nothing to lose now. It's all up to us, it's all in our hands, if we string a couple of wins together we will be able to do it," Stabler finished.



Krista Stabler motivates her teammates.

Photos courtesy of Harrison Devine

The loss of an icon: David Bowie

Sabrina White
Section Editor

David Bowie is mostly known for his music, which traverses many eclectic styles and has made an impact on pop music as a whole. Bowie was multi-talented. Along with singing, he acted in many films during his career, painted, produced multiple records and played multiple instruments. He was a quirky man, and often broke the barrier between social norms, creating personas such as Ziggy Stardust and the Thin White Duke during his musical career.

Bowie grew up in a small town in England. During his school years he was often seen as a gifted and single-minded child, who would brawl with other students. Bowie's interest in music was stimulated by his father, who often brought home new records from artists like Elvis Presley, Fats Domino, and Little Richard. The sound of American pop music stayed with Bowie as he grew up, leading him into a life of creating decades of popular music that would reach the top of the pop charts in the United States and the United Kingdom.

Bowie created personas and took on their stories during his performances, breaking many cultural barriers and becoming one of the first famous icons in pop music to openly express himself. His androgyny led him to explore these characters and create fascinating people for his audiences to watch.

His most famous persona, Ziggy Stardust, gained him a cult-like

following during his career. The odd nature of this character and futuristic look made him widely recognizable. His Ziggy Stardust tour took him across the U.K. and into the United States. During the period of Ziggy Stardust, Bowie released his

album "Aladdin Sane," which stayed on the top charts for two years, joined by his album "Hunky Dory."

During this period, Bowie also contributed to other artists, working with artists like Mott the Hoople. The immense following gained by Bowie from his Ziggy Stardust alter-ego made Bowie's records extremely successful.

After the success of Ziggy Stardust, Bowie distanced himself from that persona and created the Thin White Duke, an alter ego that personified funk and soul. This alter ego alienated many of Bowie's new found fans in the U.K., but gained him influence in America, where funk, soul, and disco were becoming very popular. Bowie moved to the United States in 1974, settling in Los Angeles. He released his next album "Diamond Dogs," which hit number one in the U.K. and number five in the United States charts.

With fame came drug abuse, addiction, divorce, and many hardships that Bowie battled throughout his career. Bowie fired his manager and had to pay a large settlement, hired his lawyer as his new manager and then fired him too a year



Portrait of David Bowie

later. Bowie was spinning out of control and it seemed nobody could stop him. Several overdoses and a lost grip on reality left Bowie disconnected.

In 1976, he moved to Switzerland after touring his "Station to Station" album. The new environment led to a decrease in his use of drugs, allowing Bowie to focus on his music and self-improvement. He became a fan of classical arts, and began work on an autobiography. Before the end of 1976, Bowie had shown interest in the German music scene, and moved to Berlin to begin rebuilding his career. 'The Berlin era' of Bowie's music began, and he released three albums (known as the Berlin Trilogy) with producer Brian Eno that became widely successful. The albums "Low," "Heroes"

and "Lodger" revitalized Bowie's career. The new and abstract sounds of Bowie's albums gained him even more of a following.

The 1980s brought about Bowie's new wave music, with albums like "Scary Monsters (and Super Creeps)," "Let's Dance" and "Tonight," along with acting roles in movies like "The Elephant Man" and "Absolute Beginners." Bowie also collaborated with popular artists like Queen and Tina Turner to release chart-topping singles throughout the 80s. In the early 90s Bowie put his solo career on hold and joined up with the band Tin Machine. His music shifted into electronica in the 90s and continued to be top selling. He married supermodel Iman and had a daughter with her, relocating to New York, with more chart-topping albums like "Black Tie White Noise" and "Outside" under his belt.

Bowie's success led to his induction into the Rock and Roll Hall of Fame in 1997. He continued to produce music for another decade, although it was at a much slower rate than his early career. Bowie's last album, "Blackstar," debuted number one on the U.K. charts and others, and was in the Billboard Top 20 charts in the United States. Bowie also has other albums that will be released posthumously, and his older songs and albums have become more popular after news of his death. Bowie was an icon who influenced music all over the world with his eclectic tastes, and will be missed by the millions of fans he had accumulated over decades of producing music.

Oshogatsu in Olympia

Dimin Wen
Staff Writer

On Jan. 23, the Japanese New Year's celebration was hosted by the Olympia-Kato Sister City Association, a local non-profit organization that promotes cross-cultural relations between Japan and the United States, in downtown Olympia. Saint Martin's strives to place an emphasis on international cultures and relations and our students took part in the celebration with passion. Under the lead of David Martin, community relations coordinator from Office of International Programs and Development (OIPD), Saint Martin's students volunteered from 8 a.m. until 5 p.m. Chiyo Sanada, a Saint Martin's Japanese language instructor, shared a special calligraphy performance. The International Club also performed the Soran Bushi dance, entertaining the crowd. Japanese students Zonami and Masayuki Tanaka, both international student at Saint Martin's, took part in the event.

Zonami helped to make Manekineko, also called a beckoning cat. It is a common Japanese figurine, also considered a charm or talisman. It signifies luck, is believed to give good luck to its owner. Today they are usually made of ceramic or plastic. Zonami was cutting the paper profile of the cats, and anyone who wanted to design their own beckoning cat could color them on the table for free.

Tanaka, senior sociology major, showed students how to play with a traditional toy called kendama. The original toy is made from wood. For this event, however, the organization prepared some plastic balls and

cups for visitors to make their own kendama, which allowed for more fun and creativity. Tanaka explained that there are some professional competitions for Kendama players.



SMU student Masayuki Tanaka takes part in the festival.

Both Zonami and Tanaka greatly enjoyed this event, and said that it reminded them of their home. Tanaka admitted that the food was different from his home, but still made him happy. They both love to share their culture with Americans, or anyone who wants to learn.

An American student, Thomas Quichocho, who studied abroad in Japan, joined in the Soran Bushi dance.

Quichocho said of the authentic traditions, "This dance helped me to understand more about Japanese culture professionally and personally. It makes me really miss Japan. And I really need to go back to Japan again."

International programs that celebrate different countries at Saint

Martin's benefit not only international students, but American students also.

Christine Butler Carlson, another coordinator from OIPD, volunteered for the event. She lived in Japan for a year and half. She was happy to see many people come and enjoy the show and participate in the events at the different tables. She explained that she is glad Saint Martin's students could have an opportunity to experience this event.

Everyone enjoyed trying on the Japanese Kimonos, located at the samurai booth, and the tatsuhiko konno. There was always a line for the costume table. The samurai were the highest class in Japanese society. Though most strongly associated with war, the samurai were strong supporters and creators of art and culture. The samurai class was abolished in 1873, yet their influence is still felt today through their weapons, armor, architecture, paintings and poetry, as well as through such cultural practices as the tea ceremony and flower arranging. Many students could not wait to put on traditional samurai outfits. They also loved being able to hold the Katana sword, which is sometimes called the "soul of the samurai." These swords were not only lethal tools, but were also symbol of the samurai class.

There were many other cultural tables at the event. Everyone seemed to enjoy not only watching the performances, but participating as well.

Caravan is a success: Karns ready for a new beginning in Seattle

Patrick Burns
Staff Writer

Mariners' players, team officials, and the team's mascot, the Mariner's Moose, recently visited the Saint Martin's campus in the Worthington Center. The event took place on Jan. 20 and drew a large number of SMU students and community members. Mariners relief pitcher Tony Zych, starting pitcher Nathan Karns, who was recently traded to the Mariners from the Tampa Bay Rays, and former catcher Dan Wilson were all members of the caravan.

The Players were decked in full Mariners gear, minus the pants and cleats, ready to answer questions from the crowd. They fielded questions about their personal baseball journeys, shared first-hand stories about their time on the field and spoke about the future of the franchise, including the next season and beyond. After the questions, it was time for the free raffle they had set up. They gave away a bat, a Robinson Canó jersey and four free game tickets. After all the prizes had been given away, the crowd lined up to meet the players and receive autographs.

Before the Mariners caravan, I was able to meet with the Mariners new pitcher, Nathan Karns. He was just traded to the Mariners this season from the Tampa Bay Rays, and feels a distinct change of scenery moving from the Southeast to the Pacific Northwest. There are many differences that he will have to encounter, such as, playing in a different division, getting used to the time change, pitching in a pitcher-friendly park as opposed to a hitter-friendly park and having to fight for the last spot in a packed rotation.

We spoke about the process of developing chemistry with a new pitching staff, as well getting along with new teammates in order to create a successful environment. He spoke about how chemistry leads to consistency on the mound, because everyone who is a part of the staff will be working toward one goal.

Speaking about the Mariners Caravan, he had said, "This is a chance for us (the Mariners) to extend our reach out of Seattle and connect with communities throughout the state of Washington."



Mariners' moose makes an appearance.

Summer 2017 trip takes students to medieval pilgrimage

Denver Garcia
Staff Writer

Next summer, Jeff Birkenstein, Ph.D., associate professor of English, and Irina Gendelman, Ph.D., and associate professor of Communications, will be hosting a five-to-six week hike on El Camino de Santiago in Northern Spain. Birkenstein and Gendelman led a trip to Spain and Morocco in 2015, where they walked on the Camino trail for a couple of days. This time they plan on doing the complete walk, which will be over 676 kilometers, 420.05 miles long.

"I wanted to walk on El Camino ever since I found out it about twenty years ago when I was living in Spain after I got my Ph.D. Last year I was finally able to experience it for three days, so I'm very excited about doing the real thing. We're going to begin in San Sebastian, near the border of France and we're going to walk all the way over to Santiago de Compostela," Birkenstein said.

Santiago de Compostela is home to the shrine which displays the remains of St. James, one of Jesus's original disciples and the Patron Saint of Spain. People have been making journeys by foot to the shrine since the 9th century, making

it the oldest Christian pilgrimage tradition. Traditionally, the walk was done by Catholics as an act of devotion. In recent years it has been embraced by people of all beliefs as an opportunity to test their limits and discover themselves.

Gendelman explained that she first heard about the Camino during Saint Martin's 2015 summer trip to Spain

"I love walking and I think that it's a great way to really learn about a place and also to think. The Camino also has a unique culture of people going on pilgrimages for many reasons, which have taken place on the same path for over a thousand years," said Gendelman. She also added that the Camino has a unique history of pilgrimage going back over a thousand years that she is excited to take part in it.

Walking El Camino requires waking up first thing every morning and clocking in as many miles as possible before the sun gets too intense. After the walking is done, the rest of the day will be spent eating, socializing and resting before going to sleep and doing it all over again the next day.

"It's going to be a really exciting opportunity for students to be able to test themselves, to be able to be part of a community larger than

themselves, but also a community that requires the individual fortitude of being able to stick with it. A big part of the walk is testing ourselves in a way we do not normally test ourselves in our everyday lives," said Birkenstein.

Six weeks of continuous walking will be taxing and not everyone may be able to complete it. To accommodate this possibility, students will have the option between doing the entire walk or leaving two-to-four weeks early at a station before Compostela. Everybody will have to begin in San Sebastian, because it is essential that a strong sense of community is established. Joining half way would make it difficult to jump in. After the destination is reached, Birkenstein and Gendelman will be hosting a gastronomy tour in northern Spain and possibly into Portugal that students will have the option of staying for. This will be open to faculty and alumni.

Precise dates for the trip have not been decided, but it will take place in the summer of 2017. More information will be released over the course of this semester and there will be multiple informational sessions next semester.

The thing most college students want back

Cleo Pineda
Staff Writer

With spring semester starting, Saint Martin's students have been feeling nostalgic recently. The obligations that naturally come with growing up can cause college students to look back on their lives through a pair of rose-tinted glasses. Yeschi Vaughan, a 20-year-old student, reminisces about her time childhood.

"I grew up in a small village on the countryside in Ethiopia. I miss shepherding animals around the farmland with my siblings. I used to love helping my family and neighbors collect crops...I left behind family and friends and miss them often so I think of our childhood memories all the time," said Vaughan.

"When I was young, school was very easy. I was learning in my native language and communication was easier. Now school is a bigger challenge. The classes are more difficult, especially with English," she added.

For Vaughan, being young translated into living a simple life. There was not as much put on the line when it came to her education and she was surrounded by what was



Photo courtesy of creative commons

most familiar to her along with her loved ones.

"Working at my job, paying my bills, and going to college is my responsibility. No one will remind me or do it for me," Vaughan said.

Other students also feel the pressure to meet the expectations of adulthood.

"Although I have always challenged myself, by taking on three jobs last semester, and during my freshman year, I had become a stage hand for the play, 'The Last Days of Judas Iscariot' ...I've realized though, that I can't follow my passions or experiment as easily as a child may. College has imposed so much more responsibility on me, which I never expected," said Chel-sea Mancilla, a social work major.

Time sets up different hurdles for people each and every day. New issues will always replace the old ones and the intensity of these problems vary during the different periods of life. It is easier to romanticize past struggles rather than the current ones because they are still in the process of being overcome.

"I loved hearing family stories and remembering all the good times. Even though there were difficult times, I choose to focus on the positive memories," Vaughan explained.

That is the beauty of having free will to select what we store in our memories.

Many students also use their college experience to find a direction for themselves, and that college experience involves a lot of looking back.

Nostalgia tends to not only inspire a sense of social connectedness, as in Mancilla's case, but also gives people an opportunity to explore who they want to be by revisiting the interests that made up who they once were.

Mass for Life, from cover

Many of the 1700 people who took part in the event traveled a substantial distance to attend. Constance Uribe, Saint Martin's Senior and president of Saints for Life, said that before coming to Saint Martin's for school, she traveled to the Mass for Life from Cle Elum, Wash. She has attended the event all four years of her enrollment at SMU.

"In my time here at Saint Martin's I have helped the department of Campus Ministry in recruiting and coordinating the student volunteers for four of the Masses for Life," said Uribe.

"The Mass for Life is a time for me to offer up my prayers specifically for the unborn, but also for all of those whose dignity of life are in danger," Uribe stated.

For Archbishop Peter Sartain, Uribe and Casad, the Mass for Life is not only a time to pray for the end to abortion, but to celebrate life in general.

In his homily, the Archbishop urged those in attendance to "Let us be people of life, which means, let us be people of joy."

"The Mass for Life honors parents and is an opportunity for us to strengthen with prayer those who have accepted the gift of life and pray in penance that our nation will put in place laws that protect the human dignity of every person," commented Casad.

"The Mass for Life brings me joy as many of those in attendance are young families. Kids are the greatest!" Uribe stated.

"I believe that the pro-life movement in general brings people joy because they know that they are praying and rallying for those precious, unborn children who have no voices" she said.

How would you spend the Powerball winnings?

Taylor Gersch
Staff Writer

The Powerball lottery recently reached \$1.6 billion, with three winning tickets sold in California, Tennessee and Florida. The drawing took place on Jan. 13 and the winners will be splitting the money. This is a record setting Powerball jackpot. Lines of people buying lottery tickets became longer at grocery stores and gas stations. The big question is - how will they spend their winnings? We took this question to Saint Martin's students to see how they would spend the jackpot.

Hannah Reynolds, junior business major, bought only one Powerball ticket, and said she would spend the winnings on her passion, traveling.

"I would travel around world, give back to my parents, and try to acquire a professional sports team," she said.

With the hopes of having the winning ticket, Reynolds began researching the cost of acquiring an NBA team and found that she would like to purchase the Portland Trail Blazers from Paul Allen.

John Krause, senior business major, bought a lottery ticket because he's optimistic about winning and beating the odds.

"I would pay off the student loans of my friends and family. I would pay off my parent's house, cars, and bills. Then I would buy a hellcat and a viper for each of my dad and brother. Then I

would invest the rest while living off of the interest. I would delete all social media and move to a quiet place after finishing school. I would also donate some of my winnings to those that need it. I would hook up all my friends with a couple million that they couldn't touch until they were older," said Krause.

student loans and the rest of my college career if I was still in college. Afterwards, buy the house of my parents' dreams in the Philippines so they can live happily. I would also help my sister out with whatever she needs. For myself, I would buy a house in Japan and invest in my own business and live the rest

of my life happily," said Donato.

Camryn Althaus, sophomore computer science major, would continue attending school and pay off all her debt, but would splurge a little as well.

"My next order of business would be to upgrade my car. Although my Honda Civic has been

great it just doesn't scream 'I just won 1.5 billion dollars,' so I would get something classy like a G-Wagon," said Althaus.

In addition to her new car, she would buy a house in Seattle and London while traveling around the world.

Fred Jorg, senior business major, bought two lottery tickets. Jorg said he would use the winnings to make peace in the world and give money to the less fortunate.



Photo courtesy of Taylor Gersch

The Powerball jackpot reached \$1.6 billion before the three winners were announced.

Social media was trending with ideas and videos of how people would spend their winnings. With the jackpot reaching \$1.6 billion, if they chose to take the lump-sum, the three winners would each acquire \$310 million. Their states have no state income tax, or they are exempt for lottery winners, but winners will still have to pay federal income taxes of 39.6 percent. Each will end up taking home \$187.2 million.

Ellamae Donato, junior business major, did not buy a Powerball ticket, but her family did. She would spend the winnings in multiple ways.

"I would first of all pay off my

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In defense of the F-word

Regina Reed
Staff Writer

People often throw the F-word around without understanding its true meaning. And no, I do not mean the four-letter word you are thinking of right now. I am talking about another F-word – Feminism.

The meaning of feminism seems pretty straight forward and simple. The true meaning is the social, political, and economic equality of women to men. Yet if you go to any comment section for an article about a feminist cause, you will see that this is not the general consensus.

Statements beginning with, “A true feminist is/does/believes...” run rampant, and each “true” feminist statement or belief contradicts the other. At the same time, others comment about self-proclaimed feminists being man-haters, baby-killers, and much, much worse.

As a Facebook savvy woman, I have developed a habit of reading these kinds of comments and being filled with a sense of dread, disgust, horror, sadness, anxiety, anger, confusion, and countless other mixed emotions. Why the hatred? Why the name-calling? Why the ignorance?

What I am saying here is nothing new. Social media comment sections are known to exhibit the less

than pleasant qualities of humanity. “Just stop reading the comment sections!” you say.

Honestly, I should, because feeling all these negative emotions daily is not good for my mental or spiritual health. I’ll stop, or I’ll limit my comment reading, but first, I would like to voice three general responses to some of the comments I have read on social media concerning feminism.

You don’t have to call yourself a feminist to be one.

Many people have an aversion to labels. That’s okay! You can still be a feminist without wearing a nametag. Do you think women should have the same social, political, and economic power as men?

Do you think your mother, sister, girlfriend, female friends, female colleagues, and the entire female sex deserves the same opportunities and respect as any man? Are you appalled at the violence and discrimination women and girls still experience throughout the world? Yes? Then you are a feminist. Welcome to the club you were already part of. Nametags are not required.

Feminism and the anti-abortion movement are not at odds with each other.

The anti-abortion movement does not believe that a child in the womb is more precious than the mother’s life or wellbeing, but that both lives are of equal and immense value.



Photo retrieved from creative commons
Feminism is the belief that men and women are fundamentally equal.

Anti-abortion individuals are not woman-haters. People who are anti-abortion are generally supportive of mothers and children at all stages of development and life, for both individuals. Conversely, abortion rights proponents are not inherently evil baby-killers. Both movements have the best interest of women in mind, but take different approaches to the issue. How about instead of arguing and name-calling, we have a conversation that is based upon kindness and compassion?

Feminism is necessary. In western countries, women have made huge strides to acquire the equality we deserve. However, we

cannot deny that females still face obstacles that men do not. We can debate about the wage gap issue. Go ahead and throw around statistics arguing each side of that. We can talk about females in the work place, catcalling and stay at home moms. But to those naysayers who think that feminism is no longer necessary, think again, because the world is bigger than America.

There are still countries where women are not allowed or given the opportunity to receive an education simply because they are female. There are places where women cannot vote. There are places with no laws against husbands beating their wives. The list goes on and on. We can have a conversation about sexism in first world countries, and whether it is as much of a problem as we feminists say it is. But until women across the globe receive the same opportunities as men, then yes, feminism is necessary.

So when we’re on F-book, talking about the F-word, let’s not be rude and unkind and use the other F-word. We are all human beings who deserve equal opportunities, respect and compassion. Let’s stop arguing about whether or not feminism is necessary, and make the world a place where it’s not.

The Great Debate: Earn a graduate degree or work?

Taylor Gersch
Staff Writer

With only one semester left until graduation, campus is starting to buzz with questions about what the current seniors at Saint Martin’s will be doing in five months. Family and friends will be asking “what are your plans after graduation?” or, “what do you want to do in life?”

There are many different paths to be taken after graduating from college, one of which could be working towards a graduate degree. Saint Martin’s currently offers seven graduate degree programs including business administration, civil engineering, counseling psychology, education, teaching, engineering management and mechanical engineering.

With tuition currently at \$32,800 for the fall and spring semesters of 2015-2016, after four years with no inflation, students at Saint Martin’s could essentially be spending \$131,200. This does not include all the necessities that college students need for both class and a social life. Is it worth working towards a graduate degree after graduation and raking in loads of debt? It depends on the student.

Senior Abby McFaul is currently enrolled in Saint Martin’s graduate business administration program. She hopes one day to be able to achieve her dream career of becoming a news anchor. McFaul believes that earning her master’s degree will help her stand out from other candidates when searching for a career.

“I have never heard anything bad

about going to school,” McFaul stated, “college degrees help you stand out compared to people who did not go to college, as does having your master’s degree sets you apart from those who did go to college, but only to pursue a bachelor’s degree. With my master’s degree, I hope to be hired quicker for higher paid jobs, and hope to make more money earlier than others.”

Recent graduate Dani Eldridge, class of 2015, earned her degree in mechanical engineering and minored in mathematics. She saw no need to pursue a master’s degree in her field of work. Currently employed as a mechanical engineer at Puget Sound Naval Shipyard in Bremerton, Wash., Eldridge put a lot of thought into whether she should pursue a graduate degree or start working right away. After talking with many of her professors, Eldridge decided against pursuing a graduate degree.

“Mechanical engineering is a very broad subject, and I wasn’t sure what particular aspect I wanted to focus on if I were to continue my schooling. As all students know, school is very expensive, and I did not want to create a mountain of student loan debt by pursuing a graduate degree while being unsure of what I wanted out of it and not knowing if it would provide me a boost for my future. The job I was offered at the shipyard was a great opportunity for me at that time and it matched my interests, so I ended up accepting the job to begin after graduation,” she said.

Eldridge understood that she would have earned a slightly higher salary if she had received a graduate

degree, but did not find that the higher pay would outweigh the money spent on it. She also realized that this is not the same case for everyone. There are many factors that go into students’ decisions of whether or not to pursue a graduate degree.

“Just because I did not pursue a graduate degree in engineering does not mean that is the right decision for everyone. Like I said before, there is not a correct answer for whether or not it is worth it in the long run because it will vary from person to person. If people are unsure about what they want to do I would definitely suggest talking to their professors and asking for their advice, opinion, or just general information about programs and options,” she said.

Another 2015 graduate, Tosin Ayula, received a master’s in engineering management at Saint Martin’s and is now working for an oil and gas company in Houston called Erin Energy.

“My degree has helped me a great deal in my field of study. It is closely related to my career path hence it provided the most appropriate platform for me to pursue my goals,” said Ayula.

Ayula’s advice for undergraduate students is that a master’s degree “further improves your chances of being successful in their chosen career path and helps their job applications stand out a little bit more.”

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track coach, from cover

was concerned to be here as a new coach but I haven't had any issues," he said.

At SMU, Stevenson will coach sprints, hurdles, horizontal jump,



Stevenson coaches one of the athletes.

high jump, and multi-events. Stevenson explained that his coaching style is different than others, as he does not yell or curse, in part because he was coached by Caribbean native islanders. He dresses up for track meets and keeps a relaxed demeanor.

When asked about his coaching philosophy, Stevenson stated, "I train speed and technique, speed and power events, because speed and power are most important."

Stevenson has a swagger to him, which he describes as follows, "I have Versace glasses, fresh Jordan's

and I'm always decked out in nice socks and clothes. I'm working on a clothing line called 'Heirborn' with some friends right now trying to bring an urban style to colleges."

When talking about his vision for the Saint Martin's community, Stevenson said, "I want everyone to take pride in the athletic program here, I want people to get excited about Saint Martins."

Stevenson believes he has made it "I am very successful but just getting started."

He ended on his favorite quote, which comes from the famous boxer Muhammad Ali: "True success is reaching our potential without compromising our values."



Photos courtesy of Harrison Devine

Every player crucial for upcoming softball season

Brittany Orlosky
Staff Writer

The Saints Softball team will open up their official spring season on Feb. 16 against San Diego Christian College. Although the team lost many crucial players from last season, the new additions have already made a huge impact on the team chemistry, and on the field.

The team lost four seniors, Tavia Jenkins, all Great Northwest Athletic Conference (GNAC) pitcher Sam Munger, Dani Wall, and Christina DeMar.

"They all played a huge part in our success last season, each of them brought something unique to the team and their leadership is what

we will miss the most. All four provided us with big shoes to fill for this season and we will plan to use that as motivation," stated senior Megan Miller.

Although the team lost these important players, seven first-year students are looking to help make a difference. Brooklyn Tacke, Lauren Diuco, Alyssa French, Lauren Maley, Sabrina Hicks, Sierra Ray, and Loryn Williams are all hoping to make an immediate impact this spring.

Sophomore Taylor Wolf said, "Everyone has a key role on our team, contributing on the field, in the lineup, or in the constant encouragement we give each other. However, we have two outstanding freshman pitchers who will help in filling Sam Munger's footsteps and whole roster of returners ready to step up."

The team played exhibition games in the fall, which helped them grow and get ready for the upcoming spring season.

"With only playing three games against Seattle University, Pierce

Community College, and Centralia Community College, it is difficult to translate that into how this season is going to be, but we remained competitive, beating two of the three matchups," said Wolf.

Miller was very impressed with the first-year students, "They adapted to the team and higher level of play pretty quickly. We came back from the fall excited and eager to start the season," she said.

Sophomore Lindsay Miller, younger sister of fellow teammate Megan Miller, echoed the importance of every player on the roster when she said, "Every player on our team is vital to our success, from the most successful starter, to the player who does not play an inning all year. Our culture is built on accountability and in order to be successful we need the players who



Lindsay Miller steps up to bat.

Photos courtesy of Megan Miller

fight for playing time and to challenge the starters at practice."

The Saints are coming off a season that saw the team finish 41-20, tied for the best record in team history. They are looking to have another successful season this year. According to Miller, their goals are to win both the GNAC regular season title and league tournament, and to advance as far as they can in the regional tournament.



Alyssa Slate crouches ready to field the ball.

Jay's gift: A legacy

Brooke Rickard
Staff Writer

The Saint Martin's University's track and field team has received an unexpected gift from a man most of the players have never met. Following his death on Aug. 28, 2015, SMU alumni Jay Hammer left the management of his estate to two of his brothers. Jeff Hammer, his younger brother, notified Jim Brewer, cross country and head track coach, that Hammer had left a monetary donation in SMU track and field's name, totaling \$41,557.

"Out of the three universities I have worked at, this is a first for me, I am very humbled and grateful for the kind and generous gift from the Hammer family," said Brewer.

This is also the first time SMU track and field has ever received such a gift. The donation will be placed in an endowment as Brewer and the SMU athletic administration deliberate over the proper allocation of the funds to ensure that Jay's gift will provide opportunities for many future SMU track and field athletes.

Hammer was a graduate of Mount Vernon High School in 1965. He went on to attend Saint Martin's College, graduating in 1969 with a Bachelor of Arts in Education. He spent the next five years in the eastern Caribbean with the Peace Corps, setting up preschool programs. Following his return to the states in 1973, he began his teaching career as an elementary school teacher before moving to Rubidoux High School in California, where he coached track and cross country to win league and state championships.

Following his retirement, Hammer became a United States Track and Field official, working high school and collegiate track meets primarily in California. He then went on to work national meets. In 1996, he served as an Official Greeter for the Olympics held in Atlanta, Ga.

"Working with youth to make a positive impact on their lives through the venue of track and field was his greatest passion," said Brewer.

Jodie Warr, one of Hammer's former athletes, competed for

Riverside Community College where she was a record holder in women's discus for nearly 20 years.

Warr credits her athletic achievement to Hammer.

"He was a huge influence on my life by introducing me to track, which led me to getting a college scholarship," she said.

"We valued any opportunity to spend with Jay," added Kevin D. Williams, Sr., coach of the Inland Valley Wildcats track club.

Following Hammer's death, Williams re-named the annual Amateur Athletic Union (AAU) track meet to the AAU Southern California Jay Hammer Invitational to honor Hammer and everything he did for the track community.

Hammer had a burning passion for track and field, though it

seems his passion was driven more by the impact he had on youth, than the sport itself. The Saint Martin's track and field program is humbled and extremely grateful for the donation. His impact on the track community will live on through SMU, as he has not only provided financially for the Saints, but also delivered a beautiful story to inspire our athletes to leave a legacy of their own.



Pack the Pavilion draws large audience

Patrick Burns
Staff Writer



Coach Tim Healy addresses team on a time-out.

A large portion of the Saint Martin's student body was in attendance at the Pack the Pavilion event on Jan. 13. The pep rally was held in the Trautman Student Union

building (TUB) where students received free shirts, played games, and ate free food.

The students then walked to Marcus Pavillion to cheer on the women's basketball team, who fell to the Vikings by a score of 66-45. The Saints got off to a good start in the game which was televised on Root Sports, and held an early five point lead.

However, the 921 Saint Martin's fans in attendance would watch that lead quickly dissipate. The Saints fell behind by ten points early in the second quarter, but they did cut the

lead to four points mid-way through the quarter. However, the Saints would go into halftime once again down by ten.

The Saints inability to knock down three point jump shots throughout the game was ultimately their undoing. They finished 1-12 from behind the 3-point line. Senior guard Krista Stabler scored a team high of 14 points, while forward Megan Wiedeman notched her sixth double-double of the season, adding 10 points and 11 rebounds. The Vikings were led by Taylor Peacocke, who scored 18 points, while junior forward Tia Briggs contributed in 13 points and 8 rebounds.

"Western's intensity and aggressive defensive style got the best of our offense," said Stabler.

The Saints and the Vikings have one more matchup in the future on Feb. 13 in Bellingham, Wash.



Saints show their support with paint.

GNAC Conference recordings and standings as of 1/31/2016

Alaska Anchorage: 11-1
Montana State Billings: 10-2
Western Washington: 10-2
Central Washington: 8-4
Simon Fraser: 7-5
Northwest Nazarene: 6-6
*Alaska: 4-8
Seattle Pacific: 3-9
Saint Martin's: 3-9
Concordia: 2-10
Western Oregon: 2-10

*Ineligible for GNAC post season tournament



SMU Saints cheer on the girl's basketball team.



A SMU student cheers the team on.

New year, new goals for Saints baseball

Brooke Rickard
Staff Writer

The Saint Martin's University baseball team has been hard at work preparing for the swift approach of their 2016 season.

"Our 6 a.m.s are all weight training and some conditioning," says senior Blake Lord, "and the afternoon practices are all fundamentals and skill practice with some conditioning, too."

In their 2015 season, SMU finished 16-34 overall and 8-24 in the Great Northwest Athletic Conference (GNAC). This year, the Saints are hoping to clinch a spot in the GNAC Championship this May. There are eight seniors listed on the 2016 roster, each of whom are looking to lead the Saints to the GNAC championship.

The Saints are hoping that chemistry can propel them to a successful season.

"We have a solid group of experienced upperclassmen that can be relied on, said senior Kaelen Hira-shiki.

"However, the team dynamic is very different than last year, where we had a couple guys we could really count on. This year we have no one guy to carry the team, so we really need to work on playing as a team more than ever this year."

The seniors have high hopes of

playing for the championship, but they also want to leave a lasting legacy with for the younger players. With ten new players, they also hope this year will serve as a building block for the program's success in the years to come.

Along with eight freshmen, the Saints added transfer players Patrick Hoepfer and Zach Stevenson.

Hoepfer is a junior transfer from Centralia College and will join the Saints roster as a right-handed pitcher. Stevenson, also a pitcher, is a junior transfer from Big Bend Community College.

Former SMU pitcher, Chase De-Coito, will be returning to SMU as an assistant coach, alongside new assistant coaches Cameron Selik and Kelly Gau.

Selik played at Grossmon College, the University of Kansas and was selected by the Washington Nationals in the 2010 Major League Baseball Draft. He then went on to pitch with several other major league teams before volunteering as a coach at Grossmon.

Gau played for Spokane Falls Community College before transferring to Central Washington

University, where he was named All-West Region honorable mention. He was also selected to the 2011 All-Great Northwest Athletic Conference first team. Gau went on to coach at the University of Washington and Fresno State University.

The Saints open their season at home with a double header against Whitman College. They will be taking the field Saturday, Feb. 13 at noon and 3 p.m.



The team gathers for advice from head coach Ken Garland prior to a game.

Photo courtesy of Shauna Bittler

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Martin Luther King event engages students with powerful performances and speeches

Roslyn Buff
Section Editor

On Friday, Jan. 22, Saint Martin's University held their tenth Martin Luther King event. The event was hosted in the Norman Worthington Conference Center. Seniors Jamie Rosenberg and Kerrigan Ah Mook Sang were the Masters of Ceremony. This event helps students and staff come together to celebrate Martin Luther King Jr., and to think about the state of our society.

The event also featured student speakers, seniors Alyssa Melder and Jackie Borgonia. Roy Heynderickx, Ph.D., president of Saint Martin's University, spoke during the event. Luke Devine, O.S.B., gave an invocation for the event as well. However, the bulk of the event was made up by the performance of Ebony Stewart, spoken word poet.



Ebony Stewart performs her spoken word poems.

Stewart's performance greatly impacted the audience and provided many insightful comments about society today and her own experience as an African American woman.

To start off the event, Melder told a story about an activity she did in a history class. She explained that the class worked in groups to come up with a list of the top ten most important people in the world. All but one person on the list was a white male. King had been the only person of color to make their list.

Melder explained that this activity helped her to reflect on the "mis- and under- representation of other cultures."

Heynderickx began his speech with an explanation of the diversity in the presidential candidates for the 2016 presidential election. He explained his belief that if King were alive today, he would "smile briefly" before remarking that we still have a ways to go. Heynderickx continued by giving a history of King's life and remarking that we today have more opportunities than either King or his wife had.

Stewart's poetry was the highlight of the event. John Hopkins, Ph.D., associate dean of students and professor at Saint Martin's, who helped organize the event, felt that a spoken word artist has potential to engage students in a unique way. "We choose spoken word artists for this event because that's exactly what they bring. They bring consciousness in an artistic way about where we are right now," Hopkins said.

He also added that, "spoken word is very political. It's art and politics coming together...(they) can be very powerful performances on the state of us as a society."

Hopkins explained that he wanted the event to be able to educate students about social issues.

"The education in this sense is, how am I responding to the event and what have I learned about myself, or learned about our community or learned about society in ways I hadn't anticipated," Hopkins further elaborated.

The performance given by Stewart did just that. Her poems were powerful and unapologetic, getting right to the heart of what she had experienced and what she felt about those issues that King has come to stand for.

Stewart introduced herself by saying, "You might forget who I am after tonight, but I'm hoping I can introduce myself through my poetry."

Stewart's poems touched on topics such as how her name and identity have been ignored and forgotten, the experiences of black girls both in today's society and King's society, and the experience of her aunts.

Stewart mentioned that she hoped her poetry could get the audience thinking about, "how are we using our mouths these days?"

Her emotional poems and powerful delivery evoked agreement and applause from the audience. Stewart's last poem about joy was one that she called, "a little less angry and a little more hopeful," and one that she hoped would, "call all the bodies that left us through violence back." The poem detailed an account of what would happen if inequality didn't plague our society, of what it would be like if, "everything went right," as Stewart said.

Senior Holly Reed, who attended the event, remarked that Stewart's performance was the most impactful moment for her.

She explained, "Her performance reached right into my chest. She possesses the special skill of a poet to make her experiences reach you emotionally and it sticks with you



The event also featured artwork created by SMU students.

long after her performance has ended."

Holly also had comments about her takeaways from the event.

"As a parent, my biggest takeaway came through the experience of my children. I think that by exposing them to important social issues in an event like this, where the issues are blended with art, benefits them positively in so many ways. School can only teach them so much; this was another good place for them to learn."

The MLK event brought many students and faculty members together to think about what more can be accomplished toward equality.

Dreams can make you travel the world

Victor Ieronymides
Staff Writer

Growing up in Cyprus, a Greek Island located in the Mediterranean, my world revolved around family, school and sports. As early as age ten, coaches were telling me that if I kept working hard, I would be able to utilize my basketball skills to travel to the United States where I would be able to compete with the best and receive a great education. Unfortunately, Cyprus never had a high level of competition and at the time, playing college basketball in the United States sounded unreachable.

Staying in my own country allowed no room for growth in basketball, so I began playing in other European countries as a member of my national team. Gradually, I gained recognition throughout both Cyprus and Greece for my basketball skills. My moment of triumph came when the Greek Basketball Federation selected me and one other Cypriot to attend their most

selective all-star camp. For Cyprus, this was a historic moment, as it was the first time two Cypriots attended the all-star game simultaneously.

I was astonished and honored to be part of the camp. That moment sparked my dream to pursue the game I loved at its highest level. The all-star event transformed my confidence from a miniature flame to an immense roaring blaze.

With the blaze having been ignited, I was ready to begin pursuing my basketball dream, even if that meant moving to another country. However, at age 13 my parents were not quite ready for that. It was not until I was 15 that my family agreed to move, as there was no more room for me to grow athletically in Cyprus. I was soon on my way to Oak Hill Academy—a boarding school in the United States, where I could play basketball at the highest level while preparing for college.

I arrived in the United States as an optimistic teenager. I was confident my transition would be easy. However, I soon realized I had underestimated the impact of leaving

my family and friends. Pursuing a dream was going to require more sacrifice than I could ever have imagined. With the long distance support of my family and Lance Armstrong's LIVESTRONG message constantly running through my mind, I survived my initial adjustment period and began to thrive.

Looking back, I must say that I am very proud of my transition and decision to pursue my dream by coming to the United States, as it has helped me become an honor student as well as be a part of a historic high school team. We went undefeated and won the U.S. high school national championship.

The athletic and academic achievements, and, in general, the many experiences that my dream has provided me with are made up of priceless memories and valuable tools that I will forever carry with me. Even though my journey to the United States had its ups and downs, I still believe that the pursuit of my dream is one of the bravest and most courageous moves I have made. Pursuing my dreams helped

me face and overcome struggles and difficulties that I would otherwise never experience.

I believe that within every obstacle I had to face along my journey to the United States are experiences that helped me become the best version of myself. I am also proud of the fact that I never gave up pursuing my initial goals, which included playing the game I love so much, while also focusing on getting a great education. For that, I am blessed to have the opportunity today to fulfill my dreams as part of the Saint Martin's community.



Victor currently plays basketball for SMU.

Mountain Magic: Living in a car at Crystal Mountain

Lee Kaplan-Unsoeld
Staff Writer

Watching the sun rise in the morning with a group of lift operators reveals the interesting phrases they use to express beauty.

"That's prettier than titties!" I heard one morning while reveling in the dazzling orange pink that had spread over the sky. This colorful language is just part of the culture at a ski resort. The employees are eccentric and unapologetically themselves, even when it might be offensive to others, and they are all there to get a taste of the mountain magic.

How I found myself counted among their ranks at Crystal Mountain this winter is not too complicated, but my adjustment to mountain culture has made up for that. It is a different world up here in the mountains. Here, you hit the bar after you hit the slopes and you'll be face-to-face with the mountain culture, a culture in which people only want to ski or snowboard and

have a good time.

I have been lucky enough to be working at Crystal Mountain this winter. I am studying abroad in Brazil during spring semester, and the Brazilian summer break doesn't end until February. As such, I took the time to get a job on the mountain and settled on living in my car while doing so. My trusty 1993 Subaru Legacy affords me just enough room to store my clothes, food and gear, and I have a small place to sleep left over. At 6 feet 3 inches it's a tight fit, but I'll be saving hundreds of dollars in rent that I otherwise would have paid for housing — money I'll be able to enjoy in Brazil.

Crystal is pretty far from civilization. The town of Greenwater, about 15 minutes from the resort, is populated by employees, retirees, ski bums and vacationers. The mountain itself is somewhat of a town. There are rich people who own cabins or homes, including top members of the resort's management, but there are also a slew of

employees crammed into mobile homes and shoddy dorms. With four people to a room, no kitchen and hardly enough space to dry your clothes at night, cars are turned into closets, microwaves replace stoves, and I'm left feeling lucky to have a station wagon and a camp stove.

Even workers like me at the bottom of the totem pole start out at \$12 per hour. It seems like many of my coworkers aren't saving much of what they earn. Though our wages are the subject of third-world fantasies, I can't help but feel like the ski resort has become a sort of modern day company town. For full time workers in dorm housing, trips into town tend to happen on paydays, or once every other week. Vices and food are stocked up on for the coming weeks, but often times these supplies fall short. If someone didn't buy enough food for the two weeks, they go to one of the restaurants. Even with our 30 percent discount, food is still overpriced for the quality you receive.

Skiing has, at times, been thought

of as a rich white man's sport. The costs involved are high enough to be economically exclusive. It costs \$72 for an adult day pass. After food and transportation, one person could easily spend over \$100 for the day. This reality is fueled by employees with no benefits, hourly wages and, in most cases, no savings. My coworkers are veterans, fathers, recent college graduates, high school dropouts and, of course, adrenaline junkies of various inclinations.

But, we are here because there is a certain magic that can be found in the mountains, and we want to enjoy it, too. While there are some here who have made a lot of money off the slopes, there are many more that just scrape by. Nonetheless, mountain culture is based around having fun. Even though I'm living in my car to save money, and other people are broke from not saving enough money, we all still end up with smiles on our faces whenever fresh snow falls.

Memorial: Father Alfred John Hulscher, O.S.B., 1933-2016

Boniface V. Lazzari, O.S.B.
Guest Writer

Our confrere, Fr. Alfred John Hulscher, O.S.B., passed quietly to God on the evening of Thursday, Jan. 21 2016, feast of Saint Agnes, fortified by the Sacraments of the Church. Several of his monastic confreres and his colleagues were with him at the time of his death. His death occurred at Providence Mother Joseph Care Center, Olympia, Wash., where he had been in residence for the past year.

John Hulscher was born in Tacoma, Wash., on Dec. 15 1933. He was the eldest of four children of John Hulscher and his wife Violet DeEtte Hulscher, née Walls. The younger Hulscher was enveloped in a Benedictine milieu from birth to death. Father Mark Wiechmann, O.S.B., baptized him into the Roman Catholic Church two months after his birth, and on the afternoon of the day of his death, he received the Anointing of the Sick from Abbot Neal G. Roth, O.S.B.

Until the time came for graduate studies, Hulscher attended only Benedictine schools: Visitation Academy, Tacoma; Saint Martin's High School; and Saint Martin's College (now University), from which he graduated with a B.A. in 1956.

The late Abbot Raphael Heider, O.S.B., had invested him as a Benedictine novice on July 10 1953, and also received his solemn profession of vows on Sept. 8 1957. Following four years of theological studies at Mt. Angel Seminary, St. Benedict, Ore., Father Alfred (as he was now known) was ordained to the priesthood by the late Archbishop Thomas A. Connolly of Seattle on May 21, 1960.

At various times, Fr. Alfred exercised his priestly ministry at hospitals and Catholic parishes in the Pacific Northwest, as well as at Saint Elizabeth's Hospital, Washington

D.C., where he was serving as a chaplain intern (1980-1981).

Fr. Alfred was a highly educated man. In 1959, he received a second bachelor's degree, this time a Bachelor's of Education, from Seattle University. The University of Washington, Seattle, awarded him a Master of Law degree in 1964, and in 1980 he earned a Master of Science degree from Central Washington University. Fr. Alfred studied German at the Goethe Institute, Munich, Germany from 1965 to 1966 and at the Monterey Institute of Foreign Studies in the summer of 1967, in Monterey, Calif.

In his professional life, Fr. Alfred touched all areas of our apostolates. He served as assistant librarian, as well as bursar, in both college and high school. He served as high school principal, as chaplain, and as teacher of bookkeeping, Latin and German.

Father Alfred taught English in the college, though briefly, and later served there for four years as a psychological counselor. Fr. Alfred was a licensed counselor and continued to counsel privately until shortly before his death. From 1974 to 1978, Fr. Alfred was chair of the college's Board of Trustees. From 1990 until 2015, he was corporate secretary for both Abbey and University.

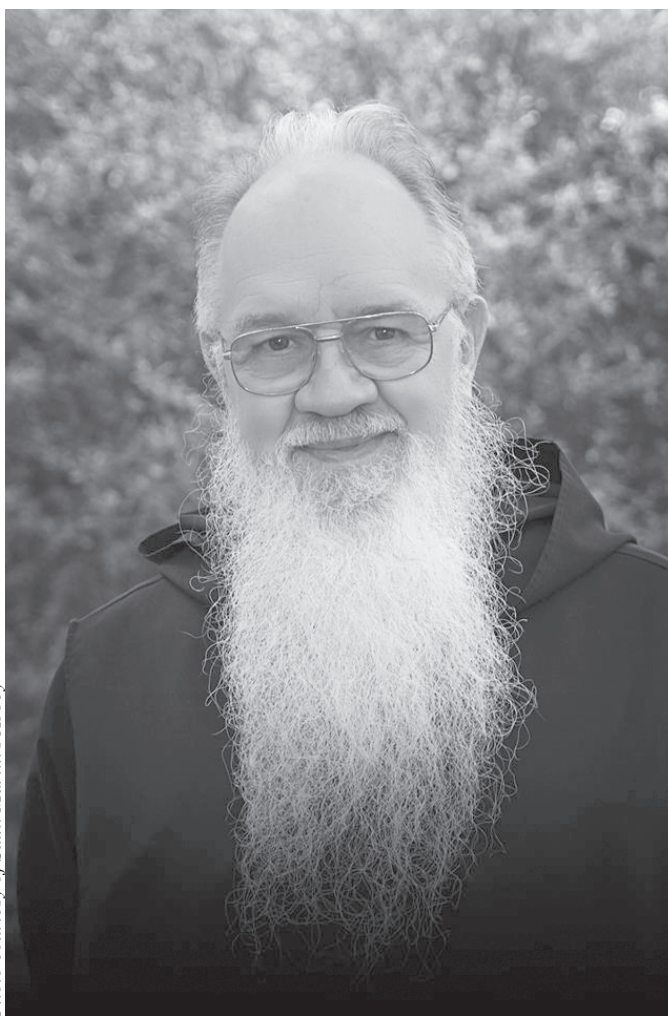


Photo courtesy of Saint Martin's Abbey

Portrait of the late Father Alfred John Hulscher

for him.

Our confrere Fr. Alfred was not given to spontaneity. His actions were deliberate and well thought out. He was a cautious individual. During the years he was responsible for the fiscal affairs of the community, he always acted with good stewardship. He insured that the needs of the community were met and also provided the possibility of the community's reaching out to assist the disadvantaged. Likewise, he showed concern for the monastery's guests, and was very loyal to his longtime friends. There was a period of years when Fr. Alfred enjoyed spending a day off baking at the monastic cabin on the Sound. His baked goods were always greatly anticipated by his confreres. They were usually perfectly done, as he never deviated from the recipes one iota.

In addition to his monastic confreres, Fr. Alfred is survived by his sister, Louise Hulscher Vargo, his brothers, Ronald and Richard Hulscher, his nieces and nephews, and many colleagues and friends.

His monastic community, family and friends gathered at the Saint Martin's Abbey Church, Lacey, at 7:30 p.m., on Wednesday, Jan. 27 2016, for a vigil service. Mass of Christian Burial was celebrated in the Abbey Church at 1:30 p.m., on Thursday, Jan. 28 2016, followed by burial in the Abbey Cemetery. Neal G. Roth, O.S.B., Abbot of Saint Martin's, was the principal celebrant for the Mass. Father Gerard D. Kirsch, O.S.B., delivered the occasional homily, and the Monastic Schola, under the direction of Brother Aelred M. Woodard, O.S.B., provided the music.

May the angels lead him into Paradise!

Hallmark the holiday: The history of Valentine's day

Sophia Donan
Staff Writer

Brace yourselves. The second biggest season for Hallmark cards is coming. That's right, it's almost Valentines day. In addition to the United States, the holiday is also celebrated in Canada, Mexico, the United Kingdom, France and Australia. This season, popular for its ability to remind all the single ladies that there's no man to put a ring on it, is in fact most popular with the female population, as 85 percent of valentines are purchased by women.

Valentines greetings have been popular as far back as the Middle Ages, although written forms of

this sentiment did not appear until after 1400. If you ever find yourself in the British Library in London, you could peek at the oldest known valentine still in existence. It is now part of the manuscript collection. This valentine was written in 1415 by Charles, the Duke of Orleans, as a letter addressed to his wife while he was imprisoned in the Tower of London after his capture at the Battle of Agincourt.

Pre-made cards became an easy way for people to show their emotions towards one another in a time when the "direct expression of one's feelings was discouraged," according to an article by the History Channel.

In the United States, it is estimated that hand-made valentines were exchanged as early as the 1700s. However, in the 1840s, a woman by the name of Esther A. Howland began selling the first mass-produced valentines in America. Howland later became known as the mother of the valentine, making elaborate creations with real lace, ribbons, and colorful scrap pieces. According to the Greeting Card Association, approximately 1 billion Valentine's Day cards will be sent every year. This makes the holiday the second biggest card sharing one, compared to Christmas at 2.6 billion annually.

According to an article by the

Huffington Post, "Shrouded in mystery, the exact origins of the celebration of St. Valentine are somewhat unclear... While the holiday's history is well documented through the years, the

saint (or saints) it's named after is up in the air. It's still unclear exactly who the celebrated saint of love really was, as the Catholic Church acknowledges 3 separate saints named Valentine or Valentinus. All of them were martyrs."

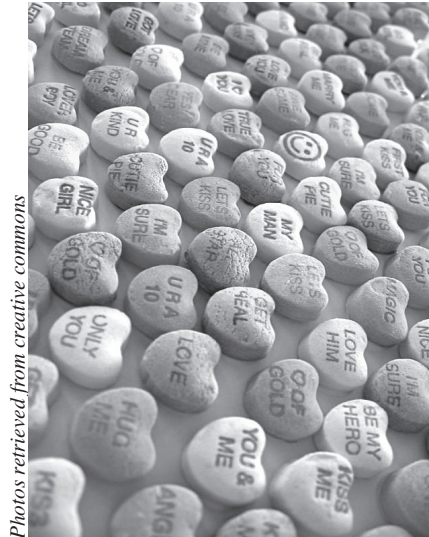
But for all you single ladies and gentleman looking for love, have no fear, the facts are here. According to the history channel, "There are 119 single men (i.e., never married, widowed or divorced) who are in their 20s for every 100 single women of the same ages."

No luck finding love out in our multi-dimensional world? There's an app for that! As of 2002, there were 904 dating service establishments nationwide. That number had since grown with the rising



popularity of smart phones. These establishments, which include Internet dating services, employ nearly 4,300 people and pulled in \$489 million in revenues.

And for all of the couples on our campus, here are some statistics for you as well. Around 2.2 million marriages take place in the United States annually, or about 6,000 per day. Meanwhile, there is a small age gap in the average age a person marries. In 2008, the estimated United States' median ages of first marriage for women and men are 25.9 and 27.6 respectively. The age for women rose 4.2 years in the last three decades, and the age for marriage is up 3.6 years for men.



Photos retrieved from creative commons

Valentine's day candies

Benedictine leadership summit prepares students to be leaders on campus and in the community

Michael Overfield
Staff Writer

This year's Benedictine Leadership Program (BLP) summit was held in Cebula Hall on Jan. 30. At the summit, students who were interested in applying for leadership positions on campus continued learning about what it means to be a good leader. The event lasted all day and featured a keynote speaker, conference style sessions on various aspects of good leadership and a summit reception following the event. While this event was required for students who want to hold leadership positions on campus, all students of Saint Martin's University who wanted to learn more about leadership were welcome to attend.

The event began with students checking in and eating breakfast, followed by a presentation by the keynote speaker, Sr. Joyce Cox, a member of the board of trustees at Saint Martin's University. Cox, who has held many leadership positions

throughout her life, shared her story and what she learned in those positions.

"A leader has to collaborate," said Cox.

She emphasized that in order to be a good leader in the community, people must be able to communicate and work well with others, even those who are not easy to collaborate with. In addition, good leaders must not only speak to others, but hear what others have to say and consider their point of view.

"How do each of us listen deeply in our own hearts?" said Cox.

A leader who listens to their followers may not only be better respected, but may learn something new about what it means to be a leader. Cox continued the speech by comparing the act of leading to a light in the dark. Just as light guides someone down a path, a leader guides followers to an end goal.

After Cox's speech, students at

the BLP event split up into four groups and conducted individual sessions, each on a different leadership topic.

The sessions covered topics about cultural inclusion, diversity, awareness to the needs of others, negotiating differences and making good decisions in a modern, changing world.

Following the sessions, students attending the event headed over to Marcus Pavilion to enjoy lunch and a lunchtime panel consisting of leaders from the Thurston County area. The panel included Virgil S. Clarkson, former mayor of the city of Lacey; Tanya Jernigan, VP/CFO of Diamond Technology Innovations; Kris Johnson, the president and CEO of the Association of Washington Business; and Cheryl Selby, the mayor of Olympia.

The panel was asked questions about their experience and gave students attending the event insight as to what a leader in the community will face, as well as the key aspects of being a leader. Self-management, network building and setting a good example are all key aspects of a leader.



Sr. Joyce Cox gives the keynote address

As lunch concluded, participants headed to the second leadership workshop which included presentations about disabilities and accessibility, the role of emotions in successful leadership, differences in personality and knowing oneself. This session mainly contained information on how to be more effective by being accommodating and avoiding conflict or misunderstanding.

The summit concluded with an assessment and reflection session in which students were asked to reflect on what they had learned from the summit and fill out an evaluation form. Students who completed the BLP session during the fall semester were given a pin in the Abbey church to signify their completion of the BLP session and the BLP summit. The new cohort of BLP phase one students celebrated in the Trautman Student Union Building with hors d'oeuvre and sparkling apple cider.



Lunchtime panel with Johnson, Selby, Clarkson, and Jernigan

Arwyn Smalley, Ph.D., loves teaching chemistry

Michael Overfield
Staff Writer

Arwyn Smalley, Ph.D., associate professor of chemistry, has been a professor at Saint Martin's University since 2008 and is happy teaching students about chemistry. She initially considered teaching at Saint Martin's because of its location, and because the primary focus of professors at Saint Martin's was teaching, as opposed to research which is the focus of some bigger universities. After being interviewed for a position at Saint Martin's, she felt that it had a friendly atmosphere, which contributed to her decision to accept a teaching position here. Smalley's career has led her to teach at Reed University in Portland, Ore., Willamette University in Salem, Ore., Norwich University in Vermont, and eventually to Saint Martin's.

Although Smalley enjoys chemistry, she did not start off studying chemistry as an undergraduate student. During her early college years, Smalley considered studying



Smalley belly dancing, one of her hobbies

biology. However, she ended up taking physics classes instead. She studied physics as an undergraduate and only took one required chemistry class during her senior year, which she enjoyed. After graduating with a degree in physics, she got married and spent nine months working in a research lab at the University of Oregon under David Johnson, Ph.D.

Johnson, a chemistry professor, eventually convinced Smalley to apply to graduate school and encouraged her to study chemistry. Despite the encouragement, Smalley entered

graduate school to study physics.

"I wasn't sure, I thought, I only took one chemistry class in college. I am going to be totally unprepared," said Smalley.

After applying for a physics program at graduate school, Smalley found that she did not enjoy the program. This experience led her to study chemistry at graduate school instead. After graduate school, Smalley used her knowledge of chemistry to teach others. Originally, she did not want to teach since many members of her family were teachers, but she soon changed her mind.

"The more I looked at teaching as a career, the more I realized that I enjoyed it," said Smalley.

The aspects of her career that Smalley enjoys most are working with students, learning something new every time she teaches a course, and her friendly co-workers.

Smalley would advise students who are considering a chemistry major that even though there is some math involved, it often helps open up many different career paths such as medicine, law, and criminal justice. As for those considering a career in teaching, Smalley would caution them that teaching involves long hours and leaves little free time during the school year, but yields more free time during the summer months.

"You have to really like learning in order to enjoy teaching because every day you are learning something new," Smalley added.

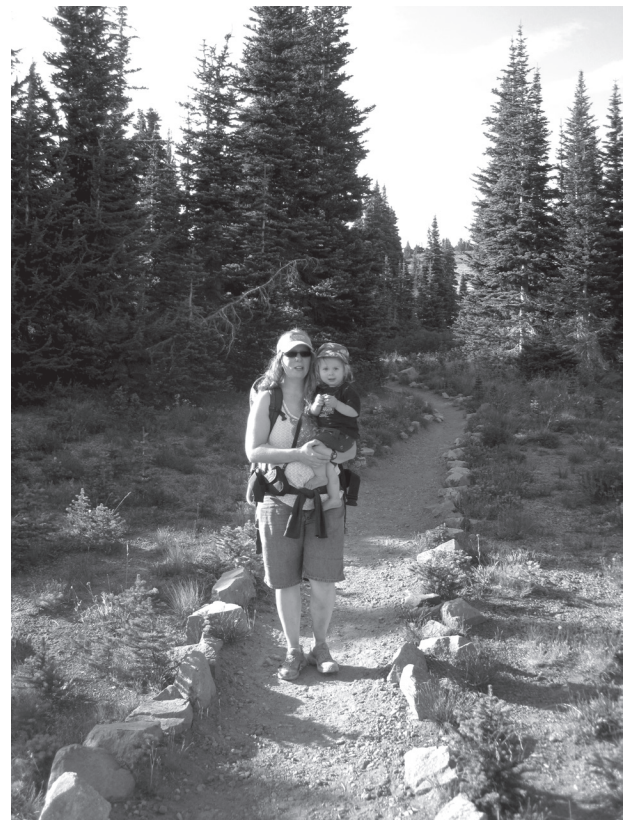
Smalley would advise students who are looking to teach that depending on the level of teaching they want to do, getting a job may be competitive. Acquiring a university teaching job is much harder than getting a job at a secondary or primary school.

In addition to teaching, Smalley enjoys spending time with her family, gardening, making jewelry, camping, and belly dancing in her free time.



Photos courtesy of Arwyn Smalley

Arwyn Smalley, Ph.D., and her two children



Smalley with one of her children

Cebula Hall: Ordinary from the outside, high-tech from the inside

Victor Ieronymides
Staff Writer

Saint Martin's students tend to get so caught up in their busy schedules that they forget to acknowledge and appreciate the value of their surroundings. One relevant example is the uniqueness of Cebula Hall - the new engineering building at Saint Martin's University.

According to an article submitted by Sunset Air Inc. in Thurston Talk, Cebula Hall demonstrates a particular uniqueness in terms of its structure because it is regarded as the highest-rated LEED (Leadership in Energy and Environmental Design)-certified building in the Western Hemisphere.

Sunset Air's website states that SMU's engineering building "has been accredited with the highest LEED rating in the U.S and third highest globally behind structures in Australia and the United Arab Emirates."

As the LEED Administrator, Sunset Air highlighted that its primary goals were to enhance performance, heighten efficiencies and reduce as much as possible the environmental impacts of Cebula Hall.

Julia Crawshaw from the Green Building and Design Magazine agrees that Sunset Air has

accomplished its goals with the completion of the "green" structure in terms of making sure to reduce the environmental impacts of the building as much as possible. Among the many innovative techniques used to establish a sustainable and eco-friendly facility, the magazine mentions that it is not a coincidence that Cebula Hall has large windows, as it is a technique used to allow as much natural light as possible.

Furthermore, the fact that most of the materials that make up the building are made up from recycled resources proves how sustainable and eco-friendly Cebula Hall is.

The "windows are made from recycled aluminum and the chairs in each office are made from recycled Coca-Cola bottles," added Crawshaw.

Although most engineering students know that Cebula Hall is a lab on its own, students may not realize how high-tech the building is. Sunset Air goes on to explain, that when they were designing the building, they installed features such as "geothermal ground loop, water-source heat pumps, a ninety percent efficient heat recovery ventilator, a large roof-top solar panel system that produces solar energy allowing professors to show and

visually explain to their students how to study tracking devices and a photovoltaic collection that produces more than fifteen percent of the building's power."

Saint Martin's goal after creating the unique, eco-friendly building is to inspire SMU's future engineers. Zella Kahn-Jetter, former dean of the Saint Martin's School of Engineering, explained that Cebula Hall

is a "high-tech structure in which professors at the university take full advantage of their resources in order to show the students that they can be outstanding engineers and at the same time leave the world in better shape than the one they came into."

Dear Abbey



Submit your life's problems and questions to

<http://www.belltowersmu.org/contact.html>

and a member from Saint Martin's Abbey will respond with their wisdom.

Debate over professional tuition fees continues

Travis Munday
Managing Editor

Professional tuition fees are fairly new to Saint Martin's University. These fees have grown incrementally the last few years, now tacking on an extra \$60 per credit hour to existing tuition fees. By the time a student graduates, that amount could end up being anywhere from around \$1200 to \$3500 total per student, depending on their area of study. These varying, yet significant amounts of money, are meant to go directly to their designated departments. Nursing students' fees, for instance, should be funneled back into the nursing program to pay for necessities like accreditation, and contribute to faculty recruiting efforts among competing universities.

Current budget projections, however, have left a gap when met with the reality of student attendance.

"What happens is the VP for finance creates a budget based on a certain projected enrollment, and

when the enrollment isn't met, then you end up with a shortfall in tuition," said Louise Kaplan, director of the nursing program.

"So, part of the finance issue is that we've had consistently lower enrollment than people were projecting and it's happened for more than one year. So instead of setting our target here," said Kaplan, raising a hand above her head, "why don't we set it at what it really was, which is about a hundred different?"

Susan Heltsley, VP of finance, maintains that the funds are being used as they were intended.

"The funds make up the difference between the University faculty salary schedule and what the faculty member is actually being paid. We are using the funds for competitive faculty recruitment in those programs," Heltsley stated in an e-mail.

Provost and Vice President for Academic Affairs Molly Smith, Ph.D., also confirmed that the fees are being used for their intended purpose.

Some faculty members believe that professional tuition fees intended to strengthen individual programs are instead being used to cover these budget shortfalls.

"So, the crux of the question is," Kaplan continued, "if you're taking money for students for an intended purpose but using it for a different purpose, are you really ethically assessing your students' money?"

Heather Grob, chairwoman of the school of business, shared similar concerns.

"My understanding is that at least a portion of the funds that hadn't been applied toward recruitment or for market adjustments for salary for professors—that at least a portion of that went toward adjusting those budget corrections," she said.

"To me, that was rather worrisome. Because the whole idea of having these surcharges was to benefit the professional schools," Grob added.

Last semester, one of our staff writers, Brittany Blake, wrote an article on professional tuition fees

ending with the question, "Does paying faculty members at the student's expense really contribute to a higher quality education?"

The answer is yes and possibly no. Tuition costs going toward employing faculty and reinforcing the structural integrity of Saint Martin's professional schools should not come as a surprise to students. Market rate adjustments have to be made to faculty salaries to both retain current faculty members and attract viable candidates. The shared concern is whether or not a portion of the money allocated for that purpose is bandaging budget gaps school-wide instead.

"And so, you've accounted for your shortfall, but you don't really have any extra money," Kaplan continued. "If money is being used to cover the shortfall, what happens when they hire new faculty—is that money available or not?"

Year of Faith at SMU

Sabrina White
Section Editor

As part of Saint Martin's University's strategic plan for 2020, The Year of Faith series is meant to revisit Saint Martin's core Benedictine values of faith, reason, service and community. The events this year focus on faith, inviting staff, students and faculty to participate in discussions, interviews and

surveys.

The first event, "Faith and Art," took place on Jan. 28. Boniface Lazzari, O.S.B., Peter Tynan, O.S.B. and O'Grady Library Dean Scot Harrison shared select pieces from the Abbey church art collection and university archives, including the illuminated Saint Johns' Bible. The Benedictine Scholars also presented on the restoration project for the

Stations of the Cross located across campus.

The next event in the Year of Faith is "Faith in Society: Transforming Encounters." The event takes place in the Trautman Student Union Building (TUB) on Feb. 2 at 3 p.m. visiting Woodrow Wilson fellow Marcia Grant, Jyr-Jong Lee, engineering instructor and Barbara Robertson, ESL (English as a Second

Language) instructor, will be leading a discussion on being steeped in another culture and how these experiences broaden our perspectives.

There will be ongoing events over the course of the next few months. Visit the Saint Martin's Campus Life calendar for a list of upcoming events.



Peter Tynan O.S.B., presents biblical illuminations.



Audience members take a close look at illustrations.

International Student Spotlight: Ji Hyeon Lee

Cleo Pineda
Staff Writer

Many students often find themselves having to leave their family and hometown friends to travel across the country in order to continue with school. While it is challenging enough to be surrounded by strangers in a new school environment, there are those who end up going to school in completely different countries. Ji Hyeon Lee is one of those people. At age 20, she has embarked on a journey 5,000 miles away from her home in Korea.

When asked why she chose to travel abroad to study at Saint Martin's, Lee said, "In Korea, our school had some exchange student programs and this school was one of them. I really wanted to go to America, so I started searching for information about schools and compared them with my parents. Finally, we decided

to choose SMU. This school has so many activities, celebrations, and a variety of clubs. The landscapes and meals also looked cool, and now, I'm very satisfied with my decision."

Lee's biggest concern, prior to coming to the United States, was the lack Korean students at SMU. Initially this intimidated her, but she is now prepared for the challenge.

Homesickness is an experience known to both domestic and international students alike.

"I'm missing my home's food very much, but I heard there is a Korean restaurant near our campus, so I will find it as soon as possible," said Lee.

Lee also mentioned another difference she noticed between the United States and Korea.

"There are many different things between my country and America, but one of the strangest are the traffic rules. In my country, the traffic light changes automatically, so

we don't need to press some buttons. We just wait for the lights to change," Lee stated.

Lee enjoys a very active lifestyle, which includes sports and outdoor activities. Her favorite sport is soccer, and she hopes to go to a soccer game while in the United States. She describes herself as a talkative and outgoing person.

Lee is currently building a strong English foundation before moving onward to pursue her desired major.

"I'm attending the ESL program, so I'm learning English. I want to study my major, electronic engineering, but I think learning English is the first thing I have to do. I am enjoying my classes. I study about American history, speaking, writing, and listening skills. These are all important to me and so helpful."

Along with classes and a wide range of activities available for international students, they are also partnered up with their own host families to help them learn more

about American culture on a more personal level.

"I feel more comfortable nowadays (with) the host family program. It's my first time meeting American families," said Lee. She went on to say that the more she interacts with her host family, the better her English becomes.

As an international student, Lee also appreciates the chance she has to explore.

"I have many places that I want to go. So I will travel to those places and make some nice friends. It can be dangerous but I want to overcome myself and after travelling, I think I can see how much I have grown up. These are the experiences I want," she added.

Lee's story of how she is adjusting to her new college environment is just one of the many stories of other international students on campus that compliment international education at our school.

Bernie Sanders for President!

Lee Kaplan-Unsoeld
Staff Writer

Do you understand how our primary presidential elections work? Me neither! Even after researching for this article, it seems like we might as well have the sorting hat from Harry Potter determine who our presidential candidates will be. The primary candidates are paraded around the country by the media, and Bernie Sanders and Donald Trump have been converted by the media into twin “oh-my-gosh-could-they-really-be-president?” candidates. It has turned into a circus act, with both candidates being measured, judged, then thrown into the ring together to duke it out. This process has given them a sort of underdog favoritism in their respective primaries. Let me tell you why I’m rooting for Sanders, and what we can learn from these two strange men.

Regardless of whether or not either of them is selected in the primaries, Sanders and Trump serve as measurements of the opposite extremes of the American political spectrum. On one hand there is Trump, running on the Republican ticket and bearing a message of exclusion. Trump has said that “we” can “make America great again,” if only we keep the Mexicans out with a wall and deny all Muslims political asylum.

On the other hand, there is Sanders, an independent running on a democratic ticket who has pledged

to push for universal healthcare, free college tuition, and a redistribution of the wealth in America. In short, there is a message of inclusion that looks distinct, especially in the face of Trump’s exclusion.

Quite simply, the message is that we’re all in this together, and if we all do well, instead of some people doing great and some doing horrible, our country will be a better place to live. This basic premise has caused some to label Sanders a socialist, as if looking out for others is somehow a negative trait for a politician to have.

The Benedictine values expounded at Saint Martin’s University support many of Sanders’ stances, and Saint Benedict himself likely would have been labeled a socialist were he alive today and subjected to the judgment of media pundits. The values of community and hospitality dictate that we should include others, and treat them as we would like to be treated.

Respect for persons and stewardship are the only values you need to understand the rationale for

universal healthcare. The values of reason and service go hand in hand with making college free for all, which would provide more people with the educational tools they need for success.

In general, Benedictine values confirm that we need politics of in-

Clinton represents more of the same for our country; empty promises with few results. Trump represents an unabashed favoritism toward rich white people. We can’t only care about rich people or only care about poor people or care about the middle class. We have to care about everybody and make policies that are crafted with everybody in mind.

Trump and Sanders are both “Oh-my-gosh-could-they-really-be-president?” candidates because both of their ideologies would put into place a new paradigm, shifting the trajectory of the United States dramatically. With Trump, our society would become even more exclusive and unequal, better for rich white men and worse for almost everybody else. With Sanders, our society would become more inclusive and equal, better for everybody-even rich white men.

When the weakest links in a chain are strengthened, the stronger links don’t get weaker in the process. Support Sanders and let’s work on making this country great for everyone. For more information on Sanders’ political platform, go to www.BernieSanders.com

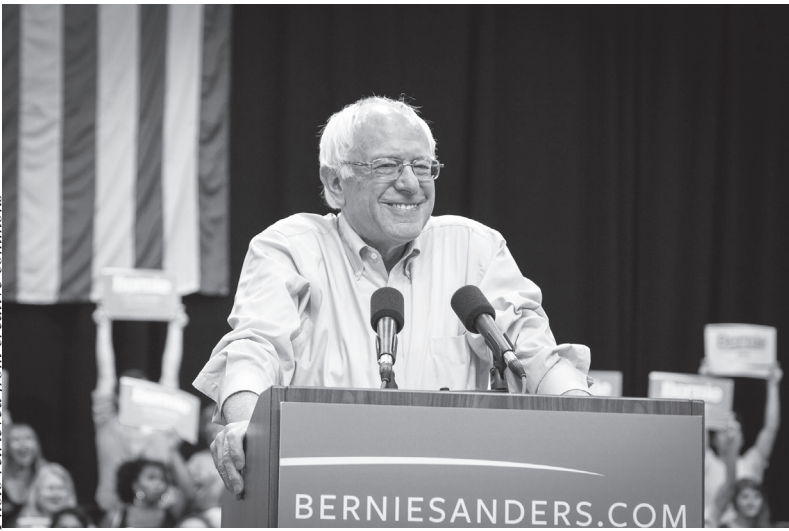


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Be part of something new: Be a Lion’s Campus Club member

Ron Smircich
Guest Writer

Lions Club International is the largest service organization in the world, with a membership of 1.4 million in 212 countries. Saint Martin’s students now have the opportunity to become a part of Lions Clubs International. A campus Lions Club is now being formed at Saint Martin’s. As with all Lions clubs, a campus club operates with total autonomy. Club members elect their own officers, plan and execute their own service projects, and establish their own meeting schedules.

Projects can be local, such as holding a clothing drive for the homeless, or international, such as collecting and distributing eyeglasses to the needy in developing nations. Other projects include operating a health screening van at a local school to test students for sight and hearing problems, participating in an environmental project such as planting trees or shrubs in a community park, conducting Special Olympic events, tutoring and mentoring local students and assisting in disaster relief efforts. Campus Lions clubs tailor projects to meet the interest of the students as well as the local community.

Membership in a Lions Club offers many personal benefits for student members. These include resume building opportunities,

networking, opportunities to volunteer on campus in local and world communities. Students can also gain and strengthen valuable leadership, management and business skills, such as team building, goal setting, marketing, operational planning and speaking and presentation abilities.

Lions Clubs International requires that any funds raised by clubs, either by fund raising activities or through donations, must be given back to the community. This includes donations to community charities, distribution of food and clothing to the needy and organized activities for disadvantaged persons. Because of this requirement, administrative costs for club operations are paid by membership dues. Currently the membership cost for a campus club is \$21.50 per year per member.

All students who are interested in learning more details about a campus Lions Club are welcome to stop by the Trautman Student Union Building anytime between noon and 7 p.m. on Feb. 4.

You may also receive additional information by contacting Ron at rsmircich@msn.com or calling (360) 556-1955.

Letters to the Editor Policies

Everyone is invited to submit Letters to the Editor in response to previously published material, or about issues that do not appear in the paper. All Letters to the Editor (LTE) will be responded to either by personally response or in print in The Belltower as space allows.

1. All letters must be signed by the author to be published. Names can be withheld upon request of the author and at the discretion of the Editor-in-Chief (EIC). They must have some credible contact information (email, telephone number and/or address) for notification and verification.
2. The Beltower reserves the right to edit letters for length and grammar.
3. Letters of questionable taste will be evaluated by the Editorial Team and in applicable situations will be voted on and handled as the Team sees fit.
4. Letters of questionable origin will not be published until confirmation of the author has been made.
5. As time permits, writers of letters will be contacted for confirmation.
6. The Belltower reserves the right to not publish letters deemed libelous, obscene, in poor taste, or otherwise unfit to print. The EIC will make this final decision upon consultation with the Editorial Team and the Faculty Adviser.
7. The Belltower reserves the right to print a selected number of LTEs. The EIC makes this decision on a case-by-case basis.

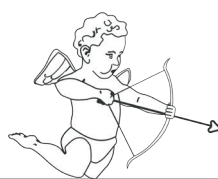
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1/2 of page	85	76.50	+ 105
1 page	160	146.00	+ 205

*The semester discount is valid only if the purchaser agrees to buy an ad space in the majority of the issues released during the semester.



STUDENT ACTIVITIES



Basketball	A	V	G	I	I	F	U	Q	V	L	X	R	K	Q	K
Faith	L	P	L	D	G	K	M	O	L	V	J	L	L	G	X
Medieval	U	M	V	S	H	A	W	A	A	Y	D	G	H	U	S
Sanders	B	E	Y	A	R	Y	B	V	T	W	U	D	Y	L	X
Bowie	E	D	N	I	L	T	O	S	H	O	G	A	T	S	U
Mariner	C	I	N	V	E	E	F	A	I	T	H	Y	C	Z	M
Oshogatsu	Y	E	F	K	I	G	N	Q	D	W	Z	Z	F	K	G
Tuition	R	V	S	U	I	A	N	T	S	R	E	D	N	A	S
Cebula	C	A	P	Q	J	M	P	O	I	K	O	N	Y	S	Q
Martin	B	L	M	K	D	I	I	O	I	N	I	V	Z	G	W
Pilgrimage	B	X	V	D	J	R	C	S	O	T	E	H	Z	E	X
Valentine	E	O	Q	L	Q	G	O	C	R	S	I	H	R	C	A
	S	O	W	B	K	L	W	A	I	H	J	U	L	Q	J
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2. rirenma
3. tarclys oiumnant
4. ivadd iwoeb
5. naal kcnrmia
6. ibrnee darsnes
7. dalodn rmupt

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Can you find all 7 differences?



Create REAL Change

BE a Part of Something that matters



Lions Clubs International

Lions Clubs International is forming a Campus Club at St. Martin's University

Here are some of the benefits to Student Members of a Campus Club

- ◆ Opportunities to volunteer in campus, local and world communities
- ◆ Take part in the worlds largest service club organization
- ◆ Improve speaking and presentation skills
- ◆ Resume building
- ◆ Gain valuable Leadership skills

This is your club, with your officers , your activities, and your programs

Join us in the Student Union Building (TUB) conference room for a short information meeting anytime between 12PM and 7PM on February 4th.