

Traditional
Chinese
Medicine
see page B2

Learning
Russian at Home
and Abroad
see below and
C2



New Korean
Study Tour
see page B2



Introducing
Sara Inoue
see page B2

THE BELLTOWER



SAINT MARTIN'S UNIVERSITY MONTHLY STUDENT NEWSPAPER

Volume V

Issue 3

November 19, 2012

Spring semester courses give students the chance to step out of their comfort zone

Rebecca Dorsey
Staff Writer

There are several new interdisciplinary (IDS) courses being offered next semester here at SMU. Interdisciplinary courses are certainly not just for Interdisciplinary Studies majors, and they offer students a chance to contemplate subject matter through multiple academic lenses in the span of one course. Many courses are taught by two professors, each from a different field of study. Therefore, an IDS course can meet requirements for any of the subjects on which it focuses. This spring semester, four fascinating IDS courses are open for registration. These include Race and Racism in America, Social Action: Introduction to

Troublemaking in a World That Needs Troubling, Intro to Fiction: Literature and Law, and Ethics on Film: Philosophy and Cinema.

Anyone who has attended lectures or classes taught by Professor John Hopkins, Associate Dean of Students, knows that Race and Racism in America will be well worth a student's interest, time, and money. Accompanied by Dr. Brian Barnes, Assistant Professor of History, this course will examine race and racism in America from both a sociological and historical standpoint. It will look at the origins of racism and how it has changed throughout the years and to the present. Not only will students learn how race and racism impact the societies around them, but also how these complex

topics influence their everyday lives. This class is available on Tuesdays and Thursdays, from 9:30 a.m. to 10:50 a.m.

Have you ever taken the American Social Problems class, or a class that brings up societal issues and wondered what to do next? You know that problems exist, but how do you face them, and even more, how do you overcome them? Dr. Aaron Goings, Assistant Professor of History, and Dr. David Price, Professor of Sociology and Cultural Anthropology, are taking the lead on this one with their spring semester course, Social Action: Introduction to Troublemaking in a World That Needs Troubling. This mesh of history and sociology will be looking into history for various ways that social

change has taken place, including successes, failures, cooperative measures, and individual actions. By reflecting on and learning from the past, students will study methods of social change and identify which are most personally suitable for taking action in a society that sits back and waits for change. Learn how to be that change every Tuesday and Thursday, from 2:30 p.m. to 3:50 p.m.

Stepping into a different field, Dr. Olivia Archibald, Professor of English and Professor Shawn Newman, Adjunct Professor of Business, are going to look at a different type of social issue: justice. Intro to Fiction: Literature and Law is an English and political-science combination in which

see **Courses**, page C2



Remembering
Seth
see page E



Go for a
jolly run
see page
G2



A gala photo
spread
see back
cover

Traveling to Inner Mongolia

Cassidy Choi
Staff Writer

At the end of October, Dr. Jeff Birkenstein, Chair of the English Department, had the exciting opportunity to visit Inner Mongolia University in Northern China. This opportunity happened thanks to a visit by Leah Dong, a professor of foreign languages at Inner Mongolia University, last year. She came to SMU to inquire about the language department. During her six month stay, Dong observed the differences between the teaching styles of professors at IMU and SMU. Intrigued by the faculty-student interaction in the

classroom, Dong contacted Josephine Yung, Vice President of International Programs and Development, to set up an exchange for English language professors to visit IMU. Birkenstein, always looking for a new adventure, eagerly agreed to spend a week in Northern China.

Aside from the exciting, pleasurable aspect of traveling, Birkenstein enjoyed the business portion of his trip. "I really like to travel with something to do," Birkenstein explains. "Touristing is fine, but I like a little something else."

One of Birkenstein's responsibilities was to give a

see **Mongolia**, page C1



While in China Dr. Birkenstein had the opportunity to play in the sands of the Gobi Desert.

Photo courtesy of Jeff Birkenstein

© Saint Martin's University 2012

A week of culture as SMU celebrates International Education Week

Tony Kern
Staff Writer

Many students may want to study abroad; however monetary complications hinder this dream. International Education Week is an annual event that allows students to get a taste of other cultures on SMU's campus.

International Education Week kicked off with a hunger banquet where students were encouraged to donate one meal credit for someone in need. The money from the credit went to the poor while students who attended had the opportunity to listen to a talk that recognized poverty and hunger.

Throughout the week there were other various events that took the SMU community around the world without having to leave campus. One highlight is the annual Taste of Culture. Food made by community members was displayed around the pavilion while performances by bands and dancers were enjoyed.

Student Ron Bour-saw Jr. reflected on the event and said, "It was cool to see all the different cultures do their dances, the food was really good, and there were lots of different choices."

International Education Week concluded on Saturday, Nov. 17 with an International Night Jam in the Charneski Rec Center. Snacks were supplied and international music was played during the event.

International Education Week was a great success, enjoyed by students and faculty alike.



Photo by Jesse Lamp

At the International Night Jam, students had the opportunity to learn and practice origami.

HELP WANTED!

The Belltower is looking for a new Layout Assistant!

Our current Layout Manager is graduating in December, so our Layout Assistant will be taking over his role. This means we have a need for a new Layout Assistant!

Have you ever worked with InDesign? Photoshop? Other graphic design systems?

Or maybe you have not but are very interested in learning?

Great! Then you should consider applying for the position of Layout Assistant!

This position is a good resume builder; you will learn technical skills and gain a valuable work experience. Come join the Belltower team!

Follow-me printing

Nick Tudor
Staff Writer

Saint Martin's University now utilizes "follow-me printing" which allows print jobs to be picked up at a number of printers throughout the school's campus, regardless of which computer was used. The new system was implemented to save money, increase convenience, and improve services. Neal Bullinger of the Office of Integrated Technology Services set the system up and chose the software package being used to

run it. It took about six months to evaluate, test, and set up. The new system is supposed to make printing easier and more available across the campus. Essentially, the ability to print from one print queue means a greater choice of devices and less demand on a specific device.

Compared to the old system, the new system makes it easier for the school to bill department budgets and send the departments reports about spending as well. Also, it is now possible to track individual spending better and students can transfer funds to each other if they want. With the previous system, students were not able to use their printing accounts to make copies; they had to have a separate card or pay cash to do so. Also, they were limited to which machines they could use. Now, if a machine is busy, students can simply move to a different one to retrieve their print jobs. Getting printing account balances was previously difficult and web printing was unreliable, but both are now easier. Uploading documents from off-campus to the web-printing module is another new feature, which adds convenience for students. They can even scan documents to their e-mail or H:\ drive rather than printing to paper.

In terms of future services, ITS is working to add the ability for mobile devices to access the printing system. They also want to increase the number of locations on campus where students can purchase additional printing funds if needed.

Unexpected pregnancy?

We are here for you.

- pregnancy testing
- first trimester ultrasound
- limited STD testing and treatment
- accurate medical information
- parenting education and support

Cam Net does not perform or refer for abortion or contraception.

360.753.0061

24 hours a day/7 days a week

You are not alone.

www.carenetolympia.org



Korean Culture Exchange Program (K-CEP)

Terae Grant
Column Editor

The Office of International Programs have announced another new program which allows students to participate in a culture and business program in Korea. This program will benefit any student in SMU's Business or Sociology and Cultural Anthropology programs.

Saint Martin's University is joining forces with their sister school, Konkuk University in Chung-Ju-Republic of Korea (South Korea). Six students will be selected and receive a scholarship to cover housing, tuition, fees, and meals. The admitted students will stay on campus with other Korean students, and will have a chance to experience an entirely new perspective on culture and life, all in the span of three weeks.

Another intriguing aspect about participating in this program is that participants will have the opportunity to receive three elective credits, which are granted upon the completion of the program.

Applications for this program are due Jan. 18, 2013, and classes begin in the summer of 2013. This is a great chance for those who want to experience studying in a different country. For more information, contact Brenda Burns at bburns@stmartin.edu

Inoue searches for her American dream

Rebecca Dorsey
Staff Writer

Sara Inoue is a 21-year-old international student from Osaka, Japan, where she lives with her family. Although she started studying English when she was 10 years old, it was not until just a few years ago that she became particularly interested in the language. At first, she learned the language in order to achieve high test scores in school. However, after watching American movie stars and singers, she said, "Wow! They're so cool! They speak English!" At this point her English studies became a much greater priority.

Inoue is enjoying her experience abroad, but it is not her first time. At age 19, she stayed in Spokane, WA for four months. This visit sparked her interest in other cultures and encouraged further travel. Just last summer she studied in Vancouver, Canada to learn English with international students from all around the world. She explains that the aspect she really appreciated about the program was that there were "all different nationalities." In Canada, Inoue learned that communication is something she especially enjoys. As for her third time studying abroad, Inoue's current placement in the student exchange program at SMU is an opportunity that she gratefully explains was granted to her through a state scholarship.

When first asked what cultural differences she notices between the United States and Japan, Inoue describes one of the stereotypes she had before she came to SMU. She thought that all Americans were

outgoing and never shy. However, her abroad experience allowed her to challenge that stereotype by interacting with American people and to realize that this element of personality varies with each person. Some Americans are outgoing, but some keep to themselves. She also thinks that Americans are great at dancing, defending her point, "That's not my stereotype! They're all so good. They have rhythm."

As for Inoue's views on weather, she exclaims that Washington weather "drives me crazy! It's never constant."

Back at home, Inoue's favorite thing to do is listen to Korean pop music. Her favorite thing here in the States, however, is meeting new friends. She admits that as a non-native speaker of English, it can be intimidating to walk up to an unknown domestic student to just talk and get to know each other. She thinks that "maybe sometimes Americans think Asian people are so different because they look so different and speak so differently," but explains that they're truly the same at the core. In order to improve this relationship gap, Inoue wants to "break out of [her] shell" and tell Americans that they do not need to be nervous to talk with international students. Inoue also comments that, in her experience, Americans are so friendly. Once she has been introduced to an American



Photo courtesy of Sara Inoue

Sara Inoue, an international student from Japan is spending her third visit to the U.S. at SMU.

student, that student will always say hello in passing, whereas in Japan that is not culturally typical, though she wishes it was.

Before Sara leaves the U.S., the most important thing she wants to do is make an American best friend whom she can keep in touch with overseas. When she returns to Japan, it will be time for her to start job hunting. However, she hopes to work in a different country one day, possibly Canada. Her goal is to make great use of her English in her future career. Although she is not sure what way her job will reflect that goal, she smiles and says, "I really like to make people happy."

Thinking about a future career, Inoue reminisces on a trip to Disney Land. "The parade made me cry. It moves me. They give me a dream, all the children smiling. I want to be that kind of person."

Study Traditional Medicine...in China

Nick Tudor
Staff Writer

A course on culture is practically valueless without actual exposure to the culture itself. This spring, students will be given the opportunity to experience first-hand the ethics and practices behind traditional Chinese medicine, or TCM. Students will embark on a journey to China to learn about TCM from Chinese practitioners at the Shanghai University of Traditional Chinese Medicine. The two-week course includes morning lectures, visits to clinics and hospitals for observation of the practice of TCM, and opportunities to learn about the Chinese health care system and nursing in China. With a service-learning project for children of migrant workers being planned, the cultural context of this experience enhances student learning that much more. Preparatory seminars and online course work will be held during the spring semester with travel to China in May 2013. The cost of the trip to Shanghai is approximately \$4000 including airfare, room and board, tuition for the Shanghai University of TCM, a

visa, and incidentals.

By the end of the program, students will have obtained knowledge about diagnostic methods of TCM used to analyze health problems, and developed an understanding of TCM therapies including acupuncture and herbal therapies. Adding to the benefits of experiencing a cultural program first-hand, students will be able to actively observe TCM being practiced in a clinical setting. The benefits of partaking in this program are potentially limitless, but the foremost is the opportunity to physically immerse one's self in a culture almost 5,000 miles away from SMU.

For students unable to make the trip overseas, NUR 320, a course in Traditional Chinese Medicine will be taught by a nurse practitioner who is also licensed as an east-Asian practitioner and who works at Madigan Army Medical Center. SMU is anticipating having a professor from the Shanghai University of TCM teach in the course as well. The class will meet ten Wednesdays during the semester with four weeks of online modules. The course will cover an overview and introduction to traditional Chinese medicine and

health care in China.

The nursing program at Saint Martin's University was discontinued about a decade ago. It was initially a RN-to-BSN program (Registered Nurse to Bachelor of Science in Nursing), which has since been reinstituted at SMU, as well as an added master's program. It was

originally discontinued because of financial issues experienced by the university. The current program hopes to collaborate with South Puget Sound Community College (SPSCC) to have students from SMU attend the nursing program there and return here for the BSN.

GENTLY USED AND NEW

HOME FURNISHINGS DOWNTOWN OLYMPIA.

IN AN ECLECTIC MIX IN

SAVE MONEY, RECYCLE, GET BETTER STUFF.

A DIFFERENT KIND OF FURNITURE STORE.

402 WASHINGTON ST NE OLYMPIA, WA 98501
360.570.0165 OLYFURNITUREWORKS.COM
M-F 12:30-6 SAT 10-6 SUN 10-4

Caroling with the Saints

Terae Grant
Column Editor

Saint Martin's Campus Ministry, in conjunction with the SMU Music Department, will hold their annual Christmas Carol Sing-Along and Tree Blessing ceremony on Thursday, Dec. 6, and Friday, Dec. 7. For more than ten years,

Campus Ministry has coordinated this event in hopes of raising the holiday spirit for students and faculty on campus, and they expect to do the same this year.

Traditionally, the ceremony begins at the Abbey Church with a candlelight mass, and then proceeds by candlelight down to the courtyard of Burton Addition, before setting the candles down by the Christmas tree.

"We would sing Christmas Carols – 'Silent Night' in different languages, it was beautiful,"

says Susan Leyster, Director of Service Immersion Programs.

The event by itself, however, became difficult for the members of Campus Ministry to host because there was not enough involvement from the student body, so they decided that it would benefit the group and the event if they combined the Candlelight Mass with another campus event. And so ten years ago, Campus Ministry partnered with Darrell Born, Director of the SMU Music Department, and created a Christmas concert combined with the Tree Blessing ceremony. This year's ceremony will begin in the Marcus Pavilion with a performance by the American Legion Band. From there they will move into the Norman Worthington Conference Center for the Tree Blessing and reception which will be performed by



Abbott
Neal G. Roth, O.S.B.

Though they are still in the midst of modification, adding minor changes to the event, the reason and motivation for this event is still there.

"This is an event open for everybody," says Leyster. "It should be jolly and a great event."

If you are looking to get into the holiday spirit a little earlier this year, stroll on down to the Christmas Carol Sing-Along and Tree Blessing ceremony. It is an event open for everyone, so if you have family or friends who live in the area, invite them as well.

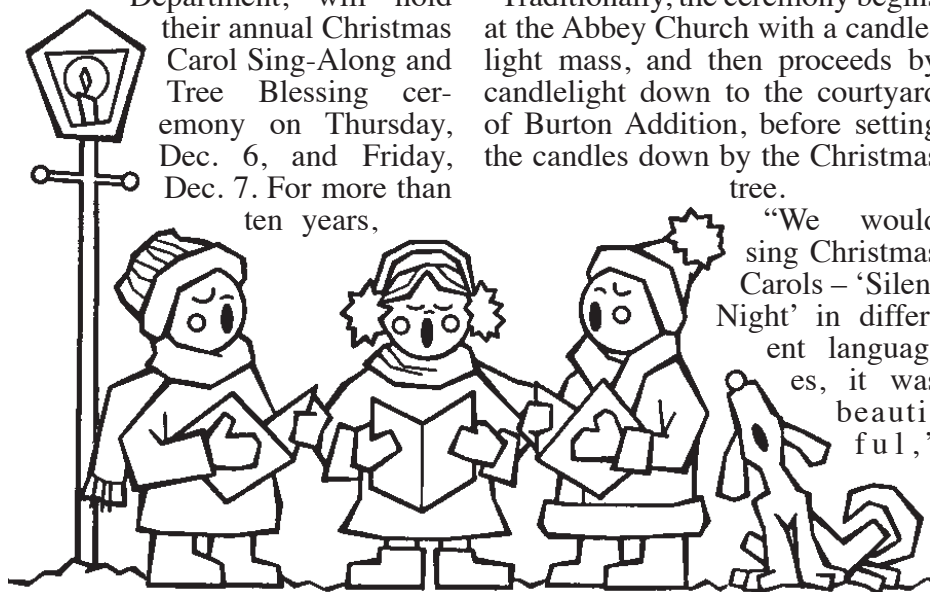


Photo retrieved from www.oldhippie.org

Mongolia, from cover

lecture about the making of history. He focused on Lexington, KY, where he completed his Ph.D. in English. On top of presenting on how historical landmarks come to be notable attractions, Birkenstein relayed the importance of Socratic teaching methods: faculty-student interaction in the classroom. Instead of having a professor tell the students what the author is trying to say, the students can decide for

themselves which helps develop critical thinking skills for the students. Birkenstein is hopeful that next summer three to four professors will also experience China to observe the classrooms and culture through a summer institute. This close connection between IMU and SMU can lead to new programs for both schools, perhaps even the opportunity for SMU English majors to teach in China.

The idea of being in a foreign

country is appealing, but it can be intimidating. Birkenstein has been to China three times, and having quite a bit of experience, he encourages students to travel. When an opportunity arises, it is important to take advantage of it. Birkenstein admits to getting a little nervous before travelling, but feeds off of his apprehension.

"That's what I like: getting to know people I have no business getting to know," Birkenstein states. "I like

the feeling that nobody who knows me knows exactly where I am."

Proud of his trip and enthusiastic about the future of the English department, Birkenstein is delighted with every aspect of his trip, concluding, "I went to lecture, teach, breathe smog, taste sand, and discuss possibilities with teachers." The cultural differences and the potential additional programs will greatly benefit the futures of both IMU and SMU and their students.

Photo courtesy of Jeff Birkenstein



Dr. Birkenstein (right) enjoys a meal with Dr. Leah Dong (center) and her husband.

Studying Russia

Amy Pollard
Staff Writer

When four Saint Martin's students stepped off a plane in America after spending five weeks in Russia, their journey with Russian language and culture was not over. In fact, it had just begun. After going on the Russia Study Tour from early June to mid-July, students returned to Saint Martin's to further expand their knowledge of language and culture in the brand-new Russian course offered this fall.

"The purpose of the trip is to get students outside of their comfort zone and to get them engaging with a culture outside of their own," explains Dr. Jamie Olson, Assistant Professor of English and the leader of the study tour who is also teaching the Russian course. "It broadens your sense of the world. But at the same time, it also serves as a type of mirror that reflects back on American culture. When you come back here, you see America through new eyes."

The five-week Russia Study Tour took students to St. Petersburg, Petrozavodsk and Moscow. The majority of the trip was spent in Petrozavodsk, where students attended the Karelian State Pedagogical Academy to study language and culture. Every weekday, students had morning language classes and afternoon lectures about cultural topics ranging from Russian rock n' roll to Russian cartoons.

"I liked the experience of learning a completely different language," says student Carelia Agis.

Professors who taught English to their Russian students during the school year taught Russian to the visiting American students, allowing for a rich immersion in the Russian language.

When not studying at the academy, students went on excursions to local museums, businesses, hospitals and

orphanages.

"All the places we went were awesome," says student Johann Bisbing. "It definitely gave a really good insight into the culture."

In St. Petersburg and Moscow, students had the chance to visit famous churches and historic sites. Sometimes, the immersion was a culture shock.

"There was one church I wasn't going to be able to go in," Agis recalls of touring Moscow. "I was wearing shorts and a tank top. Other students let me borrow their veils so I [could] cover up my shoulders and use it as a skirt. I was lucky I got to go in."

Now, back at Saint Martin's for the fall semester, students continue learning the Russian language and culture in the Russian course offered for the first time this fall. The class devotes two days per week to studying the Russian language and one day per week to a writing workshop.

"We're writing a paper about a topic of what we saw or what we learned about in Russia," says Agis. "My topic is education. One of the lectures [in Russia] was about the education system and how it's different from here."

Bisbing's topic is alcoholism in Russia. He remarks, "There was this huge preconceived notion that every Russian is an alcoholic. We'd go to a club and the Russians would get soda or tea. The Americans would get vodka, beer or hard liquor."

The new combination of the Russia Study Tour and the Russian class at Saint Martin's has allowed students to fulfill their general education language requirement while broadening their knowledge of the world.

"In practical terms, I wanted students to be able to go on the trip and finish out that general education requirement," says Olson, noting



Dr. Jamie Olson and Johann Bisbing stop to appreciate a miniature sculpture of St. Petersburg

that when he first led the study tour in 2010, the study tour credits alone were insufficient to meet the general education requirement. "The other reason [for the class] is just that when students come back from Russia, they're really excited and they want to keep studying."

"I think I got a lot more out of the trip than I would just sitting in a classroom and learning the

language," adds Bisbing. "It's a once in a lifetime opportunity to leave the country. I would recommend it to anybody."

The next Russia Study Tour is scheduled for summer 2014. Contact Dr. Jamie Olson for more information at Jamie.Olson@stmartin.edu.

Photos Courtesy of Bisbing



After spending five weeks exploring Russia, seeing the sights, and learning the language through morning classes and afternoon cultural lectures, a select group of SMU students have returned to Lacey to continue their Russian education in a class which counts toward their general education language requirement.

Courses, continued from cover

students will read fictional works to identify and debate topics of social justice under the framework of law. If you are an English major with an interest in law, or a political-science major looking for a good read, this is the class for you. It is offered Mondays, Wednesdays, and Fridays from 10:00 a.m. to 10:50 a.m.

There is one more IDS course to spotlight that you will not want to miss. Philosophy and Theater majors, tune in. Taught by Father David Pratt, Ph.D., Assistant Professor of Philosophy, and Professor Bridget Irish, the Ethics on Film: Philosophy and Cinema course will take place every Monday and Wednesday from 3:30 p.m. to 4:50 p.m. In this class, students will use

different ethical theorists to examine major social problems by how they are portrayed on the screen. Movies and readings will start the conversations, while professors guide those conversations and their more contemplative points around moral reasoning.

IDS courses allow the student to explore different approaches to topics, opening their eyes to viewing the same thing through various lenses. As an added incentive the courses offered this spring meet general education requirements, providing students with a unique and rewarding way to fulfill those credits. If you are interested in multiple areas of study be sure to consider these IDS learning opportunities next semester.

Making connections: Norcia Dinner with the Monks

Amy Pollard
Staff Writer

On Nov. 10, sixteen students and twenty monks sat down for a meal of spaghetti, salad, and student-baked goods at the Norcia Dinner with the Monks.

Held in the Spangler Conference Room and catered by Bon Appétit, the dinner provided a way for students and monks to get to know each other.

"They [the monks] were easy to talk to," says Sophia Donan, a Norcia resident. "They are really approachable people."

Conversations ranged from monastic life and the history of the Abbey to *The Avengers* and the latest Diablo game. Students appreciated the chance to connect with the monks.

"I was surprised how open they are to starting conversations and how interested they are in students," remarks Cody Gilomen, also a Norcia resident.

Garrett Mason adds, "It was great getting to talk to them outside of the mass and the usual, everyday environment."

The monks appreciated the dinner as well.

"It was a wonderful gathering," says Father Kilian. "One of the

things I was so impressed with was the number of students who planned to go home, but delayed their vacations to stay for dinner."

What Brother Ramon enjoyed most about the dinner was the fellowship. He explains, "One of the things about Benedictine life is that it's a community. You're not out there by yourself. You are with people."

This sense of community is vital for the Norcia Leaders Floor, a themed community on the first floor of Spangler Hall. Freshmen on the Norcia floor have assigned mentors who help them adjust to college life. Every Sunday, on a rotating schedule, a group of mentors and mentees prepares dinner for the whole floor. Besides this weekly community meal, the Norcia Leaders Floor performs service projects, participates in the Benedictine Leaders Program and holds floor events, including a storytelling night with Abbot Neal and Father Kilian in October. Throughout the week, students voluntarily join the monks for prayer with some attending morning prayer at 6:25 a.m.

"I go [to prayer] because whenever I'm there I feel at ease," says Dalia Pedro, a Norcia resident. "When I go up to the Abbey and pray, I find

peace and comfort."

Dinner with the Monks was one of the Norcia community's first efforts to meet and mingle with the monks.

"It went pretty smoothly," says Pedro, who helped coordinate the event.

Preparation went well, with students volunteering to set up and clean up.

"I got to work with Bon Appétit," says Mason, noting that staff and students worked hard to make sure the dinner was a success.

Overall, the Norcia Dinner with the Monks received positive feedback from monks and students alike.

"I enjoyed the opportunity for us monks to get better acquainted with the Norcia group," says Father Gerard, who is known to students as Father G. "It is this kind of organization that is the heart and soul of our campus."

One monk even wrote a letter to the Norcia community, thanking them for the opportunity to connect over dinner.

"It was a lot of fun," adds Gilomen. "I definitely think we should do this again."



Photo by Noah Caffrey



FASHIONATION

make the most of your fashion cents

Purchase a **\$50 gift card**
and receive a
\$10 gift card *Free*



Hours
Mon - Sat: 10:00 am - 8:00 pm
Sun: 11:00 am - 6:00 pm
5831 Lacey Blvd, Ste. J, Lacey, WA

FASHIONATION

make the most of your fashion cents

Brand Name Re-sale bargains at incredible discounts!
Discover your fashionality at Fashionation...
Like us on Facebook!

5831 Lacey Blvd, Ste. J, Lacey, Washington
Located next to the Lacey Post Office

Plenty of work remains after elections

Sarah Lillegard
Staff Writer

The presidential election this year brought many social issues to the forefront of American life. In addition to social issues, voters in the U.S. had to make tough decisions about fiscal policies as well, all while wading through the hype and the media confusion surrounding the true ideology of the political candidates on the ballot.

After all that, we as voters can settle down now to the reality that has resulted from our national and state elections.

The presidential election was the main attraction for many voters. It would be tempting to think that since we heard the candidate's positions for many months, we can pretty much assume what will happen in the coming months. However, this assumption would ignore the fact that most of what we heard during the elections was ideology and political planning. So, with that in mind, here is a look at what could be coming up in the next few months.

In the last few days, the term 'fiscal cliff' has often come up in the news. This 'fiscal cliff' is now the main concern of President Obama and all those responsible for solving it. Without some real consensus building and conflict resolution among the deeply divided factions in the legislative branch, the 'fiscal cliff' could become a reality. We might wonder at this point, what is the fiscal cliff? And why should we care? The 'fiscal cliff' is a somewhat dramatic term for the \$500 billion dollars in tax increases and the spending cuts which will take effect in the next fiscal year which begins on Jan. 1. It is the combination of these two things that is causing such a stir. According to the

New York Times, the chairman of the Federal Reserve, Ben Bernanke, coined the phrase 'fiscal cliff' and, more or less, the fear behind this so-called cliff is that we as a nation will go into yet another recession, although perspectives on how bad that would be vary (nytimes.com).

The interesting note about this financial news (and the above descriptions on the fiscal cliff are the least likely to bore readers to tears) is that partisan politics are what this potential crisis hinges on. The President has to deal with a fractured political environment that is made up of people who are divided by their ideology and only rarely united by what is seemingly an undervalued idea in our current political environment: consensus. So, while we wait for some agreement on national financial policies to take effect, state level policies are also in a legislative queue that will soon be something that voters will be able to take action on.

Here in Washington, on Dec. 6, King County plans to open the doors of its licensing branches at midnight to accommodate same-sex couples who wish to obtain marriage licenses (kuow.org). Also yet to be worked out are the rules and regulations that will cover the passage of I-502 which decriminalized the limited use and possession of marijuana.

Voters have a lot to look forward to in terms of new legislation and increased civil liberties, and much to be concerned about when it comes to the consensus building abilities of the officials who were voted into office. With civic duty in mind, now would be a great time to write local congressmen and senators and let them know how voters would like the 'fiscal cliff' to be handled.

Cloud 9: I call it a success

Jalen Penn
Staff Writer

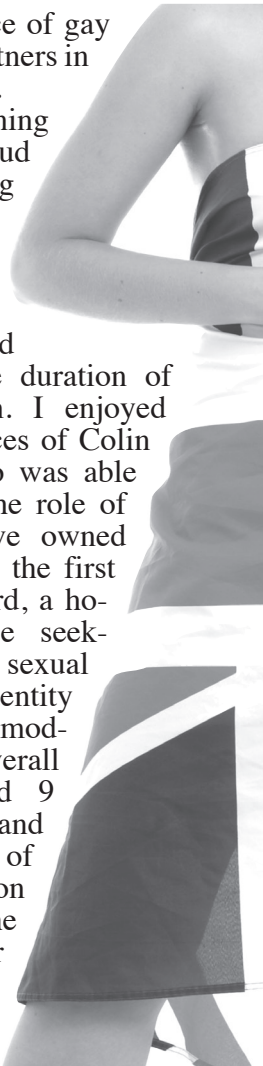
Caryl Churchill's "Cloud 9" is filled with love, lust, adultery, and most of all, confusion! This edgy production is not like the usual Saint Martin plays. It goes in depth about the emotional factors, tolerance, and intolerance that comes with sex. Even more, the play contains both heterosexual and homosexual couples.

What made the production interesting were the unique settings that are introduced to the audience. In act one takes place in a British colonial territory in Africa during the 1880's. The time period is essential because at that time it was a male-dominated society. Adultery was not as common, and it was not socially acceptable for there to be homosexual partners.

In opposition to act one, act two takes place during the time period of 1979. Although it is a big jump in history, the characters have only aged 25 years. In this act, each character is struggling to define their own identity, and some are questionable about their sexual interests. The more modern setting of the second act demonstrates the

slow acceptance of gay and lesbian partners in today's society.

From beginning to end "Cloud 9's" interesting views on customs and edgy situations kept the audience fascinated throughout the duration of the production. I enjoyed the performances of Colin Chambers who was able to play both the role of Joshua, a slave owned by a family in the first act, and Edward, a homosexual male seeking his ideal sexual partner and identity in the more modern world. Overall I think Cloud 9 was a success and was the type of edgy production that has set the foundation for other plays to come at Saint Martin's University.



R-74: Where do we go from here?

Jesse Lamp
Editor-in-Chief

While the world watched as America decided who would be elected to represent our nation for the next four years, I watched two things that I saw as more important (as I had already resigned myself to accept the fate that my vote for Gary Johnson would be to no avail, and my Dr. Price/Dr. Birkenstein Governor/Lt. Governor ticket did not look hopeful either). I watched the close contests over I-502 and R-74, Washington's proposed laws allowing limited legal possession of marijuana and same-sex marriage, respectively. Why was I watching these two things so closely? As I already mentioned, my presidential candidate was doomed to chalk up a loss, but more importantly, these two pieces of legislation, if passed, would assist other states in setting a precedent for the nation, would shift the gears of American history, and most importantly they would directly affect the students, staff, and faculty of Saint Martin's University.

I was pleased to see that Melanie Richardson, Dean of Students, sent out an email to all students on Thursday, Nov. 15 explaining, at least in brief, how I-502 would affect students and life on campus. In short, as would be expected, it doesn't. Because Saint Martin's receives funding from the federal government which has not legalized the use of marijuana, marijuana will not be allowed on campus, period. While Richardson does not directly say that members of the community cannot use marijuana off university property, she does urge caution. In the email she writes, "...marijuana remains illegal under federal law, and state law still restricts marijuana use in various ways. Individuals can be convicted under Washington law for using marijuana if they violate state restrictions." She then states that "employees should also consider carefully before engaging in off-campus recreational marijuana use," but this warning can and should be extended to all members of the SMU community. In short, if you are going to do it, be smart about it.

What has not yet been addressed (at least to my knowledge) are the implications of the passage of Referendum 74 which legalizes same-sex marriage. It was a heated race to the finish and the measure passed by a narrow margin, 53.35% to 46.65% according to the Secretary of State of Washington's elections website (www.sos.wa.gov/elections/). Also, a quick count shows that a majority of Washington's counties rejected the measure with 29 voting down and only 10 voting to approve it. This tells me one

thing; the real race is probably not over.

With a victory this close over a subject with as much emotional investment as this measure has, I am fearful of what may lie ahead. I personally support the measure, but I am also very aware that nearly half of Washington does not. What we need to keep in mind is this: whether we as individuals agree or disagree with the outcome, we as the collective residents of Washington State approved the measure, and it is our duty as a collective to take responsibility for our decision. This may sound a little preachy, but what I mean by this is that we have to protect those who we have served by passing this legislation. History shows us that simply passing a piece of legislation to change a law does not change the social atmosphere of a community.

When I think of where we go from here, I reflect back on women's suffrage, the civil rights movement, the recent actions of Florida's Pastor Terry Jones, and the funeral protests led by Westboro Baptist Church. Each of these most likely evoked some emotional reaction as they were read. The thought that women could not vote in this country, the idea that for some time, a black man only counted as 3/5 of a man or that he could not eat, drink, or sleep in the presence of a white man, the injustice and hate felt by a man who would burn the holy text of another people, and the hatred felt by those who would smite another at his or her funeral can make almost anyone wince in pain. Twenty years from now, will we add "when a gay man could not marry another man" to that list?

When we stand in the present and contemplate what the passage of such a measure means, we also need to look ahead and see what hurdles the road ahead of us holds. We need to acknowledge that there is hatred, intolerance, and a negative social stigma with the idea that one person can love and marry another person of the same sex. As with any social change, our growth into the future will not be without its pains. My hope is that we can move forward from here without hatred, without violence, and though we may not all agree, my hope is that we can respect the differences of those who most directly benefit from this legislation. My caution is to be alert for those who may seek to do harm. Hatred exists, and with the passage of such a contested piece of legislation, only time can tell how it will play out as society remolds itself to handle this groundbreaking piece of history.

Dearest friend...

Seth Hornbrook

August 13, 1981 - October 16, 2012

Seth,

It hurts me to see what has happened to you. This isn't the first time I have lost a friend. I fear that this will not be the last time either. We first met during my freshman orientation, and we shared our love for science fiction and creative writing, a course we would eventually share together later that year. I regret not saying goodbye to you after my departure. I also regret not going to your funeral. I guess it is because I am a true coward.

It is hard to live life while looking at the hardships of the world. To see good people like you pass while evil lives on and even flourishes. How those of us who survive stand in what's left and have to look at the wreckage and move on while acting like nothing ever happened. That is what the world expects us to do.

We can't simply move on, though. Not with a hole of this size in our lives. That is the burden that death gives to us. I understand, though, that this is only a taste of the burdens that the world put on you. You were given less than stellar odds and still remained optimistic. You still had hope that things would turn out all right. You struggled, you fought, and you tried to win. That is what made you better than most other human beings I have known, and one of the best students at Saint Martin's University.

Most importantly, though, was your ability to love other people for who they were. From the day I first met you, you showed me true friendship. All you had to do was say a few words to me, and already I knew that we would be good friends. You have no idea what sort of relief that gives a kid on his first day at a new school.

Seth, if there is any sort of afterlife. If there is someplace that people go after they die, please tell my father and friends that I love them. I'll be taking the longer route, but I look forward to seeing you again. Someday and somehow.

Love,

Ben

Photo courtesy of Jeff Birkenstein



Taking a Break from all your worries

Seth comes home from a Christmastime visit to Hawaii with a 1290-piece Harry Potter Lego set and a wide-brimmed hat made of palm leaves which he will not take off for what seems like days. He wears it with flannel pajamas when he asks to appropriate my sturdiest folding table, and I imagine him in it as he constructs his Lego set with impassioned fervor atop the table. And he's so proud of this thing that he positions it in front of his street-view bedroom window, so within a few hours the whole neighborhood has bestowed upon it what ends up being a Hogwarts-Death Star hybrid, a true feat of Lego engineering.

The night in December that Seth moved into my house, I didn't have the heat on because I wasn't expecting him for another few days, and I had been trying to save money while living alone -- which he'll later tell me is crazy, while trying to convince me that running the dishwasher on heated dry is one of life's many small pleasures, and not likely to be as expensive as I fear. So Seth positions his rocking chair, this old, creaking thing that's weathered four or five moves, into the corner of the living room and sits across from me and shivers. He's telling me that he suffers from anxiety, that he's on this and that medication, that it's always been a problem but it's not a problem, really, or anyway it won't be for me. And this is as much news to me as it is not, because I've known Seth for a little while and from the start I recognized in him a deep, wrenching need for comfort.

Because Seth is always wrapped in fleece, or his flannel pajama bottoms, or my heavy knitted blanket. And he hangs on to these small talismans like the palm leaf hat that remind him he has good friends; and he likes it when the house smells like cinnamon or like chocolate chip cookies, and especially when it smells thus because someone is cooking for him; and he clings to Star Wars and Harry Potter and familiar, comforting worlds that have yet to fade into nostalgia because of how hard he fights to keep them alive.

Because Seth wants badly to be happy. Seth is fighting like hell to be happy.

He's not happy, of course, which I could've told him would've made him a great writer except suicidal depression is not the kind of thing I like to encourage, and also he hates Hemingway. At this time Seth likes to write science fiction, but he could break our hearts if he'd put to paper the story about his ex-girlfriend taking their German Shepherd when they split, this dog that he loves like his firstborn child. But I only get to support his writing up to the point that he emails me what is effectively a suicide note in the guise of a creative nonfiction assignment, this startling piece of excellent writing, visceral and elaborate and haunted. I feel ill, reading it, which is the point. And I will never forget how he feels about death; how dying felt to him, the first time.

Embarrassed, maybe ashamed, he never let me read his writing again. He moved out a month later.

That was two years ago. Two months ago he sees me on campus from his table in the Monk's Bean and runs, full sprint, out of the café, shouting my name across the lawn. He all but vibrates with energy and excitement. He tells me he's taking Creative Writing again and even, yes, even a class with Dr. Mead. He's here with friends, he says, and needs to get back, but it's so good to see me. We need to catch up, he says, when I get back from my trip out of the country.

But I'm home for all of four days when I get the news. His account of his first suicide attempt runs through my mind on a loop, still. And it stands totally at odds with the image I have of this kid huddled in his rocking chair with a space heater and a Star Wars novel, telling me I need to let loose and enjoy life's small pleasures, like World of Warcraft, and running a dishwasher on heated dry.

~Ericka Manthey

Dear Seth,

Hey buddy, I know this is played out, but I really do miss you. Your honesty and trustworthiness are valued greatly and I cannot help but to realize how difficult it is to find a good friend. The day you passed, I certainly lost one of the very few friends I have. I will never forget the summer we spent together, how we were able to open up to one another and help each other work through our struggles. Seth, you are the type of person who gives me hope in humanity. I am not only working through losing you, but trying to piece together what little faith I still have left. I am sure if I told you this in person you would laugh and call me ridiculous, as you usually would. The truth is that as the beautiful people leave, the world gets a little more sinister. Thank you for taking the time to show me how beautiful life can be.

Cassidy

Dear Seth,

I'm sorry you have left us. I have been thinking a lot about what it means to leave "too early." Ultimately, I've decided that this is too difficult an idea for me to figure out. Maybe we are all here the exact amount of time that we should be. I don't know. But here's something I do know: you matter. You matter to the students with whom you connected. You matter to me, as a teacher, not only because you were always challenging me with questions of process and content, but also because you are a student who cares. Every teacher wants—needs—students who care. You care about writing, about helping others, about your education. To know you for only a little while is to see all of these things immediately. You will not be forgotten.

Thank you, Seth, for sharing some of your time with me.

Jeff Birkenstein

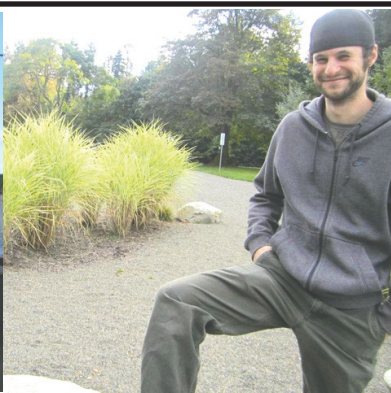
Seth,

You're an amazing man, one I cared for deeply. I've never lost someone as close to me as you are, so everything I feel is new and scary to me. When I first found out you were gone, after shock wore off, all I could think about were memories of you. Mostly how silly and childish you were. Your love of Star Wars, Harry Potter, and young adult novels; climbing on things; the fact that you got a Hot Wheel every year for Christmas from your mom (except for two years ago, but that mistake was corrected). Now I just think of how much I miss you. Knowing you'll never be there to make new memories is perhaps the hardest part. Or that it's more than likely that no one will ever wake me up singing songs from The Little Mermaid in my ear. And I so badly want to remind you of all that, of how much I care about you. But I know you knew, because you were the one to tell me how I felt before I could figure it out for myself.

-Nikki

Photo courtesy of Jeff Birkenstein





Photos courtesy of Cassidy Choi

Seth Hornbrook and the Belltower Letter

By Anna Minor

"...it will sadden me, but life still goes on and I will continue to smile" was a quote from a paper Seth wrote that he sent to me to edit shortly before he died. These words perfectly capture the person Seth was. Heartbroken but his beautiful smile hid his pain. I miss his smile and his laugh; I miss my friend.

Seth was one of my best friends. I am Anna Minor and I met Seth in creative writing class at Saint Martin's in the spring semester of 2011. He quickly became my closest friend. When Seth came into my life, he brought me friendship and joy. Before Seth, I was a lonely lost girl. After Seth, I am a lonely lost girl. But while Seth was alive and while he was my friend, I was happy and found.

I was asked to write a letter to Seth. I was honored to do so, to help celebrate the life of my wonderful friend. The Belltower was looking for a short letter to Seth, about five sentences or so, and somehow all of this is what ended up being written in my chicken scratch handwriting in my journal.

Whenever I see a big silver truck, I think of Seth. This was true before his death. I would see a big silver truck and try and crane my head to try and see if Seth was driving. Now when I see a big silver truck, I have to remind myself that Seth is dead.

This is a thought that plagues me now. I'll be out about or home alone and the abiding thought flutters through my mind, "My friend is gone."

Seth was an amazing human being who would not want me to be so heartbroken because of him. But Seth's life was bright and fleeting and he deserves to be mourned, and I cannot help but feel crippled by this great loss. His inner child shined through. He loved others with a passion and made everybody he talked to feel special and connected to him. He loved playing with Legos and reading and writing children's and young adult literature. He particularly loved Harry Potter as well as Star Wars.

When Seth died, he left me three books. Not intentionally, he had let me borrow them and I had yet to return them to him. They will serve as reminders of my friend. The Hunger Games, Artemis Fowl, and James Potter and the Hall of Elder's Crossing have a special place right by my laptop along with a card Seth gave me for graduation.

Seth and I were good friends and writing buddies. We were working on a novel together. Seth has read more of my works than any of my other friends. However it seemed as though everybody was Seth's friend. Everywhere we went, we always bumped into somebody he knew or he befriended some stranger. He was outgoing and charismatic with warm, kind eyes, that and a goofy smile that I will never forget.

Seth was beloved by his family, his friends; any community that Seth was in treasured him. Seth loved people. He loved being with others and loved with such conviction. His enthusiasm and laughter were contagious. My world was a better place because he was in it; the world was a better place because he was in it. I loved him.

Now that Seth is gone, the world has that much less wonder, that much less magic.

Dear Seth,

I honestly cannot imagine what my life would be like without having met you. Ironically enough, your life, as well as death, have both been blessings in disguise. Through this extraordinarily painful aching in my heart, I have become more resilient, wise, and confident in the direction I am headed in life. You have alleviated any apprehension for the future I was feeling before and have given me a new hope and inspiration for my vocation, as well as a new appreciation for the relationships I have with others and the ones I have yet to create. I truly believe that you were and still remain my guardian angel. Continue to watch over us as we continue to keep you alive through all of those wonderful qualities we loved about you in our own daily lives. I will remember you happily through my thoughts and prayers, always and forever.

With all my love,

Brittany



Photo courtesy of Anna Minor

Dearest Friend,

I miss you. I'm sure you know that though. I've thought about you nearly every day for the last month, and that helps some. I found out that I miss your positivity, pushiness, and smile. When you could be, you would push your friends to be better, thus the pushiness comment in the last sentence which I'm sure you won't take that as an insult. You were always about making people better, getting them to be stronger and braver than they thought they could be.

Your smile was amazing. It could light up the whole room. Even though that's one of the worst clichés ever, I have to say it. As I look back to that overcast summer day, I remember when I first saw you and your smile as you talked to the boy next to you. I thought you were a freshman, just like me, well, obviously you were, but you're ten years older than I am. No one knows it just to look at you though, and you certainly never believed you were that old.

Legos and Harry Potter must inevitably be brought up. It's rather silly, you know. One of my thoughts in those first days after you left was, "What on *earth* are they going to do with all those Legos?" You had so many, and you always wanted friends to come over and play with them and help you build all sorts of different things. I remember your paper for class was about Legos. The Victorian Era Orientalism expressed by the Indiana Jones Lego set. I couldn't help but laugh long and hard at that because I know how much you adore them. The sheer joy of hearing you talk about the Harry Potter castle set of Legos and how you put the whole thing together and took it apart again, then bought an extension set with money you couldn't really afford to spend on Legos, and then put the whole thing back together was priceless.

You remind me in so many ways of Matt Smith, the actor currently starring in *Doctor Who* (and for those of you who don't know it, you should go find out). He reminds me of you because he's totally insane. Instead of letting death and danger wear him down, he gets crazier and more awesome and boldly goes where no one else dares to tread. You two even look similar. It's uncanny. It really is. The Doctor has been described as "An annoying cross between Sherlock Holmes and the Mad Hatter" and some days that is a perfectly accurate description of you. You turn up suddenly in my life and the whole thing leads in directions I never expected.

Thank you for being there for some of it, even such a little part. I know I shut you out, but I also know you understand why. It was pretty obvious. I'm sorry I couldn't be there for you this time, and I know you don't want me to feel bad. At least in my life, you taught me to understand, to love, to care, and, most importantly, to live. Every day.

Yours, as always, dear friend,

Megan



Juniors CJ Chu (#7) and Dylan Gaydosh (#11) recieve honorable mentions. Gaydosh was also the Saint’s Goal leader with eight goals and two assists this season.

Four women’s soccer players make All-GNAC teams

John Hamman
Staff Writer

The Saint Martin’s University Women’s soccer team ended their season in heartbreak. The Lady Saints played at home against the Crusaders of Northwest Nazarene University to a draw, 0 – 0 in double overtime. The draw knocked the Saints out of a potential bid for the GNAC tournament. The Saints offense was led by Caley Wiseman and Nicole Nedervelt, both with four shots and the Saints defense was led by the keeper, Ashley Engel, with five saves.

The Saints played at home again and drew, 1 – 1, against Montana State University – Billings. MSU-B jumped out to an early lead scoring in the seventh minute of the match, but the Saints struck back in

the 49th minute off of Wiseman’s foot. While Billings had more shots in the match, the Saints had better quality shooting with 40% of their goals being on target. Engel had a phenomenal day in goal making eight saves.

Four players were placed on All-GNAC teams. Wiseman was given second team honors and was picked for Academic All-GNAC for a third straight season. Engel earned honorable mention for the third time in her career. Also earning honorable mentions were Nedervelt and Ashley Richardson for her second consecutive season. Richardson was also an Academic All-GNAC selection.

The Women’s Soccer team finished the season (7-9-2, 5-7-2 GNAC).

Top 5 Offensive leaders for the Women’s Soccer team this season

Player	Goals	Assists	Shots
Caley Wiseman	3	5	31
Abby McFaul	4	0	5
Nicole Nedervelt	3	2	32
Ashley Richardson	3	1	18
Sasha Dini	2	2	14

Three men take honors for SMU soccer

John Hamman
Staff Writer

The Saint Martin’s University men’s soccer team wrapped up their season with a battle against Western Washington University’s Vikings at home, but lost 1-5. The Vikings got out to an early lead scoring in the sixth minute. The Saints’ Dylan Gaydosh answered in the eight minute to tie up the score, but in the 20th minute the Vikings scored again, leaving the Saints at a 2-1 deficit at the end of the first half. The second half of the match was controlled by the Vikings when they scored in the 65th, 71st, and again in the 74th minutes.

The men then took on the Seattle Pacific Falcons in Seattle and lost 0-5. The first half of the match found both teams scoreless, but the second half was a different story with the Falcons scoring in the 46th, 56th, 76th, 78th, and in the 84th minutes of the match. The Saints struggled offensively totaling just three shots in the match to SPU’s 32 shots.

Brandon Scott earned second team All-GNAC honors; he was also a two time honorable mention All-GNAC pick. CJ Chu and Dylan Gaydosh both earned honorable mention honors for a second straight season.

The Men’s Soccer team finished (3-15, 2-12 GNAC).

Top 5 Offensive leaders for the Men’s Soccer team this season

Player	Goals	Assists	Shots
Dylan Gaydosh	8	2	50
Nate Barber	4	3	14
CJ Chu	3	0	35
Brandon Scott	1	4	24
Matt Olson	1	1	8

Saints Volleyball struggles as the season closes



Freshman Shea-Lynn White (#21) goes up for the spike against Central Washington defenders as Kyra Davidson (left) and Symbree Decosty (center) look on.

Cameron Grossaint
Column Editor

The Saint Martin’s University volleyball team continued to struggle through the first half of November as their season winded down. The Saints started off the month by traveling to Seattle Pacific University on Nov. 1 where they were shut out 0-3. The Saints continued the road trip on Nov. 3 to Billings, MT where they played Montana State University-Billings. Katy Ferguson had a good game, leading the Saints in kills with 14 and tallying six blocks. Cymbree Decosta also had a good game with 22 assists on the night. The effort was not enough however as they lost to the Yellow-jackets 1-3.

On Nov. 8, the Saints came back to Lacey to face off against Central Washington University where the Saints dropped their fourth straight game, losing 1-3. Because the high

school state volleyball tournament was hosted on campus, the Saints faced Northwest Nazarene University at Capital High School on Nov. 10. The Saints were blanked, losing 0-3. The Saints went south to Western Oregon University on Nov. 15 where they played the Wolverines. The Saints were again shut out, 0-3.

The women faced Western Oregon again for their final game of the season in Marcus Pavilion on Nov. 17. The Saints put up a good fight, but dropped the match 0-3. Kristyn Ross led the women with 11 kills and 13 digs while Decosta posted 23 assists.

It was also senior night, and the lady Saints said goodbye to their two graduating seniors, Teilissa Tua and Katy Ferguson.

The Saints also posted four players to the All-Academic conference team, Biology majors, Kristyn Ross and Teilissa Tua, and Education majors, Halee Hernandez and Katy Ferguson.



Graduating keeper Ashley Engel led the women’s defence against Northwest Nazarene with five saves.

Saints new athletic trainer

Joey Keeton
Staff Writer

This year SMU has welcomed a new athletic trainer. Alice Loeb sack, a San Jose State University graduate, worked at Vanguard University for two years and Pacific Lutheran University for three years before coming to Saint Martin's.

Loeb sack describes her experience at SMU as "really fun" and says it is "similar to what I've worked in, really having that small school mentality where you get to actually know the athletes and everyone is very involved in the athletic community, not just the athletic department."

Athletic trainers do a variety of medical procedures from icing and heating to helping treat concussions. They also help with preventive treatments so an injury will not progress further. They help also athletes work through the rehabilitation process, pre-surgery conditioning, and even help athletes know more about nutrition. Trainers are also licensed medical professionals in the state

Photo courtesy of SMU Athletics



Alice Loeb sack comes to SMU with years of experience from Vanguard and Pacific Lutheran Universities.

of Washington. They need to know many medical skills, and can treat concussions without having to seek additional care.

"We are trying to create a top medical facility here with great care," says Loeb sack. "We want the students to have accessibility here."

SMU is fortunate to have trainers that care so much about the school. Trainers are available for assistance and can be found in Marcus Pavilion Monday through Friday 11 a.m. to 6 p.m.

Cross Country members earn academic honors

Joey Keeton
Staff Writer

The men and women of the cross country teams recently went to the GNAC conference in Monmouth, OR where they displayed major improvements from last year, going up against the top teams in Division II. The team placed 10th overall, and is looking to have some great years ahead. The men, led by Joseph Patti who ran nine seconds faster than last year and ended up placing 37th overall, showed significant improvement over last year's times. Joe Berger improved his time by 17 seconds and placed 53rd overall

while Frank Krause landed in 84th overall with a two-minute improvement. The women were led by Erika Crock who was a top finisher and ran a minute faster than last year, placing 68th overall and ran just over 24 minutes. Ashley Llapitan had a huge two-minute improvement from last year. Jennifer Hick ey also shaved nearly three minutes from her time last year as well. The Saints also had five members make the All-Academic conference team. For the men Joe Berger, Alex Nelson, and Frank Krause made the team while Joseph Patti repeated for the third time. For the women, Betty Ramirez made the team.

Photo courtesy of SMU Athletics



Joseph Patti (center-left) finished first for the Saints at the GNAC conference in 37th place. Joe Berger (center-right) followed him, taking 53rd over all.

Women's basketball makes the most of rough start to season

Caley Wiseman
Column Editor

The women's basketball team started their pre-season play tallying two close losses and a win. In Monmouth, OR the Saints had a pair of tough losses to Cal Baptist University and Hawaii Pacific University. The lady Saints trailed Cal Baptist by only one point at the half, 31-30. Erika Wilson and Brooke Paulson helped the Saints pull ahead early in the second half with a four-point lead with 18:45 remaining on the clock. A four-minute scoreless period put the Saints in a deficit they would not recover from as Cal Baptist pulled ahead and grabbed the win 63-50.

In the second game, Junior Chelsea Haskey picked up 13 second-half points pulling the Saints closer to Hawaii Pacific. Returners Paulson, MacKenzie Taylor, Jordyn Richardson and Wilson all had points to help the Saints lead the Seawarriors 34-33 at the half. The Saints went on a 14-2 run led by Paulson in the second half just before the Seawarriors answered with an 11-2 run.

With just under five minutes left in the game, Hawaii Pacific sunk a game changing three-pointer as the Saints were unable to catch up, falling to the Seawarriors 69-67.

Despite the rough start to the season, the lady Saints picked up their first win against the Evergreen State College, 47-37. The Saints defense held the Geoducks to a close first half, just barely pulling ahead before the clock expired. Sophomore Jori Skorpik sank an important three-pointer at the 12:02 mark which lifted the Saints to a 12-point lead. The Geoducks were unable to recover from the lead as the Saints held their first victory. Paulson led the Saints with 12 points, two assists, and two steals. Taylor also tallied nine points and seven rebounds. All-GNAC pick Haskey added eight points and seven rebounds for the game.

The lady Saints will take on Carroll College before starting conference play on Nov. 29 at Simon Fraser University.

Men's basketball has strong start to preseason

Caley Wiseman
Column Editor

The Saints men's basketball team kicked off their pre-season at Boise State University in Idaho and then Washington State University in Pullman. Although Boise State went ahead to a 75-55 victory, the Saints shot over fifty percent in the first half and outscored in the second half giving the Broncos a run for their money. Senior Roger O'Neil led the Saints against the Broncos with 14 points, three rebounds and two assists. O'Neil was an All-GNAC pre-season pick this year. Also scoring eight points for the Saints was Sophomore Will Bond.

The Saints then travelled to Pullman to play another close game against Washington State University. For the second game in a row, O'Neil steered the team with 13 points and three assists. O'Neil sank a three-pointer as the clock expired leaving the Saints trailing by only two points at half. Senior Matt Dodson added 11 points and six rebounds. The Saints took the lead back in the second half with the help of O'Neil and Dodson, but came up short, falling to WSU 62-50 in the end.

The men grabbed their first win of the season against Hawaii Hilo with a final score of 76-67. This time,

Junior Evan Coulter held the lead with 13 points. Other key players in the game were Junior Tyler Idowu who tallied 10 points and four rebounds, and Senior Brady Bomber with nine points, eight assists, and five rebounds.

The Saints came out on top again against the Evergreen State College. The men nearly doubled the field goal attempts of the Geoducks but were unable to connect as many shots as they would have hoped. Despite the inconsistency in shooting, the Saints finished the game with a 66-50 win. Transfer Rei Jensen finished the game with 11 points, eight rebounds, two assists, two blocks, and two steals. Freshman Lucas Shannon also made an appearance with 11 points and five rebounds. Coulter also shined for the Saints with 13 points.

Travelling to Western Oregon University for the Phoenix Inn Division II shootout, the men picked up a win against Notre Dame De Namur after dropping a game to Emporia State University with scores of 61-45 and 56-64, respectively.

The Saints return to Marcus Pavilion to face Northwest Christian University on Nov. 20 for their final preseason game before conference play begins on Nov. 29 at home against Central Washington University.

Release your inner Yogi for charity

Clarissa Strayer
Staff Writer

On Saturday, Dec. 1, at 10 a.m., Saint Martin's yoga instructors, Becky Traber and Lisa Banks, will host a special yoga session to benefit Concern for Animals (CFA). Becky came across the CFA while reading Pet Connection Magazine, and thought that the mixture of yoga and helping animals in need would create an opportunity for the Saint Martin's community to enjoy the benefits of yoga, while supporting a good cause. The local non-profit, charitable organization, CFA, seeks to raise money to support their services such as animal adoptions, a food bank for animals, and procedures such as vaccinations and spaying and neutering. Students, faculty, staff and the community are welcome to come practice yoga at the Charneski Recreation Center, to promote this charitable cause. The event known as Tails & Tranquility is in its second year at SMU. The instructors suggest a \$5 donation, which will go directly to CFA. Although led by Traber and Banks, Saint Martin's students will assist in the yoga session. Traber instructs a UNI 101 class, which focuses on the benefits of practicing yoga. Every

UNI class requires students to participate in at least one service project during the semester. Traber's students will attend and help at the event as their community service project. Many students in Traber's class had never participated in yoga before taking the class. One of these students, Constance Uribe, urges other students to test out yoga. So far, she has had a wonderful experience in the class and thinks all students would benefit from the outlet yoga provides for emotional, spiritual, mental and

physical growth. "Yoga offers students a chance to step outside of themselves and look at life from a new perspective" she says. She further explains that it makes the stressors of life, such as homework deadlines, disappear and provides an essential time of peace. Uribe has high hopes for the Tails & Tranquility benefit and wishes to see her peers come and experience the joy of yoga, while simultaneously benefiting the wellbeing of animals in the area. With the goal of raising money for CFA, the event is just in time to get the SMU community in the holiday giv-

ing spirit. "I've been wanting to do more with yoga in addition to teaching, and to give my services to an organization that helps animals in need," says Traber. "CFA and a yoga benefit seemed like a perfect fit." She urges attendees to donate in someone else's name as a Christmas present. If you have family or friends who, instead of wanting gifts would like donations to be made in their name, this is the perfect opportunity to do so. A few members of CFA will sit at a table near the Rec Center's front desk to provide information about the charity and receive donations. The event brought out about 25 people last year, and Traber is hoping even more will participate this year. In addition to Tails & Tranquility, Traber and Banks also lead regular yoga sessions during the week. On Mondays at 6 p.m., Traber leads class. Banks has classes on Tuesdays and Thursdays at 11:30 a.m. The Tail & Tranquility yoga session is an excellent opportunity for all of SMU's community members to experience the joys of yoga while also helping animals in the local area. For more information, contact Traber at Rebecca.Traber@stmartin.edu



Events abound to relieve end of semester stress

Clarissa Strayer
Staff Writer

As the Saint Martin's community finds itself inching closer and closer to finals week, the stress seems to rise each day. With approach deadlines for end of term papers, final exams and presentations, students can begin to look forward to the stress relievers being prepared for on campus. Campus Life, PROS and other campus organizations at SMU will host numerous events from Monday, Dec. 3, until Sunday, Dec. 9, as a way to distract students from finals and allow them to take a little break. Even if only for an hour or two, all students can take some time off from studying to participate in the last week events for the semester. Although the last two weeks are the most dreaded weeks of the semester, it

is essential that students allow some time to relax and have some fun. Luckily, the SMU community provides various opportunities for students to distract themselves from final exams. Whether the break involves watching the women's basketball team play on Wednesday night, or getting some late night brain food at the RHC Pancake Breakfast, pre-finals week is complete with food and activities. Force yourself to pull your head out of the books and come see what these last weeks events have to offer.

Monday (12/3)	• Saints Adventures Climbing Night, 8-10pm at Warehouse Rock Gym
Tuesday (12/4)	• Krispy Kreme Night, 10pm in the TUB
Wednesday (12/5)	• Commuter Student Lunch, 11:30 - 1pm in the TUB • WBB Game v. PLU, 7pm in the Pavilion
Thursday (12/6)	• Stress Reduction Day, 1-4pm in the TUB • Tree Blessing and Christmas Carol Sing-Along, 7-9pm in the Pavilion
Friday [St. Thomas Aquinas Study Day] (12/7)	• Exam Jam, 2-5pm in the TUB • Saints Adventures Ski/Ride at Crystal Mountain
Saturday (12/8)	• Jingle Bell Run, 10am at the Pavilion
Sunday (12/9)	• RHC Pancake Breakfast, 11pm in the Baron Great Room

Sprint your way into holiday spirit

Rae Pennock
Managing Editor

The Office of Institutional Advancement is pleased to present the first Jingle Bell Run 5K to Saint Martin's University and the Lacey Community.

Brenna Batchelor, Alumni Relations Manager, says "Saint Martin's is such a beautiful campus, and we wanted to showcase that to the community and have a fun holiday kickoff."

Students are highly encouraged to attend, especially because the

proceeds of the event will benefit many students.

"All proceeds from the event will benefit the athletics department and help support our saint athletes," Says Batchelor. She also encourages runners to promote the holiday spirit by dressing up in festive clothes for the occasion.

The Jingle Bell Run will take place on Saturday Dec. 8, and day-of registration starts at 8:30 a.m. The race begins at 10 a.m. It is a 1.5-mile course, starting and finishing at the Marcus Pavilion; two laps of the course make it a 5K. According

to Batchelor, Julie Sullivan, SMU's cross-country coach, helped design the course, and it will show off much of the campus.

The entrance fee for students has been dropped to \$1, but that does not include a long-sleeved t-shirt. If students wish to buy a t-shirt, they can be purchased for \$12. For military the cost is \$30 (t-shirt included), and for community members it is \$35 (t-shirt included). Kids eight and under are free to run with a parent or guardian. Pre-registration ends Dec. 6, so hurry and sign up!

At the finish line celebration in

the Marcus Pavilion, prizes will be given to overall winners, the fastest person with a stroller, and best costume as well as first and second places in each age group. The celebration will feature cookies and cider, and a visit from Santa for the kids.

Puget Sound Energy is the presenting partner, and L&E Bottling Company will be providing all the water.

For more information and to register or volunteer visit www.stmartin.edu/jinglebellrun

If you can't make the Jingle Bell Run, try out the Reindeer Run!

Rae Pennock
Managing Editor

The Olympia/Lacey Crime Stoppers are fundraising with another certified 5K, the Reindeer Run, as well as a free one-mile Candy Cane Race, sponsored by the Hands On Children's Museum. All proceeds will go to helping Crime Stoppers help the community.

The Reindeer Run begins at 9 a.m. on Dec. 9, with registration starting at 7:30 a.m.

The 5K costs \$30 and includes a long sleeve tech tee and jingle bells to attach to your shoes. The course begins at the Hands On Children's Museum in Olympia and goes along

the waterfront on East Bay Drive. The free Candy Cane Race follows the start of the 5K and is only a one-mile course.

The Hands On Children's Museum will be providing activities for children and Santa may be stopping by. There will be a post-race reception in the museum with cookies, candy canes and cocoa. Prizes will be given for the top runners in each age group.

Saint Martin's joined the Crime Stoppers, a non-profit organization designed to help communities keep themselves safe through such activities as providing rewards for tips leading to arrests and other community-oriented policing

activities, in 2007. Crime Stoppers is also supported by the Race

Against Crime, held annually in August. Saint Martin's University's Director of Public Safety, Howard Thronson, is on the Board of Directors for Crime Stoppers, and the Office of Public Safety encourages students to take part in this run and get involved in the greater Olympia/Lacey community.

For more information visit www.crimebusters.org/reindeer-run



To register you can go to the South Sound Running Store in Olympia or online at www.active.com/running/olympia-wa/crime-stoppers-reindeer-run-2012

SAINT MARTIN'S
Jingle BELL RUN 5K
PRESENTED BY PUGET SOUND ENERGY
Saturday, December 8

Seeketh the Saint

S L E E H R E V O D A E H A R T S W A L K J
R Q T H G I L D N A R E W O P A I P M Y L O
O L Y M P I C F L I G H T M U S E U M A P Y
C R Y S T A L M O U N T A I N L V T V D N V
T A S T E O F C U L T U R E R Z D I B U M G
I R G L T R R A C E A G A I N S T C R I M E
K J E W C B I V P N E S L O L S L L Y O R J
A Y Q G Q A N A N S E K S I E A L E L J T L
Y W T Z A L P Q F N R I A F M E K Y Z M R N
I F N M M L N I A N A A T L B E M E G T U Q
R P A B N X S L T M U A S E L P B S F S I E
E W Y R G T C I E O O F L E I O T E T A L K
T Q M T M E O T X B L G Y A A A T H R D I E
Y S Y O T E I R N T N T T E O C G I E R C R
P N K Z U T R O T I E O H G C I E E P A Y B
P M A A E N G S J Y Y E G E N A N L L A G Q
A L E P T A T B M R E N N D A E L P T M C B
H B A C R E M B U A I K I R C T S D B T B R
X L R D O L L N A C R M R A D E E G T G I Q
Y L P T M N K A N K Y K P U K D N R G V Y L
J V N L L R I A N R E S E I T N J M X J R G
B W M L N M D S B D X R P T M G L Q D J Q T

Here is your chance to win **FREE COFFEE!** Dancing Goats Coffee Bar has generously sponsored this month's "Student Activities Page" again. Complete the Word Search AND the Crossword and turn it into to our office in Harned Hall, room 200 (just slip it under the door if we are not there) to **win a \$10 gift card**. A clue about the Word Search: As you may have noticed there are no words next to it because the answers to the Crossword are hidden in the Word Search, so all you have to do is complete the Crossword and the Word Search should be easy.

Don't forget to put your name on the completed page when you drop it off! We will draw an entry at random on Friday Nov. 30, and if the entry is filled out *completely* and *correctly* that person will receive a \$10 gift card to Dancing Goats Coffee Bar.

BONUS: We have an extra gift card from the Dancing Goats because of the glitch in the first issue. So, as a bonus activity, there is a disembodied shoe somewhere in this issue; the first person to tell us where the shoe is gets our extra \$10 gift card. When you find it, send an email to the editor at jesse.lamp@stmartin.edu Good Luck Saints!



DANCING GOATS COFFEE BAR

4219 6th Avenue SE | Across from Transit Center on 6th Avenue

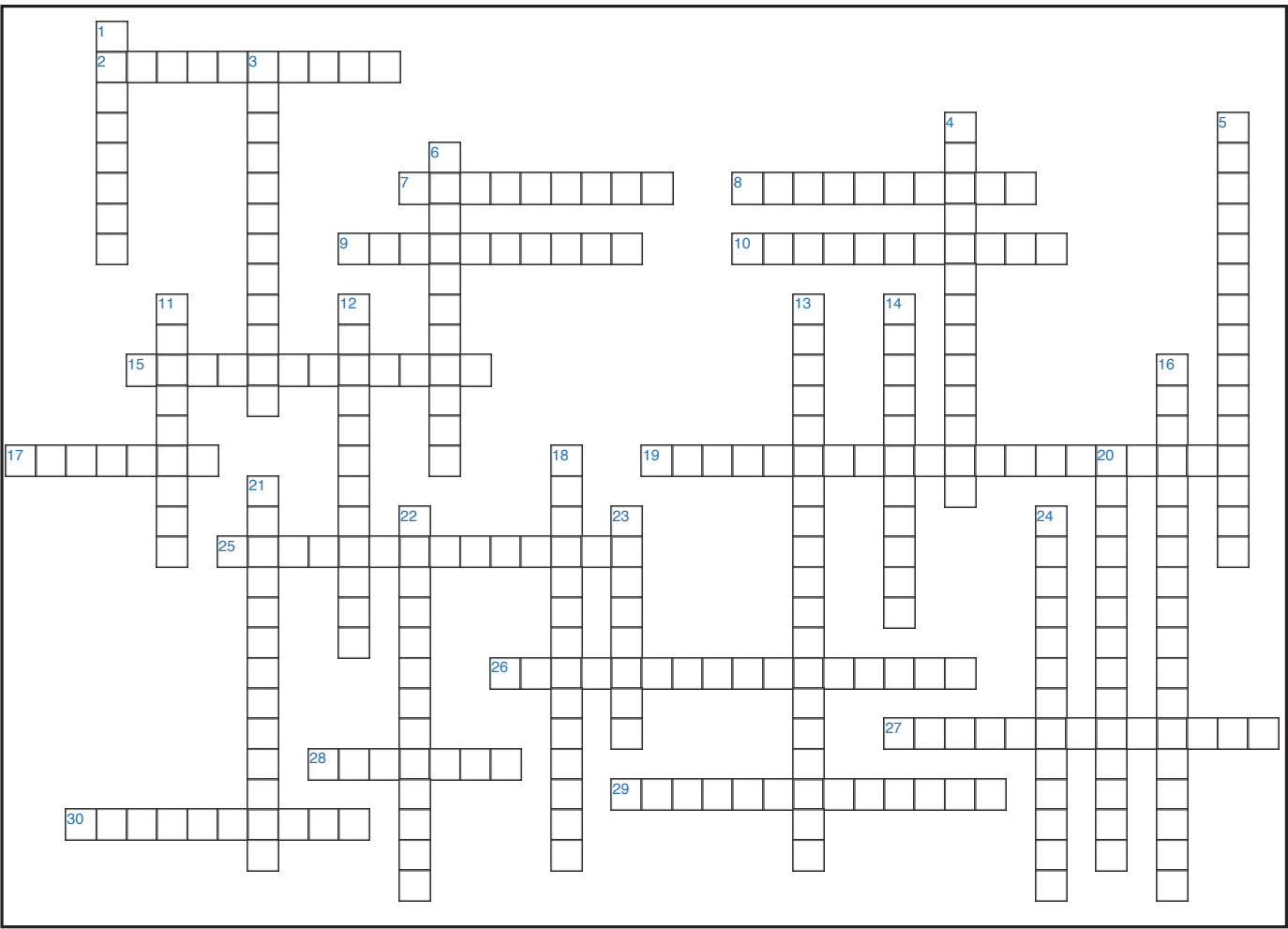
Hours: M-F 7am - 5pm | Sat. 8am - 3pm

(360) 359-4622

SMU'S CLUES: OUT & ABOUT

- ACROSS
- 2 local bowling
 - 7 Brand new Frozen Yogurt
 - 8 Olympia's Thanksgiving 4-miler
 - 9 Hit the slopes
 - 10 Spinning restaurant tower
 - 15 Belltower's favorite coffee place
 - 17 Jewish cuisine in Olympia
 - 19 Oly's independent news
 - 25 Downtown theatre
 - 26 Crime Stoppers August Fundraiser
 - 27 Closest pizza place
 - 28 SubWay's local cousin
 - 29 Near-by affordable teriyaki joint
 - 30 Seattle's famous market

- DOWN
- 1 5 day festival in July in Olympia, including a parade and scholarship event
 - 3 Family fun event held at SMU in May
 - 4 Shop local vendors in downtown Olympia
 - 5 Fresh powder
 - 6 Where Cloud 9 was presented
 - 11 Let's go skating!
 - 12 Five-dollar tickets at the TUB
 - 13 Established in 1998 at the Olympia Regional Airport
 - 14 Oly's dammed water
 - 16 take to the water in this SMU sponsored event in Olympia every spring
 - 18 Everyone's favorite International Education Week event



- 20 French Restaurant in Olympia
- 21 _____ Christmas Bazaar held at Faith Lutheran Church
- 22 Lacey-Olympia motorcycle Christmas charity run
- 23 semi-annual event in downtown Olympia featuring local artists
- 24 Office of Institutional Advancement's December fundraiser for athletes

Congratulations to the new Society of Fellows members!

Photos By Jesse Lamp



From left to right: Dillon Linhart, Natasha-Amber Sensano, Anne Marie Petrich, Pat Carroll, Caley Wiseman, Joseph Patti, and Senior Fellow Dr. Richard Langill. Not Pictured: Michael Vandehey, Lindsay Endress, and Jeff Suwak.

Congratulations to Dalia Pedro



Dalia Pedro won the **\$10 gift card to Dancing Goats Coffee Bar** from last month's Student Activities Page!

Pedro is a freshman at SMU, majoring in Sociology. She is originally from Burien, WA, and lives on the Norcia Leaders Floor. Pedro is also a Benedictine Scholar and a member of the Latino Student Alliance as well as the treasurer of HANDS.

Apart from the many activities Pedro is involved with, she loves to hang out with her friends and attend campus events. She enjoys watching chick flicks, baking, and listening to a variety of music. She is also a coffee lover.

Dalia successfully completed the Student Activities Page, and we commend her on her efforts and dedication! Congratulations Dalia!

Editor's note: Where is the shoe?!

Hello Saints! If you haven't checked out our Student Activities Page yet, now is the time to do so! We have two (yes two!) \$10 gift cards to the Dancing Goats Coffee Bar to give away! Complete the Activities page to receive one of them, your other chance is to find a disembodied shoe somewhere in the paper; the first person to tell us where the shoe is gets the other gift card.

On another note, I would like to remind you all that we want to hear from you! Your feedback matters to us; let us know how we are doing and what you want to see in the paper. If you have an opinion you want voiced, write a letter to the editor, and send it to jesse.lamp@stmartin.edu.

As it is the Thanksgiving season, The Belltower would like to thank all of our readers for picking up the paper! This paper is for you, and it makes us happy to see the news stands empty so THANK YOU for picking it up and reading!

~ Rae Pennock, Managing Editor

GA&B's

OLYMPIC

CARDS & COMICS

4230 PACIFIC AVENUE • LACEY, WA 98503 •

STORE HOURS: MON. 10AM-9PM • TUE.-SAT. 10AM-MIDNIGHT • SUN. 10AM-6PM

THE SOUTH SOUND'S PREMIER SOURCE FOR...

- * Comics
- * Graphic Novels
- * Boardgames
- * Sports Cards
- * Roleplaying Games
- * Collectible Card Games
- * Action Figures

...AND MUCH MORE! (360) 459-7721

WWW.OLYMPICCARDSANDCOMICS.COM

The Belltower

STAFF

Editor-in-Chief Jesse Lamp	Column Editors Terae Grant Cameron Grossaint Caley Wiseman
Managing Editor-Print Kenzie Long	
Managing Editor-Web Rae Pennock	
Business Manager Travis Bleich	Staff Writers Cassidy Choi Rebecca Dorsey John Hamman Joey Keeton Tony Kern Sarah Lillegard Jalen Penn Amy Pollard Clarissa Strayer Ty Skirmont Nick Tudor
Layout Manager Noah Caffrey	
Layout Assistant Kaitlynn Pecha	
Advisor Julie Yamamoto	

Are you interested in writing for the Belltower?

If so, we are accepting applications for writers throughout the year. Send a request to our email and we will send YOU an application. We are also accepting articles from student freelance writers. If you see something newsworthy, turn it into a story. If we print it, you will be paid for it.

For questions, comments, applications, submissions, or suggestions, send an email to Jesse.Lamp@stmartin.edu,

Or drop a note though the door of the newsroom,
HH 200

Our Mission: As fellow students at Saint Martin's University, our staff is constantly working to keep you up-to-date on what is going on around campus, our community, and throughout the world. Our newspaper will provide information that is valuable to our campus and especially to students at SMU. We will never back down from taking on any issue at our school and promise to give our best efforts to keep the community informed.

Role of the advisor: The advisor is a journalist, educator, and manager who is, above all, a role model. The advisor's ultimate goal is to mold, preserve and protect an ethical and educational environment, not to monitor the final content of the student newspaper.

ANOTHER SUCCESSFUL
GALA THANKS TO
STUDENT VOLUNTEERS



Photos by Jesse Lamp