

## SMU community loses one of its own

**Brittany Orlosky**  
*Section Editor*

Beloved Saint Martin’s University baseball coach, Ken Garland passed away, the evening of Friday March 16, at Swedish Hospital in Seattle, after being admitted to the Intensive Care Unit earlier that week. Coach Garland is survived by his wife, Cathy, their sons, Chris and Matthew, and their three grandchildren, Chase, Justin, and Adelei.

Garland had been the men’s baseball coach for nearly 10 years, starting his coaching career at SMU in 2008. Prior to SMU Garland were the head baseball coach and defensive coordinator for the football team at the University of Puget Sound. He also coached both baseball and football at Willamette University and Linfield College, according to his bio on smusaints.com.

In his first three seasons (2009, 2010, 2011), the Saints baseball



2015 graduate Travis Shaw with well-loved Coach Garland

team was named GNAC Academic Team Champions. Garland coached the Saints to multiple individual and team successes. The Saints earned three Freshman of the Year awards, Chandler Tracy (2013), Zack Larsen

(2014) and Mickey Walker (2016), and have had over 30 players named to the All-GNAC team. In 2011, Garland led the Saints to a second-place finish in the GNAC, with a conference record of 21-11. During

the 2014 season, the Saints qualified for the GNAC Championships and Garland was named Coach of the Year, according to a news release published by the SMU Office of Marketing and Communications. “As the grounds supervisor, Ken oversaw Saint Martin’s extensive campus grounds. He and his crew not only took care of all the athletic fields – the baseball and softball fields, the track and soccer fields – but also the landscaping around the academic buildings, the recreation facilities and tennis courts, the residence halls and all the entrances to Saint Martin’s. He was involved in many campus beautification projects, including the Jan Halliday Memorial Plaza and Flag Pavilion.” Stated in the news release published by the SMU Office of Marketing and Communications.

Garland went above and beyond, in the most humble way for our

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## Amazing season leads men’s basketball to make school history

**Lauren Allison**  
*Staff Writer*

This season, the Saints men’s basketball competed in the GNAC Championship game for the first time in the school’s history where they took second place. Once again for the first time, the Saints were picked for the NCAA Selection Show, being tabbed as the fifth seed in the West Regional, facing four seed Cal Poly Pomona in the first round. They entered the tournament with a 24-7 record. Their season came to an end during the second round of the tournament against Western Oregon University. Luke Chavez was named newcomer of the year, first-team All-Conference, named to the D2CCA West Region Team and also voted to the NABC First Team All-Region Team.

“This is a very confident group. We were battle tested with a lot of close games in the GNAC play, so I think they were really looking forward to the opportunity to prove themselves in post season play. They were focused, confident in each other, and prepared to play their best.” Stated Coach Alex Pribble.

The Saints started the GNAC Championships against Central Washington University (CWU) during the quarterfinals where they won with 87-84 in overtime. Junior EJ Boyce led the team with 15 points, along with five rebounds and six



The Saints had a record breaking season.

assists. Freshman BJ Standley followed close behind with 13 points off the bench while junior Luke Chavez and Jordan Kitchen each added 12 points. The Saints had an impressive 14-point lead in the second half, but a seven minute stretch without a field goal allowed CWU to tie the game which forced the teams into overtime with a score of 76-76. SMU held the lead for the majority of the game but the Wildcats continued to chip away the lead until the final minutes tying the game with seven seconds left. Central’s first

lead of the game came 37 seconds into overtime. Back and forth the game went until they were tied at 81-81 with 1:30 left. Finishing strong with a dunk from Kitchen, three free throws from Rhett Baerlocher, great defense and another free throw from Boyce sent the Saints into the semi-finals with a 3-point win.

SMU then turned around to play longtime rival Western Washington University (WWU) the next day where they walked away with a 69-68 win. Chavez led the Saints in scoring with 20 points, shooting 8-for-16 from the field and 3-of-6 beyond the arc. Standley and Boyce also reached double-digits, combining for 21 points and six assists. Senior Matt Dahlen finished the game with six points, 10 rebounds and three assists. Once again, the Saints led for most of the game which included a 15-point lead in the first half. WWU brought consistent offensive and defensive pressure which brought the game to a 67-67 tie in the final minute. In the last few seconds, WWU drove down the court toward the basket where an offensive foul was charged against them. Unfortunately, the call was overturned and changed to a blocking foul against SMU. The Vikings were sent to the line with 4.9 seconds left where their player missed the first shot but sunk the second putting them in the lead with the score at 67-68.

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# The Belltower

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*The adviser is a journalist, educator and manager who is, above all, a role model. The adviser’s ultimate goal is to mold, preserve and protect an ethical and educational environment, not to monitor the final content of the student newspaper.*



Dear loyal readers,

Thank you for taking the time out of your busy, post-mid-term and pre-final schedules to pick up a copy of The Belltower. We at the Belltower take great pride in our work of producing a newspaper that explains and comments on our shared experience as Saint Martin’s students. We hope that our hard journalistic work both entertains and informs you as you dive into this stunning issue that we have produced.

Our paper is good because we encourage involvement from the student body, or to put it more directly, you. We take your ideas, your experiences and your opinions, and consolidate them into a publication that we hope is as fulfilling for you as it is for us. We always want to hear from you. Look us up on Facebook, write a letter to the editor, or submit your questions to our Ask Kianna column.

In this issue we cover a wide variety of important and pressing issues. In news, we cover historical events such as the anniversary of the Nisqually earthquake to international events like the Italian general election. In features, we cover important events that affect you as a student, such as a piece on what Greek life used to be at Saint Martin’s and the death of our beloved baseball coach, Ken Garland. In sports, we cover professional sports events such as Russell Wilson’s offseason adventure with the Yankees to interesting pieces on the men’s basketball team.

That’s all for now. Keep talking and we will keep listening,

Brian Messing  
News and Lifestyles Editor

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## OUR MISSION

We strive to report any and all of our content factually and unbiased, and hold all content to the standards of journalistic integrity. The Belltower is an outlet for information, conversation, and community. We vow to be a publication worthy of our community and campus, providing to the best of our ability the highest quality content possible without silencing student voices.

## Keep in Touch!

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Guest submissions are to be published upon approval by the Editor-in-Chief and editorial board.

The Belltower reserves the right to edit guest submissions for length, grammar, and content if necessary.

The Belltower will not accept guest submissions that violate our content policies, go against Benedictine values, or the goals and aims of Saint Martin’s University.

References to the promotion of drug use/paraphernalia are not allowed.

Any content that clearly discriminates on the basis of race, gender, sexual orientation, age, creed, disability, ethnic origin, or religion will not be considered for publication.

Any artwork submitted will be published at the discretion of the Editor-in-Chief and editorial board. Artwork must adhere to the same guidelines as written content.

## ADVERTISING POLICY

The Belltower has the right to reject advertising from any company, individual, organization, or advertising agency that discriminates on the basis of race, gender, sexual orientation, age, creed, disability or ethnic origin, or directly conflicts with The Belltower or Benedictine values.

The Belltower will accept any advertising that does not conflict with Catholic ethics, Benedictine values, or the aims and goals of Saint Martin’s University.

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For events, the name of the sponsoring organization or group must be indicated, along with the nature of the event, the date and time, the location, cost (but not of alcohol), and a contact number for more information.

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\*semester discount applies only if ads are purchased in a majority of issues published that semester.

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Mental health awareness in students: stories from The Belltower staff

Sabrina White  
Editor-in-Chief  
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Abby:  
I have been reluctant to share my personal mental health journey for fear of judgement, criticism, and reaction from both my professors and peers. However, I have come to be proud of my journey and spread the message to anyone who starts the conversation, that it is okay not to be okay, and asking for help does not make you weak. I will never forget the day I had an anxiety attack in class. It was the end of a test, I couldn't stop shaking and when the professor approached me, I burst into tears asking for an extension, explaining that I couldn't finish it, and everything going on in my world felt like it had collapsed in on me. I left the classroom and sat in my car sobbing for nearly two hours until my partner could drive me home. I remember feeling trapped, I couldn't breathe, couldn't stop shaking, couldn't stop crying, and it was a terrifying moment for me. Every wall that I had tried to put up for months had come crumbling down and every fear was out in the open.

The following week, I found myself in the Counseling and Wellness Center lobby, shaking like a Chihuahua and on the verge of tears. I was asking for help. I met with a counselor weekly for around 18 weeks, with the flood of tears starting from the minute I walked through the door. I didn't know that I had so much baggage bottled up, and I didn't realize the toll that it was taking on me. I distinctly remember my third to last visit, at the end, my counselor smiled and said, "you didn't cry this time! That's great progress!"

While I have since stopped seeing someone at the Counseling and Wellness Center (though I should), I am still advocating for both my own mental health and those around me. My mental health journey began when I accepted the fact that I had suffered emotional and physical abuse as a child. I no longer hide behind my walls and ignore my past; I am constantly working through the pain, and looking forward to a brighter future. In 2017, NBC News reported that "more than 75 percent of all mental health conditions begin before the age of 24." The average age of undergraduate college students ranges from 18 to 24, a crucial time in a young adult's life where the pressures of the world are starting to fall on their own shoulders. Like myself, this pressure finally led to a breakdown. Nearly 30 percent of college students have admitted to stress affecting their academics negatively. Stress can come from multiple facets of a student's life and while anxiety can be arguably more presented, there are often other disorders plaguing college students that are not talked about such as body dysmorphic disorder, depression, eating disorders, and substance abuse. It was reported in February 2018, that one in five college students have anxiety or depression. This has led to the reliance of both prescription and recreational drugs, including tobacco. There is evidence to suggest that cigarette smoking can play a role in students' mental health and wellbeing. The high cost of a college education also plays a factor in students' stress, not only are they paranoid to get the best grades, but fear of going into debt often affects their fears of the future, leading to an increased risk of anxiety and depression.

If you notice that a friend, loved one, or even

classmate seem to be showing signs of a mental illness, reach out to them, or tell a trusted faculty member. Mental health matters, and it is okay, to not be okay. Breathing exercises help me combat my bad days. Breathing in for 4 seconds, holding my breath for 8 seconds, and exhaling for 7 seconds causes my heart rate to slow and also helps me calm down. I also practice daily self-care such as taking a bath, journaling, drawing/coloring, listening to happy music, going for a drive, spending time with a loved one/friend, exercising, or going for a walk around campus. I also wake up and repeat self-love mantras to myself such as "My body is my home, and I will treat it with respect," "I love myself," and "I am worthy of living in happiness" while looking in the mirror. It may sound silly and make you feel a little embarrassed, but the saying "fake it 'til you make it" applies greatly here. If you pretend to believe these things, you eventually will believe them to be the actual truth.

If you're looking for a pick me up or inspiration for your own self-love journey, I suggest checking out YouTuber RawAlignment.

Amanda:  
Many know of my mental health journey, as I like to share my personal essays with others to spread the word. For those of you who don't know, last year, my first year at Saint Martin's, I spent a week in a voluntary psychiatric unit, in the middle of fall semester. I had acquired the issues that led me to that point before coming to campus, but with the stress of being a college student, to the PTSD from a prior abusive relationship, it all became too much to handle.

I was reluctant at first to be admitted to the unit. I was scared. Terrified. I wasn't crazy enough to go there, right? I couldn't be. Alas, I knew that was what had to be done at the time, so I trusted my gut and signed on the dotted line.

The unit was odd. There were no sharp corners, everything was made of plastic, and even the pens they gave to the patients were of a bendable material. The food was good – we got to personalize all our meals. More importantly, the staff was patient. There were a couple occurrences when I felt like the walls were closing in on me – that happens to you when you can't leave a facility for six days – and I became irritable to the point of almost trying to escape. I wanted fresh air. I wanted freedom.

What I got was... "Jurassic Park." The nurse who made it a priority to ensure my comfort whisked me away to the lounge, and turned on the movie, in attempts to distract my disoriented mind. It worked, until I got up and paced the halls again, about three-fourths of the way through the movie. Then, we played board games.

The most important thing I got out of those six days, was help. Sure, I was meeting with counselors before then, but I needed more help. After those six days, I was immediately set up with a much-needed psychiatrist, put on anti-depressants, and I was surrounded by others going through the same thing.

When this happened last year, only about five people knew, and I was content with that. I was terrified of this news spreading to my classmates, professors, and friends. It was embarrassing; I felt so ashamed. It wasn't until a few months later that I first spoke out about my mental health, and the chaotic journey that was 1-South. Ever since then, being a mental health advocate has become so important to me.

My point here is this: it's okay to seek out help. It's scary and uncomfortable, and you're probably never going to get used to it (I still struggle

with it), but it's necessary. For you, your safety, and the ones who love and care about you.

Sabrina:  
For the longest time I struggled to accept that I too could have issues with my mental health. I was in denial that I could ever get depressed or have depressive tendencies, until it actually happened to me. For a long time I had no friends, little social interaction with others, and I would cry myself to sleep every night because I felt so alone. I had no one to confide in, no one to help me, and as much as my family tried to help I continued to beat myself up over every little thing. Following a breakdown and my first real panic attack, I knew I needed to find help, even if it wasn't through counselling or doctor's visits. I woke up the day after my first panic attack and told myself that I would no longer let myself look down at my life or my choices, and I would stop the cycle of self-deprecation and finally allow myself to find out who I am and who I was meant to be. I threw myself into college, tried to make friends, but found that many of the 'friends' I had were merely using me for homework or for my generosity. I shut down again, and spiraled back into the cycle of self-hate and loneliness. It took me until my junior year to really help myself grow as an individual, and I have never looked back. I stopped caring what people thought of me and lived the way that made me most happy. I talked to people who had similar problems as myself, and that helped me to really get past one of the toughest periods of my life. I dressed how I wanted, spoke my mind, and reached out to others to talk about my problems. I was still struggling, but I found solace in the fact that there were people around me who truly cared, and wanted to help me. When I started dating my boyfriend, things really picked up for me. I was happy, I had someone to support me in my endeavours and hold me up when I needed it, someone to care for me the way no other person had before. Finding him was one of the best things that happened to me, as he genuinely wants me to be happy and live life as my truest self. I now surround myself with a beautiful group of people who all offer so much to my life, and I talk regularly with others and support groups as well as a counselor when I'm really struggling. It took almost five years for me to finally feel like myself again, but the journey to get here shaped me in ways that I am grateful for. For everyone out there who may be in denial, don't let it eat you up or tear you apart. It's okay to not be okay, it's okay to have anxiety or have a panic attack, and it's okay to feel sad. Reach out to the multitudes of resources available for you, and don't let the stigma of mental illness or therapy hold you back from being healthy. You should strive to be healthy in mind and body, and I encourage all of you to seek out help no matter how big or how small your problems are.

There are resources available to students, such as the counseling and wellness center for appointment-based counseling sessions, and crisis hotlines to call for immediate assistance.

If you are in suicidal or emotional distress, contact the National Suicide Prevention Lifeline at 1-800-273-8255, 24 hours day, 7 days a week.

For general information on mental health and to locate local treatment services in your area, call the SAMHSA Treatment Referral Helpline at 1-877-726-4727 Monday through Friday 8 a.m. to 8 p.m.

If you are in a potentially life-threatening situation, PLEASE call 911.

NEED SOMEONE TO TALK TO?

VISIT THE COUNSELING AND WELLNESS CENTER  
Open Monday through Friday  
9 a.m. to 5 p.m.  
Stop in to make an appointment.

ASK KIANNA  
write it to our "Ask Kianna" column  
send an email to belltower@stmartin.edu



## A review of new cult classic “Thoroughbreds”

**Breanna Brink**  
Staff Writer

The rekindling of friendship can bring about the best or more sinister side in people, as is the case in Cory Finley’s directorial debut “Thoroughbreds.” Released on March 9 and bolstering an R rating, this film has been compared to “American Psycho” and “Heathers,” both as a promotional technique and due to correlating genres. The film has maintained an 86 percent on Rotten Tomatoes, and for a film of its genre, the “B” rating is likely due to interpretive distress over the film’s thematic choices, rather than the actual cast or filming. There is a sort of intriguing darkness about the films ideas, the balance of whose life is worth living, and the concept of determining your own fate. As one of our main characters Amanda tells her friend Lily, “you cannot hesitate. The only thing worse than being incompetent, or being unkind, or being evil, is being indecisive.” This film is decidedly a new cult classic, and will likely be analyzed for its technique and writing further down the road.

The movie revolves around childhood friends Lily, “the one who feels everything” (portrayed by Anya Taylor-Joy) and Amanda “the one who feels nothing” (portrayed by Olivia Cook), as they reconnect in suburban Connecticut after years

of growing apart. Lily has grown into a polished, upper-class teenager with a fancy boarding school on her transcript and a coveted internship on her resume, while Amanda has developed a sharp wit and her own particular attitude, but all in the process of becoming a social outcast due to a violent incident involving her horse. Though they initially seem completely at odds, the pair eventually bond over a warped distaste for Lily’s step father, portrayed by Paul Sparks, and hatch a plan to solve both of their problems. Clearly, the only answer is murder.

Despite seemingly having a straightforward plot, the movie subverts all its genres’ clichés. Managing to form a seemingly realistic but strained relationship between the two leads, both characters come to dark conclusions about themselves that leads to a climax in the film that most viewers might not anticipate. Posing as a dark comedy, the film asks the question we all do, “why?” and yet just like real life, never really answers it for us.

Sonia Rao with the Washington Post critiqued the film, saying “what makes ‘Thoroughbreds’ compelling is its complete lack of answers. We live in an era saturated with almost anthropological films, series and news stories that attempt to explain why adolescents behave the way they do — admittedly a valid concern after traumatic events. But it’s

refreshing to see a project that gives us a break from all the soul-searching and acknowledges that teens can be frustratingly inscrutable.”

With a beautifully allegorical set, the film takes place revolving around very few locations, and primarily resides within Lily’s home. This kind of movie tends to follow a specific script and relies on some tropes, such as making the two mains romantic, to strengthen their relationship. This does not happen in “Thoroughbreds,” and is not necessary. The two girls share history, but they also share morbid curiosity about one another, which proves more binding than love. The movie is alienating in its portrayal of upper class teenagers, and it does this on purpose; we, just like the characters, are watching with the same intent, expecting them to receive the punishment or reward that they deserve. The Outline writer Judy Berman said “‘Thoroughbreds’ resists a morally tidy resolution, sending viewers home to queasily contemplate what Finley, a former playwright, is saying about us. He’s got more universal themes on his mind, telling Filmmaker magazine, that the film is his attempt “to say something about the morally insulating effects of privilege, and about how manipulation is woven into the day-to-day reality of capitalistic society.”

The film was concluded in



Photo retrieved from creativecommons.org

Promotional poster for “Thoroughbreds”

memory of Anton Yelchin, who plays Tim in the film. This was his last movie before a traumatic car accident claimed his life, and is quite a send off, giving his character an optimistic “moving up in the world” ending, one that he seems to have earned.

While the film ends on a note different than one might expect, the movie is going to leave an impression, and that’s the goal. Because, despite fostering an idea that you take care of what is yours, and you never be indecisive, this movie wants you to think, and it wants you to pick a side.

## Friend or pho?

**Hannah Gabel**  
Staff Writer

Despite there being numerous restaurant options around the Olympia/Lacey area, there are only a few that are regularly affordable and conveniently placed near Saint Martin’s. One that serves a great comfort food to combat the cold, rainy, Washington winter weather is Pho Vy, a quaint little Vietnamese restaurant that is often overlooked.

Next door to a donut shop, Pho Vy is located in a little store front that deceives the eye. The restaurant has been around for a very long time, owned and run by a small local family. Upon first entering, the restaurant does not look like much, with the occasional leaking ceiling tiles and a somewhat plain style. However, the food is far from disappointing.

Playing a track of various instrumentals, ranging from classical music to instrumental renditions of random songs, the restaurant gives off an almost humorous vibe. The walls have beautiful traditional works of art at each table depicting Vietnamese landscapes, and two TVs at far ends of the restaurant playing various television shows or sports. Usually the restaurant is fairly empty, which allows customers to sit wherever they prefer.

While the overall interior is not especially elegant, the simplicity makes it a great place to visit any time. There are no dress restrictions because of the relaxed style, and with fast, prompt service it makes a great stop to sit down or get takeout.

The Pho Vy is most known for their specialty soups and spring rolls, but offers a variety of other meals. They serve house noodles, stir fry dishes, pork chop dishes, beef stew, and many other traditional Vietnamese dishes as well. All of the dishes are reasonably priced, hardly going above \$15, and all of the portions are fairly large.

The staff try to give you a relaxing and positive experience, as well as make sure you get the food that you want and are pleased with it. If you become a regular, they even begin to remember your orders. The cook is skilled in creating the best foods and the staff are friendly and welcoming. The food certainly does not let customers down and is very true and authentic to traditional Vietnamese dishes.

Not only are the meals affordable, but the restaurant is very close to campus, only about a five-minute drive away and also within walking distance. This restaurant is a great stop before or in-between classes because of the convenient distance and affordable food. The service is quick and friendly, and you won’t leave disappointed. The parking can pose a bit of a problem, as the



Photo retrieved from creativecommons.org

A traditional bowl of pho includes a chicken or beef stock, rice noodles, and various meats and vegetables.

strip mall it is located in has very limited spaces. It is best to pull around behind the restaurant and park in the larger lot they have behind the strip mall area.

This restaurant gives a nice experience that will leave you satisfied and wanting to return in the future. While it does not have the prettiest interior or set up, the food and options will draw you in. Pho Vy has an oddly charming vibe to it with its unique style and theme. “Don’t judge a book by its cover” rings true for this restaurant as, once it is discovered, you will want to continue returning. Pho Vy is located at 909 Sleater-Kinney Rd SE, Lacey, and is open all days of the week from 11 a.m.-8 p.m, its phone number is (360) 438-0195.

# Need some advice?

Ask Kianna!

Submit questions to be answered in our brand new column each issue.

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Editor’s Playlist: The ‘70s

Sabrina White  
Editor-in-Chief

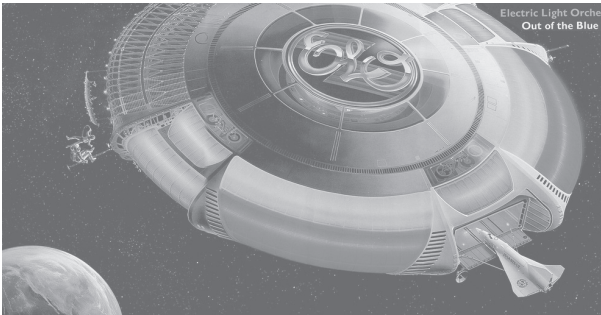
Following the love and peace movements of the late ‘60s, the “hippie” style would begin to fade away, leading into new types of rock music, such as punk rock, country rock, and glam rock, as well as disco, which swept most of the world by storm and created a huge boom in nightlife and dancing. The rise of synthesizers and harmonizers helped create a new electronic sound called synthpop. The ‘70s was the era of mustard yellows and browns and, the beginning of big hair and disco catsuits. The emergence of a new decade is often defined by its musical style. The ‘70s will always hold a very special place in my musical heart, as there is so much to choose from. Below are some of my favorite ‘70s artists and groups and a few of the songs that I believe defined the many new genres of music from the decade. Submit your favorites to belltower@stmartin.edu



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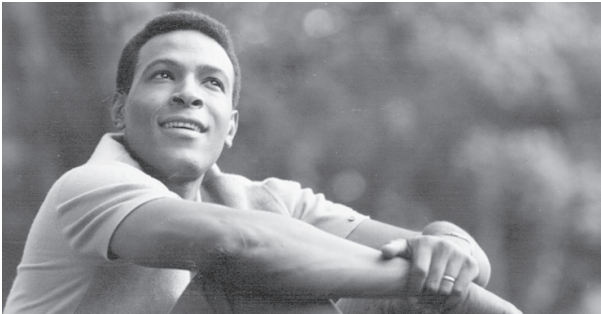
THE EAGLES

The Eagles saw a boom in success during the ‘70s, pumping out country rock and classic rock songs that many of us are still familiar with today. The Eagles enjoyed heavy popularity throughout the ‘70s. Formed in Los Angeles in 1971, the Eagles had an iconic sound that defined the country rock and rock genres for many music lovers. Their 1976 album “Hotel California,” blasted to the top of the charts, giving two number one singles, “Hotel California” and “New Kid in Town.” My favorites from the Eagles: “Hotel California” “Take It Easy” “Life In The Fast Lane”



ELECTRIC LIGHT ORCHESTRA

English group Electric Light Orchestra, ELO, blends modern rock with classical elements and futuristic sounds, using orchestral instruments like the cello and violin as well as synthetic sounds and the traditional rock guitar and drums. They produced 10 top singles in the ‘70s and ‘80s and group members Jeff Lynne, Roy Wood, Bev Bevan, and Richard Tandy were inducted into the Rock and Roll Hall of Fame in 2017. Their fourth album, a concept album, “Eldorado, A symphony” pushed the group into fame, becoming their first gold rated album, featuring the top hit “Can’t Get It Out Of My Head.” My favorites from ELO: “Don’t Bring Me Down” “Livin’ Thing” “On The Run”



MARVIN GAYE

R&B superstar Marvin Gaye was extremely popular during the ‘70s. With the albums “Let’s Get It On” and “What’s Going On”, Gaye produced music in the classic R&B style, focusing on themes like love and relationships. He also sang about topics that were huge in the ‘70s, like equality, violence and many other types of social issues. His voice is very classic and defines the R&B scene of the ‘70s in every aspect. His music is soothing and great for slow dancing. My favorites from Marvin Gaye: “Ain’t No Mountain High Enough” “Let’s Get It On” “What’s Going On”



THE WHO

An English rock band that formed in the early ‘60s, The Who began as The Detours, and evolved from a blending of the mod movement and pop art style. They are a classic example of ‘70s rock and remain a staple in my vinyl rotation at home. They have a unique, yet classic style and I enjoy almost all of their music. The band performed at Woodstock in the late ‘60s and had music heavily influenced by the teachings of Meher Baba, an Indian spiritual master who band member Pete Townshend followed heavily. There are definitely some “psychedelic” and spiritual themes in the music from this influence. My favorites from The Who: “Baba O’Reilly” “Pinball Wizard” “Who Are You”



EARTH, WIND & FIRE

Earth, Wind & Fire produced music ranging from disco to pop, funk to jazz, and R&B to soul. They had many eclectic mashups of these genres and produced tons of jammable music that is still enjoyed to this day. Founded in Chicago in 1970 by Maurice White, the band has been nominated for 20 Grammy awards, 12 American Music Awards, 4 of which they won, and has sold over 90 million records putting them in the category of being one of the best-selling bands of all time. They were also inducted into the Rock and Roll Hall of Fame and the Vocal Group Hall of Fame. My favorites from Earth Wind & Fire: “September” “Let’s Groove” “Boogie Wonderland”

SINGLE SONGS THAT DEFINE SABRINA’S ‘70S COLLECTION

- “Southern Nights” by Glen Campbell
- “Fortunate Son” by Creedence Clearwater Revival
- “Riders on the Storm” by The Doors
- “Wham Bam Shang-A-Lang” by Silver
- “Ain’t No Sunshine” by Bill Withers
- “A Horse With No Name” by America
- “White Rabbit” by Jefferson Airplane
- “Gimmie Shelter” by The Rolling Stones
- “(Sittin’ On) The Dock of The Bay” by Otis Redding
- “Lake Shore Drive” by Aliotta Haynes Jeremiah

SUBMISSIONS FROM STUDENTS AND FACULTY

- “You’re Not Good Enough” by Blood Orange. Submitted by Kyle Wole-nahus.
- “Bela Lugosi’s Dead” by Bauhaus. Submitted by Jeff Birkenstein.
- “There’s A Riot” by Yo La Tengo. Submitted by Celeste Trimble.
- “Great Mixtape” by Sampa the Great. Submitted by Celeste Trimble.
- “Unreleased Tapes” by Mamman Sami. Submitted by Celeste Trimble.

- “Nessun Dorma” by Pucinni. Submitted by George Christoph.
- “Rewrite the Stars” from “The Greatest Showman” soundtrack. Submitted by Olivia Alvord.
- “Derelicts” by Carbon Based Lifeforms. Submitted by Robert Bode.
- “Run the Jewels 3” by Run the Jewels. Submitted by Robert Bode.
- “Nightmares on Wax Boiler Room” DJ Set. Submitted by Robert Bode.
- “Vibes and Stuff” by A Tribe Called Quest. Submitted by Jeremy Newton.
- “Borders” by M.I.A. Submitted by Jeremy Newton.
- “Sing About Me, I’m Dying of Thirst” by Kendrick Lamar. Submitted by Jeremy Newton.
- “Sing Swan Song” by Can. Submitted by Jeremy Newton.
- “Cowboy Dan” by Modest Mouse. Submitted by Jeremy Newton.
- “Combat Rock” by Sleater Kinney. Submitted by Jeremy Newton.
- “Saturdays (feat. HAIM)” by Twin Shadow. Submitted by Sarah Page.
- “1950” by King Princess. Submitted by Sarah Page.
- “Easily” by Bruno Major. Submitted by Sarah Page.
- “September Rose” by Cailin Russo. Submitted by Sarah Page.
- “Summer Heart” by Airbud. Submitted by Sarah Page.
- “Waterfalls” by The WLDLFE. Submitted by Sarah Page.
- “Malibu 1992” by Coin. Submitted by Sarah Page.
- “Blue Jeans” by Jonny Brenns. Submitted by Sarah Page.







## 2018-2019 Housing selection starts soon

Room options available	Bathroom	Cost/semester
Baran Hall double	community	\$2,425
Baran Hall single	community	\$2,738
Spangler Hall double suite	private	\$2,775
Spangler Hall single suite	private	\$3,150
Parsons Hall double	community	\$2,775
Parsons Hall triple	community	\$2,400
Parsons Hall single suite	private	\$3,150
Parsons Hall single suite (ADA)	private	\$3,425
Burton Hall apartment (double room)	private	\$3,125
Burton Hall apartment (single room)	private	\$3,500
Spangler Hall apartment (single room)	private	\$3,625
Meal Plans		
Non-apartment students are required to have a meal plan.		
Meal Plan Options	Cost/semester	
Gold: \$725 Flex Cash, 100 meal credits	\$3,113	
Silver: \$925 Flex Cash, 75 meal credits	\$2,948	
Bronze: \$1150 Flex Cash, 45 meal credits	\$2,788	
Commuter: \$325 Flex Cash, 30 meal credits	\$1,025	

Graphic courtesy of Abigail Lowrie

Abigail Lowrie  
Layout Manager

It's that time of year again: housing selection. On March 29, from 4-8 p.m. in the Spangler Conference room, students will be selecting where they will be residing for the 2018-2019 academic year. Picking housing can be an overwhelming task, as students are not sure of the layout of rooms, the furniture within them, or what the building is like. When considering your housing selection, keep in mind the following things: rising sophomores can live in Baran doubles, Spangler double suites, Spangler single suites, and Parsons single suites. Unfortunately, there are no Parsons private suites available unless you are a student with ADA accommodations. Emotional support animals are not included in the ADA list. Rising juniors and seniors, those over 21, or with four semesters in housing, have the above option to live in apartments in Burton and Spangler. Students living in anything other than the apartments are required to have a meal plan. Priority numbers are given to each student to make the housing selection process easier on everyone involved. If you have not yet determined your priority number, they are posted outside of the desks in the residence halls. When you arrive at housing selection, you will need an ID.

Note: There is the option to live with more than four people in the Burton apartments. Upon request, up to eight students may live together in a double room format.

## Hollywood Highlights: The 2018 Academy Awards

Bethany Montgomery  
Managing Editor

The 90th Academy Awards, one of the most anticipated event in Hollywood, known more commonly as the Oscars, took place on the evening of March 4 in the Dolby Theatre in Los Angeles. Talk show host Jimmy Kimmel took the elaborately decorated stage that night to host the awards for his second consecutive year. Kimmel opened the event with a few jokes about the recent accusations towards alleged sexual predator Harvey Weinstein, the changing perception and participation of women in Hollywood, as well as comments noting the significance of the Oscars over the past 90 years. Kimmel also included an incentive for the award winners to keep their speeches to a minimal length. "This is a really long show," Kimmel began, "so here's what we're going to do. [I'm] not saying you shouldn't give a long speech but, whoever gives the shortest speech tonight will go home with ... A brand-new jet ski!" He also preceded this by emphasizing to the crowd the importance of using their few short moments on stage to

speak with passion about equality. The first awards of the night went to Best Actor and Actress in a Supporting Role. Both were first-time Oscar winners, Allison Janney, winning for her role in "I, Tonya," and Sam Rockwell for "Three Billboards Outside Ebbing, Missouri." The ceremony continued, and each category was introduced by other Hollywood stars and previous Oscar winners. Although the earlier introductions were made with rather serious speeches, the mood was lightened by an amusing address by Kumail Nanjiani and Lupita Nyong'o. Nanijani and Nyong'o noted their pride in their achievement as immigrants, as well as being the two names in Hollywood we keep hearing but cannot pronounce. "I have to come clean. Kumail Nanjiani is my stage name. My actual given Pakistani name is Chris Pine," Nanijani joked, "So you can imagine how annoyed I was when the other one, the white Chris Pine showed up. The real Chris Pine." Another humorous incident during the event took place just across the street from the theatre. Kimmel, previously arranging a theatre full of unsuspecting viewers to sit in on

what they thought was a preview of the new Mary Poppins movie, dragged an entourage of willing celebrities to surprise the theatre-goers. The audience was shocked to not only find out they were on live TV, but that they were suddenly being bombarded by candy and hot dogs from some of the biggest names in Hollywood, including Mark Hamill, Ansel Elgort, Margot Robbie, and "Wonder Woman" star Gal Gadot. Kimmel pulled a similar stunt last year, having an innocent Hollywood tour group walk on stage in front of the entire audience. A number of musical performances took place during the ceremony between the various awards. Each of the nominees from "Best Original Song" gave stunning live performances of their Oscar-worthy numbers, including "Stand Up for Something" from "Marshall," Best Original Song winner "Remember Me" from "Coco," and "This is Me" from the newly released musical "The Greatest Showman." Other notable winners of the night were Guillermo del Toro as Best Director for "The Shape of Water," Jordan Peele for Best Original Screenplay, "Get Out," and

Disney's "Coco," as Best Animated Feature. The show concluded with the most highly anticipated awards of the night—Best Actor, Best Actress, and Best Picture. Gary Oldman took Best Actor for his role as Winston Churchill in "Darkest Hour," paying tribute to the opportunities living in America has given him as well as to Churchill himself. Best Actress winner Frances McDormand honored her fellow female nominees as well as all other females and diverse groups in the film industry. The final award for Best Picture went to "The Shape of Water," a Cold War based romance between a mute janitor and a human-like fish creature. Although the 90th Academy Awards did not have as big a mix up as last year, it had the lowest viewership ratings since the '70s. According to Time Magazine, viewership sank by 20 percent. Some speculate that this could be a result of the increasing use of online platforms, which are not factored into the data, as well as decreased interest in the awards from audiences, perhaps due to its length and increased political undertones.

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## Upcoming and past events hosted by the Career Center

**Olivia Alvord**  
Staff Writer

On Tuesday, March 6, the Career Center hosted the Halfway There Fair event in the Trautman Student Union Building (TUB), providing sophomores with awesome resources and SMU swag. In the next few weeks, the Career Center is also hosting the Government Recruiting Event and the Career and Internship Fair.

The Federal Government Recruiting Event will take place in the Harned Hall lounge area by Monk's Bean, on Wednesday, April 11. This is a great opportunity to meet with Major General Harry E. Miller Jr., and representatives from the Defense Intelligence Agency for an information session about jobs available after graduation. The information session and panel discussion will happen from 2:30-4:00 p.m. and the recruitment fair for internships and entry level jobs will follow, concluding at 5:30 p.m.

The Annual Career and Internship Fair will be held from 12:30-3:30 p.m. on Wednesday, April 18 in the Marcus Pavilion. This year's attendees will include 96.9 KAYO & 95.3 KGY, Bethel and Clover Park School District, American Family Insurance, Harlequin Productions, Edward Jones, The Evergreen State College and its Master's in Teaching program, the Institute for Family Development, and the Korean Women's Association.

Ann Adams, the Director of

Career Development, gave a statement on the Career Center and her hopes for it, "It is the hope of the Career Center staff, myself, and Alyssa Nastasi, that each and every Saint Martin's student has a plan for how to successfully translate their education to a rewarding career. We work with students from their first year at SMU through their senior year and as alumni. We have identified the important steps of assessing interests, choosing a major, completing an internship or related work experience, and developing a professional network to be critical to the success of launching a career after graduation. These steps are part of Saints Have A Plan and we provide incentives to completing the steps. We currently hold four career fairs each year and an etiquette dinner, all providing the opportunities for students to meet representatives from local organizations and alumni."

As Adams mentioned, the Career Center offers a variety of major fairs in the fall. Although they have already taken place this school year, they are something to look forward to this upcoming fall semester. These include the STEM Major Fair, the Business Major Fair, and the Careers for the Common Good Fair. These are all offered from 12:30-3:00 p.m., in the Norman Worthington Conference Center, so be on the lookout for the dates and mark your calendars.

The semiannual Etiquette Dinner is also a very popular event for



Photo courtesy of Jenna Gerber

The Halfway There Fair was put on for second year students in the TUB.

students. Etiquette Consultant Arden Clise walks through the basic stages of dinner etiquette, providing students with the opportunity to follow along and pick up valuable skills. Because it is so popular, spots fill up quickly, so watch for updates, and make sure to register early. This event requires a \$5 reservation fee to secure your place, but it is given back to you once you arrive.

The Career Center also offers a variety of ongoing events throughout the year. These events include an interactive LinkedIn training, resume and interview workshops, alumni and employer panels and workshops, and major and career exploration panels. For more information on these events, make sure to check out the Career Center's page on the school website, or stop by the office for assistance. The office is open Monday-Friday 8:00

a.m.- 5:00p.m.

Saints Have A Plan is a map to success for every Saint. Every year, students do a few tasks that help set up their success after graduation. Each year that students complete the steps, they earn a free Saints Have A Plan t-shirt and are entered into a raffle that will be drawn at the end of the year. The process is simple, and everything you do is a helping hand for your future. Search the school website for more information on the specific steps for each class level.

Saints4Hire is a website where positions are posted for on and off campus jobs. Here you can create a profile that is personalized to you so that employers will know a little bit about you when you apply. The website is easy to use and expands your career horizons.

## Hope Concert raises money for immersion trip

**Hannah Gabel**  
Staff Writer

The Hope Concert and connected talent show has been a regular tradition in the Saint Martin's music community. Not only does this concert allow students an opportunity to showcase their skills and talents, but it also raises money through donations to send groups of students on immersion trips around Washington or to nearby states to perform community service.

The concert was held in the gym of the Marcus Pavilion on the night of , starting at 7:30 p.m. The concert started out with a few soloist pieces, including a bagpipe solo by John Sommer. The night was mixed with a variety of full choir performances and individual solo artists. A four-person jazz band consisting of Austin Miller, Nathan Williams, Nicholas Terwilliger, and Tyler R. Williams played back-to-back pieces before leading into another solo performance. The concert ended around 9:00 p.m., before allowing students to mingle and interact with friends, family, and other audience members.

The program was free to attend, but donations

were appreciated. The donations are put toward funding trips for the students, taking them to various locations to serve the community and give back to those in need. These immersion trips have been a fairly regular Saint Martin's tradition to allow students a chance to get experience as well as connect with other people and organizations.

Previous immersion trips have taken students to Portland to work in a community kitchen, giving students a chance to connect with others, hear important stories, and provide community service and to help those in need. This upcoming trip has plans to travel with a group of students to Yakima to help work with migrant farmers and the Justice Department in that area. Student and choir member, Jennifer Walker, went on this trip a few years ago. She says, "We met so many great people overall and got to learn about sociological and economical injustice. I'm happy to raise money for the next group of people that get to go." Walker performed a solo in the concert, singing "This is the Stuff" by Francesca Battistelli.

Michael Dominguez, another soloist, talked about his experience on the previous Portland

immersion trips. "It was a great experience to get to know these people and get to know them and just relate to them. You're not just driving past them in your car, you're able to sit down and talk with them." He enjoyed going on the trip in the past and thought it was a great experience for students. He performed "When I'm With You" by Ben Rector toward the end of the show.

The students felt proud of their performances and were pleased with the concert. The night was a success and students were able to properly demonstrate their skills and practice. They had been working for over a month for this night and the event excelled because of it. Walker excitedly said, "I think it went really well! There was a lot of people there so that was really exciting to see."

The event was positive and provided the students with a good experience to be able to practice performing in front of crowds, and show them that their hard work paid off.

# Have any cool sports pictures?

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Send us a caption and tell us who took the photo.

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\*submissions must adhere to the guest submissions policy, printed on pg. 2



## A Saint in Cincinnati

**Amanda Chappell**  
Section Editor

This past weekend, I had the incredible opportunity of representing Saint Martin's University's Kappa Upsilon chapter of Sigma Tau Delta, as well as presenting a personal essay, at the society's International English Convention. The experience was both nerve-racking and exciting; I learned far more than I imagined I would from my fellow student presenters.

On Friday, March 23, a roll call was taken, to see how many of the over 900 chapters were in attendance, and the total was 210. Following the roll call, several awards were given out to chapters for their acts of service, events, and various other categories. Saint Martin's chapter was awarded with a plaque celebrating 50 years since the founding of the local chapter in 1968. Astoundingly, the longest running chapter exceeded 90 years. I was honored to be present to receive this award, as I was unaware that our chapter had been active for so long.

As this event was a first for me, I wanted to document my experience, and it proved to be very beneficial during the chaos of the weekend. Although there were several outstanding sessions and impromptu nights of exploration, I thought to share only my experience leading up to my presentation, of which I was most fearful. The following is the emotional rollercoaster that was the first two days of the convention.

A plane descends onto the landing strip at Cincinnati/Northern Kentucky International Airport, white sheets of snow cover the cool pavement. It is 10 a.m. on March 21, eight hours until the convention officially begins. I acquire my suitcase at baggage claim, load into the airport shuttle, and cross the Ohio River into the beautiful city of Cincinnati.

The hotel is packed with college students from across the nation; I catch snippets of accents from every region. Some stand alone, like myself, seemingly uncomfortable in such an ornate lobby. Others mingle in small groups about their excitement regarding the coming workshops and sessions. I accept my room key, step into an overflowing elevator, get off at the 15th floor, and push open the door to my lonely hotel room.

The spacious pavilion is slowly filling with nervous students. Chairs in the very back are the first to be occupied. A woman approaches the podium and addresses the crowd to move closer, and we follow suit. I sit alone, awaiting the signal to begin the session: The ABC's of Convention. I am surrounded by other first-timers, but my



Photo courtesy of Amanda Chappell

Saint Martin's Kappa Upsilon chapter was presented with a plaque for 50 years of active membership.

anxious heart continues to beat rapidly.

Soon after, the official start of the convention begins: the opening ceremony. The crowd of about 200 quickly multiplies, and soon 1,000 students fill the once-empty space. I politely smile as the seats adjoining mine fill, and shake the hands of those who introduce themselves.

"Welcome to the 2018 Sigma Tau Delta International English Convention!" a woman on the English Society Board bellows into the microphone. "We are so glad you all could join us here tonight!" Applause erupts, cheers are shouted. "Everyone in this room shares the same interests as you," she goes on to say, "these are your people!"

A special guest is introduced to the stage, the Site Manager of the Harriet Beecher Stowe House, Christina Hartlieb. The convention theme, "Seeking Freedom," was brought to life with a PowerPoint by Hartlieb, that detailed the history of Stowe and how she sought freedom. Her presentation ends, and over 1,000 pairs of hands clap.

The next events are announced: a reading of the society's publication, followed by an open mic night. I retreat to my room, already feeling overwhelmed by social interaction. The following day, when I would present, looms in the back of my mind. I need sleep.

8 a.m., six hours until presentation, my alarm goes off. Groggily, I search in the darkness for the cacophonous sound emitting from my phone. Successfully, I find the device and tap the snooze button. It's too early.

10 a.m., four hours until presentation, I suddenly awake from a painful burst of anxiousness in my chest. "I can't do it," I think to myself, "I'm not going to." I lay in my dark room staring at the ceiling, the only sliver of light coming from the parting in the curtains. I toss and turn in the suddenly uncomfortable bedding, fighting the urge to get up.

11 a.m., three hours until presentation, I finally get out of bed. I switch on a lamp and increase the partial opening in the curtains. "Daylight," I convince myself, "daylight will help. I can do this." I sit on the floor, leaning against the wall, doubt creeping in once again. Eventually, I dress myself, leave the hotel, and walk around the block to Starbucks. The fresh, crisp air slowly awakening my senses, the coffee filling my aching stomach.

12 p.m., two hours until presentation, I change into my blazer and slacks. With my heels strapped tight, and my great-grandmother's necklace around my neck, I pace my room, essay in hand. Final remarks scribbled in pen appear on my paper; quotes of comfort written at the top.

1:45 p.m., 15 minutes until presentation, I board the crowded elevator. Focusing on taking deep breaths, I miss what the man in the elevator has said.

"I'm sorry?" I offer.

"Are you presenting soon?" he asks, noticing my attire.

"Oh, yes, I am." I reply.

"Well, good luck." He's off the elevator as I mutter a sheepish "thanks."

1:50 p.m., ten minutes until presentation, I arrive at my session. All but one seat at the table has been occupied, mine. "I'm late," I think to myself, "all because I wallowed too long." I take my seat, introduce myself to the others on the panel, and take several large sips of water. The session chair reminds us of the order – I am presenting first.

2:00 p.m., presentation time. The session chair introduces the five presenters on the panel, and I am motioned to take the podium. One final sip of water, a deep breath, I walk to my spot. I clear my throat and begin...

I read my essay with as much emotion as I could summon, confidently answered the questions following the presentations, and graciously accepted the positive feedback as the session came to a close. I fought a proud smile that threatened on my face as I stepped on the elevator, pressing the button for the 15th floor. "I did it," I told myself, "now it's time for a nap."

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## A Greek tragedy at students' expense

**Breanna Brink**  
Staff Writer

Saint Martin's University prides itself upon many things --its education, its morals, and of course, its community. Yet, not everyone knows the whole story about just how strong that community used to be. Most students when questioned about the idea of Greek Life on the SMU campus are entirely unaware it even existed, or what it is to begin with. For starters, when asked about Greek Life, people often think of a concept that follows the vein of sorority and fraternity houses that the media portrays. This is an unfortunate stereotype that has been propagated by comedy and occasional reality. However, the goal of a sorority or fraternity isn't so much as to party, but to network, form close social bonds, and provide a campus with a student run group that can provide funds and fun to the students. Saint Martin's used to have Greek Life, and while it was far more academic, as it lacked specified houses, and forbade drinking or partying, their goal was to develop contacts and focus on studies, all while connecting the student body in a celebration of culture and unity. What happened to the Greek Life on SMU's campus? As one member stated, "I'm happy that our voice will finally be heard and hoping the current students will rise up and take back the heritage that was stolen from them."

Greek Life on the SMU campus used to bring service and ministry, as well as bringing closeness to one another. April Jones and Dawn Cypriano-McAferly (both Lambda Chi Omega) were willing to discuss their experiences and the community service that the Greeks did on campus. Jones openly discussed that "I had an amazing experience with my Lambda sisters. I waited until my sophomore year to pledge because I wanted to see which sorority I felt I would be a better match with. I'm still in touch with many of my sisters and am still close friends with three of my Lambda sisters

- one of which I wouldn't have been friends with without Lambda."

The Greek Life was not just a way to make friends, there was also a heavy community service focus within their group. McAferly states that "We were a community service based organization, so we volunteered at Bread and Roses, helping provide meals to the local homeless population. We also worked at events, such as the annual Governor's Breakfast, SMU library fundraising campaigns, SMU new student orientation, dances and homecoming." Not only did they help the community, but they also supported their Greek families. "There were also the non-formal functions, such as sister movie nights in the dorms, and a time when a group of us planned and hosted a wedding for one of our Lambda sisters, that bring back the happiest memories for me."

Those that do know of its existence mourn the loss that Saint Martin's suffered when the administration deemed the college no longer suitable for a Greek Life program. The reason for this was left vague and the administration is left to blame in the eyes of those who used to be a close part of the Greek Life on campus. Angie Johnson, a member of Delta Gamma XI (from 1993-1998) resurrected The Belltower after years of being out of print. Johnson was able to fill in some blanks as to why the administration may have turned on the program, but inevitably it appears they used a simple, college-age mistake against a group of students for their own desires. One member said "I know what happened that ended the Greeks and know that it was a select few that made poor choices drinking and trashing a classroom in Old Main. These individuals caused damage and it happened during a time that several administrators wanted the Greeks banned." She proceeded to discuss how several hearings were held, which ended in the disbandment of all the Greeks, however, as loyal and devout friends, they stayed together not allowing one to

take the fall. She further went on to discuss "what I remember is Campus Life and Residence Life had some turnover and the old staff were more supportive of the Greeks. The new Campus Life Director especially had it out to end the Greeks, getting others on board."

Ken Rich, a member of Alpha Sigma Chi further supported this idea, "It was wiped off on purpose. There was absolutely no valid reason for the school to disband the Greek system. School leadership waited for the perfect time. During my tenure, all Greek organizations and ASSMC were in lock-step working towards the benefit of each student on campus. A powerful voice that holds school administration accountable is not something that school leadership necessarily enjoyed."

Some are still extraordinarily passionate about Greek Life, disheartened at the culture that was taken from the students. The fact that these students aren't even aware of their own lost heritage is what makes the former Greek Alums the most upset. They pity the students who are unable to form lasting relationships through Greek Life. Rich was able to share more about his experience with forming lasting relationships through Greek Life. "Greek Life was the cornerstone of my time at Saint Martin's. The friendships I formed are something I've cherished over the last 20 years. I've done a lot of things since graduating SMC - almost 20 year career as an Army officer and Ph.D professor. I have a lot of things I hang on my wall - and at the top of everything I have is my fraternity picture." Saint Martin's can no longer be responsible for these kinds of close relationships, because no one is even aware Greek Life had existed. "It breaks my heart that current and former students at Saint Martin's University haven't shared in this rich history and have no idea that one of the most important things in Saint Martin's history has been stolen from them."

It is unfortunate that the history of the Greek Life has been calmly

swept under the rug, and that no one has questioned why it can't be resurrected. Rich discussed how "(SMU) has had Greek Life since the founding of the school. Sigma Mu Kappa and the history of SMC are intertwined. Just take a look at all of the historical pictures - you will see Sigma in almost every one of them. Delta has also been around a considerable amount of time. In 1990, AEX was formed. Lambda was formed by my wife in 1994/5 and was an awesome addition to the Greek system rounding out the Greek system family." During his time at SMU, he recalled how ASSMC worked for the student body, not the school, and brought up how if this had happened while he was enrolled, a rally with the students would have occurred. He put out an invitation to the current ASSMC (ASSMU) president to talk: "I would like to send a message to the current ASSMC President - rally the students and fight to make the school accountable for this travesty. I don't know the current way ASSMC does business, but I imagine that the school has convinced a generation of students that they are subservient to the 'adults' in the university. ASSMC only has one purpose - to defend and support the rights of students. All of you are elected by the students (and work directly for those students - not the administration as a school run club) - and I hope that you are strong and will fight for what is right and just. In 1994 - my first year as ASSMC president - I became aware of the retention of student activity fees that was used for the benefit of the school (interest income - and investment). We fought and won - and used student money for student activities. I urge you to rally alumni and current students and fight until our shared history is back on campus. A lot of us would be right alongside you every step of the way."



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## A look back on the Nisqually earthquake

**Brenna Woslum**  
Staff Writer

2018 marks the 17th anniversary of the Nisqually earthquake. The infamous earthquake struck on the morning of Ash Wednesday (Feb. 28, 2001), at 10:54 a.m., and lasted between 40 and 45 seconds. With a magnitude of 6.8, it was the largest earthquake many Washington residents had experienced in their lives the most, and the most strongly felt in over 50 years. The earthquake caused approximately two billion dollars in damage, including damage to the Washington State Capitol building, Pioneer Square, the Starbucks headquarters, and the Alaskan Way Viaduct in Seattle. The damage in Olympia included cracks to the dome of the Capitol building, fallen façade from downtown buildings, a landslide on Highway 101, and the closure of the Fourth Avenue bridge in downtown Olympia. Falling brickwork and other damages contributed to an injury count of 400. Only one casualty was reported, a heart attack caused by the stress of the earthquake. Local hospitals reported treating many patients for trauma related anxiety and chest pains. Saint Peter's Hospital reportedly treated 50 cases of quake related injuries, and several dozen Olympia residents were temporarily displaced from their homes at the Olympian Apartments.

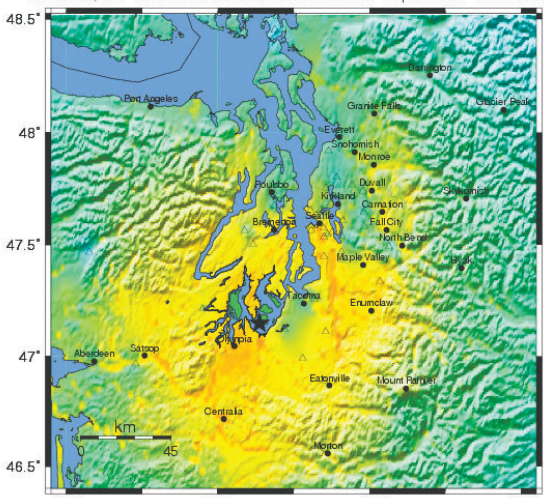
Saint Martin's closed for the day after the earthquake struck, as did The Evergreen State College, and many local grade schools. Although the campus suffered minimal structural damages, books were knocked from their shelves in the monastic library. "A lovely statue of the

Virgin Mary that we had in the monastery fell on its face and we had to bury it, as is proper with statues which have been irreparably damaged," reported Fr. Gerard Kirsch, who was in the monastery when the earthquake struck.

In the years since the earthquake, many forms of earthquake proofing have been implemented at state buildings and local businesses. Conversion of the Alaskan Way Viaduct to a tunnel is currently underway, although the damage to the tunneling machine Bertha may have delayed completion of the project. While much has been done to improve safety in the event of another major earthquake, many feel that Washington is still largely unprepared should a similar, or even larger, quake hit the region.

Cascadia Rising, a drill put on by FEMA in 2016, found the Washington State response to a potential large magnitude earthquake an extremely unprepared one. Contributing to that unpreparedness is a lack of funding and staffing shortages at emergency management organizations. Due to these obstacles to preparedness at a government level, it is now recommended that individuals have two weeks of supplies set aside in case of emergencies, including food and water, and to take some basic first aid trainings. For those living in campus housing, this can be an intimidating suggestion. Thankfully, trainings on earthquake preparedness are available from a number of organizations, and several community events are planned for the near future to practice earthquake response as well as demonstrating how to create emergency preparedness kits. The Great Washington Shakeout is an excellent

PNSN Rapid Instrumental Intensity Map Epicenter: 17.0 km NE of Olympia, WA  
Wed Feb 28, 2001 10:54:00 AM PST M 6.8 N47.15 W122.73 Depth: 51.9km ID:0102281854



PERCEIVED SHAKES	Not felt	Weak	Light	Moderate	Strong	Very strong	Severe	Violent	Extreme
POTENTIAL DAMAGES	none	none	none	Very light	Light	Moderate	Moderate/Heavy	Heavy	Very Heavy
PEAK AAZI (Pg)	< .17	.17-1.4	1.4-3.9	3.9-9.2	9.2-18	18-34	34-65	65-124	>124
PEAK VEL (cm/s)	<0.1	0.1-1.1	1.1-3.4	3.4-8.1	8.1-16	16-31	31-60	60-116	>116
INSTRUMENTAL INTENSITY	I	II-III	IV	V	VI	VII	VIII	IX	X+

Map showing the force of the 2001 earthquake by city.

example of one such event and is set to take place on Oct. 18, 2018. Participants can register online to practice and learn with other Washington State residents. According to shakeout.org, last year's events drew over one million participants, and current registration for this year's event is already passing two thousand people. At this point, Saint Martin's is not listed in the directory of participating colleges, but it is worth considering if the college should hold its own form of emergency preparedness training this year.

## Keeping our campus clean and embracing Benedictine values

**Olivia Alvord**  
Staff Writer

Keeping our campus clean is something that we, as a united community, should maintain and prioritize. Nearly every day, there are tour groups walking around campus with prospective students, alumni, and faculty forming opinions about the school and the community within it. We, as current students and faculty, need to try our best to keep our campus community clean. Whether that be picking up the trash that someone else left outside and putting it in the garbage bin, or washing your dishes after making a meal in the community kitchen, we need to strive to clean up after ourselves. We live within a community and we want to make it look the best it possibly can, for each other and for visitors.

Keeping our campus clean does not just mean outside --it includes inside the buildings too. Although few walk through the campus buildings like they do outside, it is still good to be courteous to our custodial staff. This means cleaning up after yourself in the community kitchens and shared living spaces, not leaving your trash or any personal belongings outside your room or in the hallways, and especially, not making a mess in the bathrooms. This is often the one that people forget, as they have someone cleaning up after them in their floor bathroom. Do not take advantage of the custodial staff, they don't enjoy cleaning up unnecessary messes. Just because they clean the community bathrooms and



Trash located in the woods behind Parsons Hall

showers daily, does not mean that they are responsible for the messes you make. So, the next time that you are in a community space, make sure to clean up the area when you are done and leave it just the way in which you found it.

Students around campus have a lot to say when it comes to keeping campus clean. Here are just a few students' perspectives on what we need to improve in our campus community.

A Saint Martin's freshman said, "I see a lot of people in Parsons leave their food trash in the

community bathrooms. I hate that their stupidity could cause our whole floor to gain a \$50 fine. It would be nice if people could just clean up after themselves instead of relying on others to do it for them."

A senior, Jase Kugia, said, "Overall, our campus is beautiful, and a lot of credit goes to the custodial staff and maintenance crew. With that said, it's frustrating at times to see students disregard those efforts with their lack of courtesy. At school we preach values such as stewardship and respect for persons and I think we should all hold each other accountable for our actions. Our campus' appearance is a reflection of us as people, as a school, and as a community."

Another student, a sophomore and commuter said, "Campus needs more trash bins by the parking lots. I see commuters just leave trash in the parking lots because there are no trash bins near them to throw things out."

It may seem second nature to rely on the custodial staff to keep campus clean, but the primary responsibility is in the hands of the students and staff who showcase our welcoming community to visitors and to one another.

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## Men's golf swings through spring

**Patrick Burns**  
*Staff Writer*

The men's golf spring season is in full swing with the team traveling all over the West Coast. The Saints have five tournaments this season, which began on Feb. 26 in Livermore, Calif. The Saints then travelled back to Livermore on March 12.



Chace Daskalos reading the green at the Battle of Goose Creek.

Recently, the Saints were in California at the Battle for Goose Creek and then traveled to Goodyear, Ariz. to play in the Men's Mustang Intercollegiate tournament hosted by Western New Mexico University. After these tournaments, the Saints will then move on to the Great Northwest Athletic Conference (GNAC) Championships in Coeur D'Alene, Idaho. The Saints should be prepared well for the GNAC Tournament, as most of their team has played the course in Idaho and know it well.

The men started off their season in Livermore, Calif. at the East/West Bay Area Invitational, hosted by Holy Names University at the Wente Vineyards. This tournament was their first since their fourth place finish in Hawaii back in October.

The Saints first two days started off a little slow, and only one Saints golfer, Tyler Fitchett, was able to net a score under 80. However, on the third day in less than perfect weather, the Saints were able to bounce back with the biggest jump coming from junior, Trevor Frisby, who shot a team-low 72 after posting back-to-back scores of 82. The Saints placed 11th overall, which

was good enough to beat some GNAC foes.

The Saints next chance to get on the course was in Livermore, Calif. at the Notre Dame de Namur Invite hosted by Notre Dame de Namur University at the Poppy Ridge Golf Club. The Saints had a much stronger performance this time and were able to place sixth. The Saints were led again by Frisby, who shot a team-low 74-73-76, for a total of 223 for the tournament. Senior, Drew Raab, also had a strong tournament who shot 78-75-81 for the tournament. The Saints once again battled bad weather in this tournament, but were able to fare better than their first trip to Livermore, Calif.

Recently, the Saints competed in the Battle of Goose Creek hosted by California Baptist University, and were tied for 17th after the first day of action. Raab is the team leader after the first day after shooting 71-74 in the first two rounds. Frisby is right behind him after posting scores 76-74 in his first two rounds. During the second day, the Saints will look to move up the leaderboard. This tournament is a big one for the team's NCAA ranking.



Trevor Frisby watches his shot at the Holy Names Invitational.

The Saints need to finish strong over the rest of the season to get back into the top-10 NCAA West Regional Rankings so they can go to the NCAA Tournament. The team hasn't made the NCAA Tournament since the 2010-2011 season.

They will need to lean on senior leadership from Raab, Chace Daskalos, and Alex Aguilar, and strong performances from their top scorer, Frisby. These four combined with the talented Fitchett should start posting better scores over the course of the season. The Saints look primed to make a run to end the year.

## Seahawks quarterback plays baseball during offseason

**Vanessa Kuffner**  
*Staff Writer*

Russell Wilson, starting quarterback for the Seattle Seahawks, doesn't spend his offseason like most NFL players. Wilson played college baseball and football for North Carolina State University from 2008 to 2010, before he transferred to the University of Wisconsin in 2011. He played second base for NC State, hitting .229 with a .708 OPS in 93 games over the course of two seasons. Wilson has played baseball since he was a child. He played minor league baseball for the Tri-City Dust Devils in 2010, and the Asheville Tourists in 2011. In 2012, Wilson was drafted by the Seahawks. Fans see Wilson as the man who led the Seahawks to their first Super Bowl victory in franchise history, and who is the second highest rated passer, under Green Bay quarterback Aaron Rodgers. However, most people don't know that Wilson was originally recruited for baseball. In 2010, he was recruited by

the Colorado Rockies, and was paid a \$200,000 bonus, but he returned it when he signed with the Seahawks after two seasons with the Rockies.

Now Wilson is spending a week with the Yankees during their spring training, where he made his debut. He stepped up to bat, and after five pitches struck out, with two balls and three strikes. Despite this, the crowd was excited to see Wilson up to bat. It is still to be determined whether or not Wilson will be allowed to play competitively in the field during the offseason with the Yankees, but he will be training with them for the time being. This is not the first time Wilson has trained in baseball during the off season. In 2013 and 2014, he trained with the Texas Rangers. His rights were traded from Texas to New York for "future considerations." Wilson is also connected to Yankee player, Aaron Judge, who was offered to play football, but chose baseball instead. The two bonded over their success in their current sports.

In an interview for the MLB, Wilson stated "Ever since I was a young kid, I always dreamed of being a Yankee, I always watched them. My favorite player was Derek Jeter, growing up and watching him and his professionalism. How he played the game, the competitiveness he played with, the passion, the love, the joy he played with every day..." Wilson also talked about how baseball impacted his mental game, "...my whole life, baseball has been a big part of my life and more so my mentality too. When I think about playing football I think about playing quarterback, but when I think about success a lot of that happens through my career in baseball in terms of mentality and everything else and that translates into football." Wilson kept his love for baseball alive when he was drafted by the Seahawks. Although he might be known for his amazing football career, to him, his first success was in baseball.

## True to the blue: The "Sultan of Slap" returns to Seattle

**Amanda Chappell**  
*Section Editor*

The 2018 baseball season is approaching quickly, and several clubs are finalizing their roster before spring training comes to a close. With trades such as Giancarlo Stanton to the New York Yankees, and Yu Darvish to the Chicago Cubs, the MLB hot stove tracker has been on fire. However, there is one trade that outshines them all: Ichiro Suzuki's, lovingly referred to by Ichiro, return home to Seattle.

Ichiro, now 44 years old, was elected a free agent after his 2017 season with the Miami Marlins. As soon as the idea of him returning to Seattle became a slight possibility, Mariners fans across the world ached for this to happen. As of March 7, that dream is officially a reality. The Mariners announced that Ichiro signed a one-year contract for \$750,000, with possible bonuses, depending on plate performances,

according to The New York Times.

In the 2017 season with the Marlins, Ichiro batted a .255 average from 50 hits, 20 RBIs, and three home runs, all in a total of 196 at bats. For the then-43-year-old, that is quite the season. According to ESPN, "Ichiro ranks 22nd with 3,080 career hits... He set a big-league mark with 109 plate appearances as a pinch hitter, and had a franchise record 27 pinch-hits."

Ichiro first joined the Mariners in 2001, where he led the team with a record 116 wins. The Mariners have yet to reach the postseason since that miraculous rookie year for Ichiro, so fans are anticipating an exciting 2018 season. In that astonishing first year, Ichiro batted a .350 average in 692 at bats, including 242 hits, 8 home runs, 56 stolen bases, and 69 RBIs. Besides leading the Mariners to the postseason, in that year, Ichiro was awarded the American League Rookie of the Year, American League Silver

Slugger, and Rawlings American League Gold Glove.

The Japanese star has had quite the career since his debut. After his 2001 season, Ichiro continued to run the bases with the Mariners for another eleven years, until he was traded to the New York Yankees in mid-2012. In the three years with the Yankees, Ichiro had a batting average of .281, with 1106 at bats. After three years in New York, the Miami Marlins picked up the aging outfielder.

In 2015, Ichiro signed a two million dollar contract with the Miami Marlins, his third team in the MLB. He played in the orange and black colors for three seasons, averaging .256 with 921 at bats. Once he became a free agent, it was up to any club to claim the famed player.

Since the announcement, many have speculated the true reason as to why the Mariners had signed their once-MVP. Did they do it for sentimental reasons, to increase

ticket sales? Or, did they really see potential left in him?

With left fielder Ben Gamel out with a strained oblique muscle, right fielder Mitch Haniger struggling with a minor hand injury, and left fielder Guillermo Heredia recovering from shoulder surgery, the Mariner's outfield was looking quite desperate. "The addition of Ichiro gives our team another versatile and athletic outfielder," Jerry Dipoto, Mariners general manager, said in a statement. "His incredible work ethic, preparation and focus will enhance our environment in many ways."

This season will mark Ichiro's 18th season with the MLB, and he has no intention of stopping anytime soon. "I think everybody has heard I want to play till I'm 50," he said through his translator, "but I always say I want to play at least until I'm 50. Make sure everybody understands that."



## Rain washes away two softball games

**Lauren Allison**  
Staff Writer

The Saints Softball team was picked third in the preseason coaches' poll for the 2018 season. Under the leadership of first-year head coach Jim Peterson, SMU looks to come out on top. The new coaching staff includes assistant coach Danielle L'Argent, who has spent her last two seasons at Concordia University in Portland, Ore. Mark Edmonstan, who spent 10 years as head coach of Pierce College in Puyallup, Wash., and Andrea Hamada, who joined the coaching staff this past fall and who was formally an assistant coach for Ellensburg High School, where the Bulldogs finished third in the 2017 state tournament.

Peterson is excited for season and said, "the team has improved since [I became] head coach. I'm excited to see how our players implement our system, style and brand of softball [that] we have been implementing during practice and now it's a matter of translating that to the game." According to the head coach, the biggest challenge this season will "be placing in the top

four in our league play, so we can advance into the league playoffs. Currently, our team has had some offensive struggles scoring runs. So hopefully our team batting average will begin to improve which will give us more opportunities to score runs."

According to junior pitcher, Lauren Maley, the biggest challenge this season, "will definitely be how competitive our conference is. Every team is a threat, and it makes every bit of the season competitive. We will have to start and end the season strong in order to be the most successful."

The team has faced two game cancellations so far this season due to weather. The first was the home opener against Pacific Lutheran, which didn't have a make-up date scheduled. The second was because of poor field condition and expected weather. The Saints' final two games of the Cavalier Classic, hosted by Concordia University, were cancelled with no make-up date scheduled. The Saints were scheduled to play Northwest and Corban later in the day but just like the game before, forecasted rain cancelled those games.

Maley commented on the weather saying that,

"unfortunately, we have become used to games being cancelled, so for us it is just another day and another opportunity to get better until we finally get to play our games." When it comes to game cancellations, "The players get excited to play games, and when we get rained out it does get frustrating for the players. We practice and prepare for games, and our entire team looks forward to game days," says Peterson.

The Saints currently hold a 1-3 record in conference and a 6-9 record overall. The Saints competed at the Desert Stinger Tournament in Las Vegas, where they lost four of the five games played. They turned around to play Holy Names University in San Rafael, Calif. where they won the double header following a loss the next day to Academy of Art, and then a game cancellation. The following weekend the Saints started strong in the Concordia University Tournament, with two straight wins against Corban University and Eastern Oregon University. Unfortunately the winning streak was cut short due to the two game cancellations because of weather conditions. SMU played NNU in their last two games where they both games.

## Chavez wins plethora of awards

**Patrick Burns**  
Staff Writer

Luke Chavez was both the top scorer and leader throughout the Saints' Men's Basketball Team's historical 25-win season. This season accounted for the most wins in school history, the first time the Saints went to a Great Northwest Athletic Conference (GNAC) Championship game, the first appearance in the NCAA DII tournament, and the first win in the NCAA tournament in school history. All of these things could not have been accomplished without the effort of the junior point guard Luke Chavez.

First, Chavez was named as the Newcomer of Year for the GNAC, an award given to a player that is not a freshman, but is playing in their first year in the conference. Chavez averaged 16.4 ppg, 4.2 apg, and 4.6 rpg in GNAC games. During that 19 game span, he averaged over 30 minutes a game, and was clearly the go-to guy for the Saints. His strong performance in conference play led him to a selection on



Photo courtesy of Saints Athletics

Luke Chavez lead the team this season with 513 points.

the GNAC All-Conference First Team as well. His stats were good enough for sixth in ppg, and first in apg.

Chavez's great performance didn't stop after conference play, as he continued on into the NCAA Tournament where he led the Saints to their first ever win versus Cal Poly Pomona (CPP). The Saints went into the game as the fifth seed in the West Region. Chavez led the Saints as far as the semifinal game in the region before falling to Western

Oregon (WOU). However, during these two tournament games, Chavez kept up his strong work on the floor. Against CPP, Chavez scored 16 points over 38 minutes, while adding four rebounds, and three assists. He then went on to score 22 points versus WOU, while adding three assists and three rebounds.

These two performances were strong enough for him to be named to the National Association of Basketball Coaches (NABC) All Region First Team. This award was voted on by the coaches in the tournament.

Chavez was also honored by being selected to the Division II Conference Commissioners Association West Region (D2CCA) second team. This award was also based on his play in the NCAA tournament, and was voted on by the Sports Information Directors (SID), from the schools within the West region. This award was special because most of the schools in the West region are a part of the GNAC, which means that these SIDs might not have

known much about Chavez before the tournament, but he was able to impress them enough to gain these honors.

Chavez will enter next year as a senior on a Saints team that is looking to return back to the NCAA tournament and progress further the next time around. Chavez will be surrounded by many of the same players from this season, as only one senior, Matt Dahlen, ended his career with the Saints. This means that if Chavez can repeat his performance from this year, then the Saints will have another strong season.

Overall, the Saints' magical season came to end after the loss to Western Oregon University in the NCAA Tournament. Chavez will look to build off the season into his senior year for the Saints. This year, the Saints had a shot to get into the Elite 8 because they would have faced Cal Baptist University in the west region final who they already had beat earlier this year. This goes to show how close the Saints were to national attention, and just how far they have come this season.

## Baseball victory at home opener

**Vanessa Kuffner**  
Staff Writer

The Saints Baseball Team finally caught a win at the home opener against Northwest Nazarene University (NNU), after a 3-game losing streak. Unfortunately, after the win, they went on to lose the next two games.

For underclassmen athletes, it can be hard jumping from high school level play to collegiate athletics. The change in the level of play can become most evident in games, since practices don't compare to the environment of an intense game. Dakota Hill, a freshman from Yelm, Wash., stated "[The season] has been rough, we have had a few challenges, but we have a lot of time left, a lot of time to reach our goals. Everything is still on the table for us, we just have to go out and get it."

"Obviously, I'm the underclassman, so I've got to wait my time out, got to work hard and come in with a positive energy. But it is cool to go through getting the uniform and this is what I have wanted ever since I have been playing machine pitch. And then you go back and look at pictures and you are like 'Wow, that kid is



Photo courtesy of Ron Smith

The Saints warm up at home before the start of a weekend series.

playing college baseball.' It's pretty cool, it is one of the dreams that's coming true." Hill has been playing baseball since he was five, and now he gets to live his childhood dream of playing baseball at the collegiate level.

The Saints came out strong against NNU, winning the game 4-1. A strong pitching performance by Clark Streby, and fantastic hits from Kahi Hirano and Austin Feist, fueled the win for the Saints. The Nighthawks scored their only run in the bottom of the sixth inning. In the fifth inning, Bryant Nakagawa walked and allowed junior transfer, Colton Peha, to score a run, making

the lead to 2-0. To help cement the victory in the bottom of the sixth, Hirano landed a hit that allowed Ryne Oshiro to score all the way from second base. In the seventh inning, Feist hit his second home run and the Saints brought home the victory in the ninth inning.

It was a great way to start off the series. The next few games however, the Saints' strong performances could not produce more wins. Mickey Walker had an impressive game pitching eight straight innings, and only allowing one run off five hits, one walk, and eight strikeouts. The game was cut short due to low lighting. When the game picked up again, NNU managed to pull out the win instead.

The season has only started for the Saint Martin's Baseball Team, "Come to games, it is fun. We get our own walk up songs so you get to see everyone's personality through the songs, which is kind of cool. Baseball it just such a unique environment, it is laid back and then also toward the end of the game it can get pretty intense and it's a fun family environment," encourages Hill. With plenty of home games left, support our baseball team and get them to GNAC tournament just like our men's basketball team.



**Mens Basketball, from cover**

In the last play of the game, Standly sent a floater over two defenders to Chavez at half court who dribbled to the top of the paint. Chavez pulled up and hit the game winning 15-footer with 2.1 seconds left on the clock sending the Saints to the GNAC Championships for the first time in school history.

The Saints played first seed and nationally ranked Western Oregon University (WOU) in the GNAC Championship game. Boyce and Chavez ended the game in double-digits, with 11 points each. Freshman Tavion Henderson and Standley added seven points each off the bench. Kitchen and Dahlen finished with a combined 12 points and 13 rebounds. As a team, Saint Martin's shot 18-for-58 (28.0 percent) from the field, 4-for-20 (20.0 percent) beyond the arc, and 15-for-19 (78.9 percent) at the free throw line. The Saints recorded 31 rebounds, 14 assists on only nine turnovers, along with nine steals and four blocks. During the first half, both teams were evenly matched with neither team leading by more than 6 points. WOU took advantage of the struggling 3-point attempts by Saints who only shot 20 percent for the game. SMU went into halftime down by four after a back and forth first half. The Saints struggled to find an offensive rhythm while they only scored 2 points in the first 5 minutes. Western Oregon took advantage and found themselves with a 13-point lead. The Wolves defense held strong where they limited the Saints shots and eventually were able to claim the GNAC title with a 10-point lead, finishing the game at 55-65.

For the first round of the NCAA tournament, the Saints faced Cal Poly Pomona where they walked of the court with a 66-58 win. Boyce led with 19 points while Chavez added 16 points, and both combined for seven rebounds and five assists. Dahlen and Baerlocher each ended with eight points while Standley, Mathews and Henderson combined for 13 points, 14 rebounds, and six assists. The Saints as a team shot 20-for-44 (45.5 percent) from the field, 9-for-20 (45.0 percent) beyond the arc, and 17-for-26 (65.4 percent) from the free throw line. The Saints recorded 37

rebounds, 12 assists, 16 turnovers, four steals and three blocks. SMU were able to hold Pomona with a 9-point lead going into half time. Boyce was able to increase their lead to 15 by hitting his fifth 3-pointer of the game which helped push the score to 50-32 with 10 minutes left. Pomona came back with a burst of energy, cutting the Saints lead down to 5 points. The Saints were able to seal their victory with free throws during the final minute of the game.

The men's amazing season came to an end in the second round of the NCAA tournament against GNAC Champions, Western Oregon. Chavez led with 17 points, shooting 6-for-13 from the field and 3-for-6 beyond the arc. Baerlocher added eight points and five rebounds. In his final game of his collegiate career, Matt Dahlen finished with 11 points, two rebounds and two assists. The team shot 22-for-49 (44.9 percent) from the field, 5-for-18 (27.8 percent) beyond the arc, and 6-for-8 (75.0 percent) at the free throw line. The Saints recorded 23 rebounds, seven assists on 14 turnovers, along with four steals and one block. For the fourth time this season, the Wolves came out with a victory after a tough fought battle at Western Oregon. While the Saints held back the Wolves shooting, the second half Western hit eight 3-pointers which dominated the board, sealing their fourth victory. Both teams struggled with turnovers throughout the game giving each other open offensive opportunities. The teams went into halftime with Western leading 21-19. The Wolves gained their largest lead of the game with a 10-2 run making the score 31-22. Chavez stopped the attack with



Junior transfer Luke Chavez drives to the basket at home after leading the team to their first ever NCAA tournament appearance.

three points which propelled the Saints to chip away at the Wolves lead. Western responded with 10 points in the next four minutes giving them a 45-33 lead. They found their offensive rhythm in the last few minutes which resulted in their 77-55 win over the Saints.

Pribble stated, "It was an emotional locker room after the final loss of the season, as you'd expect. These players and coaches put a lot of hard work and heart into the season, and when it comes to an end it's sad, especially when you think about our senior Matt Dahlen. That doesn't take anything away from the historical season we had, but the final game was definitely emotional. There are so many great memories from this season that will stick with me, but if I had to pick a favorite it would be seeing our players walk over to the Saints crowd after our win in the NCAA tournament. We had incredible support all year long, and watching our players celebrate with the community after the school's first NCAA tournament victory - well that was as special as it gets."

## Upsets make March Madness especially maddening in 2018

**Eric Parks**  
Staff Writer

Every year, millions of college basketball fans construct a bracket in hopes that they can predict every game right. While nearly impossible every year (no one has ever done it), it was especially hard this year because of an unusually high rate of major upsets.

One team to surpass everyone's expectations is Florida State. In the second round of the tournament, the No. 9 Seminoles upset No. 1 Xavier 75-70. In the next round, Florida State handled No. 4 Gonzaga easily, winning 75-60. Although most nine seeds don't advance past the round of 32, Florida State was one of two to make it to the Elite 8. Trent Forrest and Terance Mann were key contributors in the upsets. Against Xavier, Forrest scored 13 points, five rebounds, four steals and three assists. His steal with 1:18 remaining set up a 3-point shot by PJ Savory to give the Seminoles a 71-70 lead which Florida State retained for the remainder of the game. In the next round against Gonzaga, Terance Mann went 8-13 shooting (18 points) and added five rebounds in a game that saw the Seminoles lead for most of the game.

Another team with an incredible upset was the University of Maryland-Baltimore County. UMBC, who beat No. 1 Virginia 74-54,



Joel Berry and the #2 Tar Heels surprisingly fell to #7 Texas A&M 86-65 in the second round.

was the first ever 16 seed to upset a one seed in the first round of the tournament. At the end of the first half, the score was tied at 21, but the Retrievers dominated in the second half to win by a sizeable 20 points. UMBC guard Jairus Lyles scored 28 points, making nine of 11 from the field and seven of nine free throws. Although UMBC played a

great game, the Cavaliers are also to blame for playing poorly. While Virginia made 39 percent of 3-point shots throughout the season, they went four for 23 (19 percent) over the course of the game. UMBC went on to lose in the next round 50-43 against Kansas State.

Loyola Chicago is perhaps one of the most impressive storylines this tournament. As a No. 11 seed that advanced to the Elite 8, they have pulled off three consecutive upsets by a combined 4 points. In the first round, Loyola beat No. 6 Miami 64-62. With under a second remaining, Donte Ingram nailed a three pointer to give the Ramblers the lead. Loyola guard Clayton Custer scored a game-high 14 points which included four from beyond the arc on six attempts. In the next round, Loyola pulled off their most impressive victory, beating No. 3 Tennessee, 63-62. With 5 seconds remaining, Custer made a jumper to give the Ramblers the lead. Guard Aundre Jackson came off the bench to lead Loyola in scoring with sixteen points against Tennessee. After advancing to the Sweet 16, Loyola would not be denied an Elite 8 birth. They fended off No. 7 Nevada, who just came off an impressive upset of their own, 69-68. While Loyola has been on a hot streak, winning 20 of their last 21 games, they received additional motivation from their team chaplain and honorary

assistant coach Sister Jean Dolores-Schmidt. The 98-year-old has served as the team chaplain for 24 years and sits at the Loyola bench during every game.

Other notable upsets include No. 7 Nevada erasing a 22 point deficit to beat No. 2 Cincinnati, No. 11 Syracuse beating both No. 6 TCU and No. 3 Michigan State, and No. 7 Texas A&M beating No. 2 North Carolina. Although there have been an unprecedented number of upsets, experts were predicting an especially wild March Madness in 2018 because it was hard to gauge who the top teams were throughout the season. With just about everyone's brackets completely busted, fans can at least hope that the conclusion to the tournament is just as exciting as it began.



**Coach Garland, from cover**

school and athletes. There was an unspoken word between the athletes that the reason our grounds were kept so well had all to do with Coach Garland. During the summer and during our fall season for soccer, our field was always perfectly lined and trimmed. We all knew this was because of Coach Garland and his staff. Many early mornings, the day before games, Garland would always be out and about finishing the field to upkeep the appearance of our school. It was known to both the men's and women's soccer teams that we had one of the best grass fields in the conference, and this was all due to the hard work of Garland and his crew.

"Garland cared about more than the game, he cared about us as students, as people, and as a family" said senior baseball player Luke Hare.

A small memorial service for the Saint Martin's family and community was held on Thursday, March 22nd in the Abbey Church, a reception immediately followed the prayer service in the Norman Worthington Conference Center. The Garland family will be hosting a separate memorial service in the next few weeks in the Marcus Pavilion, where the greater community will be able to gather to honor Coach Garland's memory and to be together in prayer, the date to be determined.

The email sent out to the SMU Community stated, "A reminder, that for those of you who continue to experience grief and who may welcome support as you grapple with this loss, please know that the Counseling and Wellness Center is available by calling 360-412-6123 or emailing counselingcwc@stmartin.edu



The Saints community mourns the loss of head baseball coach Ken Garland.

Photo courtesy of smusaints.com

## Russian attack on agent in UK unites allies

**Brian Messing**  
Section Editor

On March 4, the Russian government launched an attack on Sergei Skripal, a former double agent, currently living in the United Kingdom. Skripal was attacked by a lethal nerve agent that affect both him and his daughter. Skripal was born in the Soviet Union in 1951, and acted as a double agent on behalf of the U.K.'s intelligence service, MI6, during the 1990's. While he worked for MI6, Skripal disclosed the names of many Russian agents working across Europe. Skripal was arrested in 2004, and later tried and convicted of high treason and sentenced to 13 years in prison, according to BBC. In 2010, Skripal was part of so-called "spy swap" between, the United Kingdom, Russia, and others, in which the two countries exchanged captured spies with each other.

The attack happened on March 4,

in Skriapl's home in Salisbury. The attack was seen as Russia's way to get back at Skripal for his service to MI6 and the United Kingdom. In addition to being poisoned, Skripal's daughter Yulia was also poisoned. As of March 22, the pair remain in critical condition in the hospital. The Russian scientist who helped develop the lethal nerve agent, Vladimir Uglev, described the poison. He told Yahoo News that Novichok, the nerve agent, was developed by the Soviet Ministry of Defense between 1972 and 1988. He noted that the poison was developed in both liquid and powder form and was stored in warehouses. He also said most importantly that there is no antidote and that if Skripal and his daughter are taken off life support, they will certainly die.

The reaction from the British government has been swift and strong. British Prime Minister Theresa May has stated that it is "highly likely" that the Russian government was

behind the attack, in a statement to the House of Commons. Not surprisingly, the Kremlin has denied this allegation. The Russian's government responded to the Prime Minister's allegations by calling her speech "a circus show." The White House responded by calling the attack "an outrage." Press Secretary Sarah Sanders stated that "the act was reckless, indiscriminate and irresponsible." British Foreign Secretary Boris Johnson summoned the Russian Ambassador and demanded "full and complete disclosure" of the Novichok program, according to the Prime Minister.

The European Union showed its support to the United Kingdom at the EU Summit in Brussels. The European Union agreed with the Prime Minister at the summit, that it was highly likely that Russia was behind the nerve attack. As an act of symbolic protest, the European Union withdrew its envoy to Russia. The support from the European

Union, on behalf of the United Kingdom, shows their joint fight against Russia's aggression, despite the United Kingdom leaving the bloc in about one year. According to Reuters, this marks a breakthrough for the United Kingdom, as convincing the EU leaders to condemn Russia had been a goal of the British government since the attack on March 4.

The attack sets a nasty precedent. It was the first instance of a nerve toxin in Europe since WWII. According to Reuters, German Chancellor Angela Merkel stated that there is a definite possibility that the European Union will take harsher measures against Russia, while acting together as a body. Britain moved to expel 23 Russian spies and other countries in the European Union have taken similar measures. Additionally, the British Cultural Centre in Saint Petersburg was closed.

## Church of the Holy Sepulchre closes, inciting confusion for pilgrims

**Zara Kulish**  
Staff Writer

The Church of the Holy Sepulchre in Jerusalem has been a center for pilgrimages for Christians for a long time. The place on which the church is built is identified as both the site of the crucifixion and that of Jesus' tomb. After converting to Christianity, the Roman Emperor Constantine I had Jerusalem's temple to Venus demolished in order to make way for a church. In the process of knocking down the temple, the workers discovered what they believed to be the tomb of Jesus Christ. In 326, Saint Helena, Constantine's mother, made a pilgrimage to the site, and discovered a piece of the "True Cross" (the one on which Jesus was crucified), which is a holy relic. In 614, Persian invaders demolished the church, and took with them the relic of the cross. They kept it until 631, when the Byzantine Emperor Heraclius negotiated for its return to Jerusalem. Three hundred years after the Arab conquest of Jerusalem in 638, the entrance to the basilica was turned into a mosque, and the dome was burned down during anti-Christian riots in 966. The fanatical Fatimid Caliph ordered the destruction of the church in 1009, but the Byzantine Emperor, now Constantine IX Monomachos, once again had it rebuilt. The city of Jerusalem was captured by Seljuk Turks in 1077, and there were rumors of Christians being mistreated and denied access to the church. Liberation of holy places, chief

among them the Church of the Holy Sepulchre, was a strong motivation behind the first crusade, which took place in 1096. On July 15, 1149, the church was reconsecrated -- exactly 50 years after Jerusalem was captured by the first crusade.

On Feb. 25, 2018, the Church of the Holy Sepulchre closed its doors to the public in response to proposed law changes. Church officials claim the first of these laws will prevent them from selling their land, which they do in order to raise money. In the 1950s, the Greek Orthodox Church made a deal leasing land to the Jewish National Fund, which allowed residents of Jerusalem to build houses on it. The understanding was that the lease would automatically renew when its term was up. However in recent years, the church has been selling some of that land to private investors that are requiring residents to make payments ranging from \$50,000 to \$140,000, or risk losing their homes. Israeli lawmaker and Former Deputy Mayor of Jerusalem Rachel Azaria says "This bill has nothing to do with the church... It's all to do with the thousands and thousands of families that are going to lose their homes."

The second proposed law would require churches to begin paying taxes on buildings that are used for purposes other than worship, such as schools and meeting halls. The church buildings themselves would remain tax-exempt. Church figures said that "the Jerusalem municipality issued scandalous collection notices and orders of seizure of church assets, properties and bank



The Church of the Holy Sepulchre is one of the oldest churches in Jerusalem.

Photo retrieved from creativecommons.org

accounts for alleged debts of punitive municipal taxes." Meanwhile, the mayor behind the law, Nir Barkat says he is aiming to correct an unfair imbalance in the favor of the church.

In the midst of this controversy, many pilgrims who have traveled thousands of miles to see the Church of the Holy Sepulchre were left out in the cold, wondering why they couldn't access this place of worship. On Feb. 27, Prime Minister Benjamin Netanyahu made a public statement saying that a team would be sent to work out a solution with church leaders regarding the taxation of church properties other than houses of worship. In the meantime, the tax proposal has been suspended, and the Church of the Holy Sepulchre has reopened its doors to the waiting public.



## Brexit negotiations center on Northern Ireland

**Mariah Partin**  
Staff Writer

In 2018, the United Kingdom held a referendum on Brexit on the question of whether the United Kingdom should remain in or leave the European Union. Over 30 million Britons voted in the referendum and only just over 50 percent supported the decision to leave the EU. Newly appointed Prime Minister Theresa May listened to the people and triggered article 50, beginning the negotiation process for Britain to leave the bloc. Article 50 gives the U.K. two years to negotiate with the EU what they will have to pay, as well as decisions about other organizations and rules that are involved with being a part of the EU.

There is now just over a year left and the media



Prime Minister Theresa May and President of the European Commission Jean-Claude Juncker take questions.

Photo retrieved from creativecommons.org

in the U.K. is already speculating about controversy and second thoughts among pro-Brexit voters. Polls taken since the referendum have showed a small swing of voters now choosing to stay, but leaving the EU still has the majority. BBC Polling has predicted that the small increase to 49 percent of voters wanting to stay are probably from those who previously voted that they don't know. Parliament is also divided in the decision for Brexit, so Prime Minister May does not have a "safe" majority.

Brexit negotiations have caused the pound to drop 15 percent against the euro but regained its losses against the U.S. dollar. Despite concerns of a doomed economy, the U.K. economy has estimated to have grown 1.8 percent in 2016 and the unemployment rate continues to drop. The U.K. and EU negotiating teams have been meeting to decide on the amount of the "divorce bill," what Britain will owe the EU as well as what will happen to the Northern Ireland border, one of the main technical talks on the agenda.

Jeremy Corbyn, leader of the Labour party and Leader of the Opposition, has accepted the referendum result and said he would negotiate a permanent customs union with the EU, if he were to become Prime Minister. This would keep trade flowing freely and protect jobs, as well as ensuring there is not a "hard border" in Northern Ireland. This means no physical infrastructure like customs posts or surveillance cameras, but that will continue to be discussed. Among

discussions is also the idea of Northern Ireland staying in an EU customs union, however, Prime Minister May is opposed to this. Northern Ireland voted on the referendum with a 56 percent majority wanting to stay in the EU, however much of this is because of the divisive nature of Northern Irish politics and the already hardened divisions between Catholics and Protestants. Another factor is the single market and customs, the EU single market allows the free movement of goods, services, money and people within the EU as if it were one country. Whether or not they will stay a part of the single market will be part of Brexit negotiations.

The U.K. has agreed that if no deal is reached then it will continue with the EU rules of the customs union and single market that are necessary for cross border cooperation and the protection of the island's economy. EU nationals working in the U.K. will also be able to stay and continue working. One of the main wishes for Brexit was a reduction in immigration, Prime Minister May says a focus of Brexit negotiations will be reducing the immigration rate to below 100,000 a year. The main reasons for the U.K. wanting to leave the EU, among immigration, are the issues of many regulations on businesses, expensive membership fees with little in return and the desire for the U.K. to be making its own laws again.

## Italian election leaves hung parliament

**Mariah Partin**  
Staff Writer

March 5 was Italy's general election, which consisted of choosing over 900 members of its two houses of Parliament, the lower (and more important) house, the Chamber of Deputies and the upper house, the Senate. Former prime ministers Silvio Berlusconi and Matteo Renzi lost seats as voters shifted towards anti-establishment parties. Renzi has now formally resigned as leader of his party and has indicated that he has no interest in joining any government. The Five Star Movement (M5S) won a plurality of the votes, about 33 percent of the six parties that gained representation, which was shocking as M5S began as a protest movement in 2009 by a satirical comedian, Beppe Grillo. This makes the Five Star Movement the largest single party, but the results showed that a center-right bloc, led by the anti-immigration Lega party, won the most seats as a group. Given that no party or bloc had enough seats in parliament to allow them to govern on their own, CNBC predicts a long negotiation process to form a government. This means certain parties will have to form a coalition to attain enough seats in the parliament to form a government.

Since the Five Star Movement has the majority of votes, they could link up with other parties and form a coalition in order to gain a majority in the lower house, though originally leader Luigi Di Maio said they would be unwilling to join a coalition. Some European politicians are also nervous about the populist parties gaining strength as they have criticized the euro and the European Union. The Lega leader has supposedly called the euro a "failed experiment," an opinion criticized by many leaders of the EU but felt by a large proportion of the electorate of many countries across the EU. CNBC reported that Italy is the euro zone's third-largest economy, so opposition to the EU and the euro could cause issues in the future. Italy's economy played a factor in the run-up to the election, as they have had pretty low growth and an unemployment rate of 11.1 percent, which was an important topic during the debate. The Washington Post said that Italy's government has not been focusing enough on growth and employment, especially for young people. They further reported that this has led to many youths expatriating and others giving up hope.

According to Gulf News, Italy has had 62 separate governments since 1946, and only the last two



Five Star Movement leader Luigi Di Maio giving a campaign speech

Photo retrieved from creativecommons.org

governments have managed to complete their full terms.

Di Maio, leader of the Five Star Movement, has gained popularity and surprised mainstream media as he was a college drop-out and a former waiter. The party has called for Italy leaving the EU, but Di Maio has now made more comments about staying in the bloc and has further gained popularity by acknowledging the failure of parties on the left and right, bringing the birth of M5S. Immigration has played a part in the political debate for Italy too, which was another leading factor in Brexit. The Guardian reports over 600,000 migrants have arrived since 2014. They also reported that voters opted for the parties with generous

campaign promises such as a flat tax rate, a universal income and early retirement, which would interfere greatly with Europe's budget constraints. Politicians in Europe are nervous about the outcomes of Italy's election, especially French President Emmanuel Macron who desires greater EU integration. The new parliament sat together on the March 23 for the first time, where they will elect presidents of the two chambers. Italian media suspects the best way to avoid parliamentary gridlock will be a national unity government backed by all main parties involved.



## ADVISING WEEK IS HERE!

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## West Virginia teachers walk out in support of better working conditions

**Julia Lucas**  
Staff Writer

Feb. 22 was an average school day for all students and teachers in 49 of the 50 states. Students prepared for school and attended classes like any other weekday; however, in West Virginia students were enjoying a day off from classes. West Virginia teachers began a statewide strike on Feb. 22, and kept their students out of school for over a week. Every school in the state of West Virginia was shut down because of the massive strike.

Talks of frustration and possible strikes began in November of 2017, when West Virginia proposed new rules for the state employees' health plans. The new plan would lead to a significant cost increase for deductibles and premiums if a family has both spouses working or a teacher is working multiple jobs. Teachers could find themselves struggling to pay for health insurance for themselves and their children. West Virginia teachers made the decision to go on strike because of their dissatisfaction with this.

The teachers of West Virginia stormed the

capital building to demand higher pay and lower health care costs. The state of West Virginia ranks 48th in the United States for teacher compensation, and the teachers could not stand idly by any longer. Originally, the teachers attempted a "rolling strike," where individuals from a few counties would walk out each day. On Feb. 2, deemed "Fed-Up Friday," staff members from southern West Virginia's counties skipped work. This led to another day-long walkout on Feb. 16, and more counties rallied at the state capitol. After both of these walkouts, teachers across the state found that their efforts were meaningless. The union leaders met and announced their state-wide strike and rally at the capitol.

Teachers began the strike aiming to force Governor Justice to sign a 5 percent pay increase. The strike seemed to have reached its goal on Feb. 27, after a deal was reached. Teachers were meant to return to school on March 1, but did not feel their fight was over. West Virginia's teachers were smart to avoid a strike stoppage because the bill that would increase their pay was rejected by the State Senate. Instead, the State Senate proposed a 4 percent pay raise. The teachers were



Photo retrieved from creativecommons.org

Teachers from across the state participated in a rolling strike before engaging in full strike.

still not satisfied and continued their strike.

The West Virginia teacher strike lasted until March 6 in all 55 counties. Students missed nine full school days. Governor Jim Justice provided teachers with their demands and signed a 5 percent pay increase into law. The contract agreement, signed on March 6, allowed for 20,000 teachers to begin working again, as well as 10,000 support staff employees. After nine long days of negotiations, teachers and students returned to school on March 7.

## Controversial safety bill in Florida sparks uproar

**Julia Lucas**  
Staff Writer

Gun control has been everywhere in the news this past month following the school shooting in Parkland, Fla. While many school shootings and mass shootings in the United States have gained short-term attention, students at Marjory Stoneman Douglass High School, organized by gun control activists nationwide, have been pushing for stricter gun control measures.

After the Parkland shooting, large protests were organized with the goal to put gun control measures on policymaker's agendas. This led to a \$400 million school safety bill that included gun provisions and ideas for school protection. The bill, which was recently signed by Governor Rick Scott, consists of provisions addressing gun control. These provisions include: raising the purchasing age to 21, creating a three-day waiting period on gun purchases, allowing trained school workers to carry firearms, banning bump stocks that allow guns to mimic fully automatic weapons, providing new mental health programs for schools, and restricting access to guns for individuals exhibiting signs of mental health issues or violence. The school safety bill intends to significantly decrease and possibly eradicate gun

violence in the state of Florida. Governor Scott spoke of the bill as a balance between, "our individual rights with need for public safety."

The school safety bill is incredibly controversial because of the country's opposing opinions on the measures included in the bill. Some Democrats are speaking out on the bill by saying the bill is not doing enough to prevent gun violence, while some Republicans are saying that there are too many provisions. Some of the Parkland students are still fighting for a ban of semi-automatic weapons, as well as stricter rules as for who can own guns and how individuals can own weapons. The NRA, or the National Rifle Association, believes that the school safety bill has gone too far in restricting Americans' second amendment rights. The NRA has gone on record announcing their dismay of the increased minimum age requirements and the three-day waiting period. The NRA has even filed a lawsuit against Florida stating that raising the minimum age is "...a blatant violation of the Second Amendment."

Even though Florida Governor Scott signed the bill, counties do not need to comply with a specific part of it. The "guardian" program that provides the opportunity for teachers and other school employees to carry handguns upon the



Photo retrieved from creativecommons.org

Governor Rick Scott signs the Florida school safety bill.

completion of law enforcement training, is optional for counties to follow. Each county is able to make their own decision on whether or not they feel comfortable allowing teachers to carry guns in the classroom. Many counties in Florida have already announced that they will not be following along with that section of the bill.

Overall, the debates over the school safety bill have been intense and never-ending since the bill was proposed. Like any other proposed bill or law, citizens will have strong opposition or support, necessary for any healthy democracy.

## Amazon acquires Ring security doorbells for \$1 Billion

**Zara Kulish**  
Staff Writer

We all know Amazon as a huge online retail marketplace, but they also have their own line of products and subsidiary companies that give them stake in many smaller and more varied industries. Among the



Photo retrieved from creativecommons.org

companies in the Amazon empire, not counting CEO Jeff Bezos' acquisitions under his other corporate umbrella, Bezos Expeditions, are Whole Foods, Zappos.com, Audible, IMDb, and Twitch. Amazon's automated home assistant, Alexa, is one of the best-selling devices of its kind, and has helped push Amazon further into the future, as well as into the homes of its customers. Amazon recently acquired Ring, a purveyor of video doorbells, representing an additional push into home automation technology.

Ring was founded in 2012 by Jamie Siminoff in Santa Monica, Calif. Ring is dedicated to providing "smart security that's accessible to everyone." The Ring video doorbell works with an app and sends alerts to the user's phone when someone rings their doorbell. It also allows the homeowner to answer their door and converse with guests via a built-in video chat function on the app. The product was featured on Shark Tank in 2013, but none of

the sharks invested in it. That did not prove a setback for the startup, however, as proven by their recent sale to Amazon, who, according to Reuters, paid over \$1 billion for their new subsidiary. Having been bought by Amazon, Ring is now readily available to millions more people with great ease.

The video doorbell represents an incredible leap forward in the realm of home security. Since it allows the homeowner to not only monitor their entrances from afar, but also answer the door as well if necessary, people can now use their doorbells to interact with their visitors in real time, however far from home they may be.

Ring was not Amazon's only recent foray into the field of home security. Amazon also acquired another video doorbell company called Blink a short while ago. In addition, Amazon now has their own home security system, which includes a system for remote access into peoples' houses. The visual

aspect, Cloud Cam, is an indoor security camera with a basic live feed 24 hours a day, and has the ability to store video clips when it senses motion. On its own, the Cloud Cam is fairly standard, but its accompanying software, Amazon Key, is something new. With an accompanying smartlock, the Amazon Key software allows the homeowner to grant access into their house to guests or delivery drivers. While there was some trouble with how easy it was to hack the Amazon Key system, the key system offered a solution to another security issue: people who order expensive packages online do not want to risk them being stolen, but also do not want to have to stay home to sign for them. Amazon Key lets a delivery driver place the package directly into your home, circumventing those issues, though some have expressed concerns with this practice.

The Ring doorbell first appeared on the hit TV show "Shark Tank" in 2013.



## Ask Kianna - Relationship Advice

**Kianna Garmanian**  
Staff Writer



Dear Kianna,  
What does a healthy relationship look like and what do you look for in a potential spouse?  
-Avery Reich-Norris

Avery, thank you so much for

sending in this wonderful question. I believe it is really important to know what you are looking for in a relationship and how you should not only seek out such qualities or attributes in others, but also work on bettering yourself. Your question has two parts to it, so let's begin by looking at the first part of your question about healthy relationships. I am definitely no cupid or relationship expert, but I do have a few helpful pointers. One of the most important pieces of advice I can share is this: Relationships are not about loving yourself through another person. It is really easy to start dating someone for your own selfish reasons, because you wish to receive their affection, attention, and praise, or because you want to tell others you have a boyfriend or girlfriend. If all you focus on is the love you receive, rather than the love you should be offering, the relationship will not blossom in its fullness. In a healthy, life-giving relationship, both the man and the woman seek out ways to love and serve the other, demonstrating true, sacrificial love.

Too often, couples forget the true essence of love, as many

relationships are misused and based on lust, pleasure, and self-satisfaction. In an age when sex and bodies are glorified and praised, relationships are increasingly losing their authenticity. Love shouldn't be based solely on sexual gratification or fulfilling one's own desires. Yet, the popular response/objection to this is, "I can do whatever the heck I want" or "My body is mine! I am free to do as I wish." The question should not be whether or not we are free to do what we want, but whether we are using our freedom to nurture a healthy relationship. Abusing our freedom will lead to the destruction of relationships that should be rooted in sacrificial love.

Another thing to keep in mind: Remember that you, along with all other individuals, are temples of the Lord who bear the upmost dignity. By truly understanding this, you will begin to see others through the lens of Christ, which is the lens of love. In a healthy relationship, a man and woman should see Christ in the other and treat each other as such. Now, to address the second part of your question, keep this in mind; look for an individual who is willing to stand up for what you

believe in, what you stand for, and who shares common values. This doesn't mean that you have to see eye-to-eye with your spouse about every matter, just the important moral truths. Pray for your future spouse and ask the Lord to help you meet an individual who is willing to walk with you on this faith journey, so that together, you may lead one another closer to Jesus.

Most importantly, do not worry. The Lord is watching over you and has your best interest in mind. If you have yet to find the individual you wish to marry, the time will come. And, when you do find that individual, remember the importance of sacrificial, life-giving love, which is different from loving yourself through another person. Love is a sacrifice, and in a healthy marriage, both the man and woman "die" to themselves daily. It is in this "dying" to your own needs, desires, and wants and choosing to serve, love, and respect the other that allows a marriage to become truly prosperous in the eyes of the Lord.

May God's blessings rest upon you, Avery, and all others who are discerning the will of God in their lives.

## The Annunciation: Our model of faith, trust, and courage

**Kianna Garmanian**  
Staff Writer

Faith, trust, and courage- three attributes that are praiseworthy, yet hard to practice in our daily lives. Have you ever seen an action movie where the superhero saves a civilian that is falling from a three-story building? How about a movie that centers around the main character making a bold decision to follow his or her dreams when the odds are low? Or, how about the classic example- a young man or woman quits his or her job and flies halfway across the country to reunite with the love of their life, and they lived happily ever after. These are all instances that require faith, trust, and courage in oneself, one's abilities, and in others. While the three examples I shared with you may seem bold and noteworthy, there is one woman who embodies the true meanings of faith, trust, and courage, and goes above and beyond all three of these categories. This woman is not only the perfect example of a courageous

and faithful individual but models the many attributes we aspire to achieve in our own lives.

This remarkable woman is our Blessed Mother Mary. You may have heard the story a million times- the angel Gabriel appears to Mary and announces that she is to become the mother of God and bear Jesus in her womb. This is a story that many of us have been told since we were little kids, but have we actually taken the time to truly unpack the beauty of this event? Let's take a closer look at this event, known as the Annunciation, and the tremendous role that Mary played.

Mary was twelve or thirteen when the angel appeared to her. Imagine being that young and finding out that you were chosen to bear the Son of God, Jesus Christ, in your womb. I don't know about you, but when I was that age, I had other things on my mind. What tremendous faith and trust Mary models when she says in reply to the angel: Luke 1:38- "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Here, Mary is not only abandoning herself to the will of God, but she is also placing her full trust in his plan, although it probably seemed absurd and confusing to her. This is true faith: trusting in God even when you cannot see the outcome or future, and Mary humbly accepts her calling as a servant of the Lord. Are you also willing to accept the will of God and embrace all that is in store for your life?

On top of faith and trust, Mary demonstrates exemplary attributes of courage. In Luke 1:31, the angel says to her, "Behold, you will conceive in your womb and bear a son, and you shall name him Jesus." Confused, Mary replies in Luke 1:34-35- "How can this be, since I have no relations with a man?" And the angel said to her in reply, "The Holy Spirit will come upon you, and the power of the most high will overshadow you. Therefore the child to be born will be called holy, the Son of God." In biblical times, a woman was stoned to death if she committed adultery or was suspected of doing so. So, imagine how nerve-racking this situation was for Mary, who was suddenly about to bear a child in her womb. Her case could have surely been grounds for stoning, as it would appear as if she had committed an adulterous act. Yet, she boldly demonstrates courage by accepting her role as the mother of Christ, regardless of the life-threatening consequences that could result from this choice.



Blessed Mother Mary and baby Jesus

Modeling faith, trust, and courage in the Lord and his plan, Mary is the perfect example of an individual whom we should strive to be like. May we look to Mary in times of distress, hopelessness, and confusion, and may her life inspire you to lean towards Christ, even when all seems to go wrong. No matter the situation at hand, abandon yourself into the arms of Christ, and allow his love to direct your path. Junior Tyler Snook comments, "As St. Therese of Lisieux said, Mary is more mother than queen. How great a gift it is that she is our mother. She is our advocate and guide to her son, and in her heart is nothing but tenderness and ultimate concern for every little thing in your life."

The Catholic Church celebrates the Feast of the Annunciation on March 25. May we each spend some time reflecting on faith, trust, courage, and our wonderful role model who intercedes for us.



Statue of our Blessed Mother at the Archbishop Brunett retreat center in Federal Way



## CULTURE, CLUBS & RELIGION

SAINT MARTIN'S UNIVERSITY

**B2**

March 4, 2013

# Bringing new light to engineering

**Nick Tudor**  
Staff Writer

A chapter of the American Society of Mechanical Engineers (ASME) has recently been in the spotlight of the Saint Martin's University community. The not-for-profit membership organization enables skill development, knowledge sharing, career enrichment, and collaboration across all disciplines of engineering. Its purpose is to help the global engineering community develop solutions to benefit lives and livelihood. Founded in 1880, ASME has grown to more than 130,000 members in over 150 countries.

The Saint Martin's University chapter is home to over 30 members and has been on campus for seemingly countless years. ASME's goal at SMU is to get students involved in what they are studying, outside of the classroom. Too often, students are limited in

creativity within a classroom, but the organization allows members to reach out into the community to better their experience in engineering.

ASME's mission statement is to serve diverse global communities by advancing, diffusing, and applying engineering knowledge

for improving the quality of life; as well as communicating the excitement of engineering. Headquartered in New York City, the ASME allows members to provide engineering and technical expertise to those who make policies in Congress and key federal agencies. The goal of ASME, and the Saint

Martin's chapter in particular, is to focus on global impact, energy and workforce development.

This year, SMU's chapter of ASME has arranged for Saint Martin's University to host the Student Professional Development Conference (SPDC). Sixty-seven universities within the school's district,

spanning from British Columbia and Alaska to Montana and Idaho, are planning to attend the event. Students will represent the school and the engineering community by competing in various engineering-related competitions, such as RC Baja, where remote controlled cars are built and raced.

By giving back, fundraising, and mentoring, the Saint Martin's University chapter of ASME has come to shed great light on the school's engineering program and community as a whole. Anyone interested in joining SMU's ASME chapter should speak with Rich Casey, the club's Chair.



Photo by Jesse Lampert

### Global, from cover

my UNI 101 class and I thought it was the opportunity of a lifetime!" says Maddie Timm, a freshman. "I was inspired to go because I love Shakespeare and I love history. It was the perfect mix of the two."

The France study tour takes students to Paris, Mont Saint Michel, Saint Malo, La Loire (chateaux country) and St. Raphaël for an immersion in language and culture. The trip lasts May 14-28. One of the trip's many highlights is the opportunity for students to live in a *gîte*, an ancient building affixed to a chateau. Students will do their own laundry and cooking while living in the *gîte*. On the tour, the seven attending students will visit historical sites, museums and *La Bibliothèque nationale* (National Library of France).

"The goal is to deepen students' understanding of language and culture," says Professor Kathleen McKain, who is leading the trip.

"I heard about the trip through my French professor, Kathleen McKain," says Valerie Smith, a sophomore. "What inspired me [to go] I suppose was the history and the fact that I do sing in French. I'm very excited."

The "Food and Fiction" Italy trip takes students to Milan, Naples, Sicily and Nursia (Norcia) for a taste of Italian food, fiction, and culture. The trip lasts June 7-27. Students will explore key sites in the slow food movement which originated in Italy.

"We will be visiting the University of Gastronomic Sciences in Bra, a key site in the slow food movement," says Dr. Irina Gendelman, who will co-lead the trip with Dr. Jeff Birkenstein.

Students will also visit historic Benedictine sites, including a brewery once owned by the monks. Currently, nine students are signed up, but there is room for one or two more.

"We want to immerse ourselves in local life," says Birkenstein.

"Knowing that it was Dr. Birkenstein and Dr. Gendelman leading the trip, I couldn't say no," says Betty Ramirez, a junior. "Dr. Birkenstein and Dr. Gendelman are amazing, charismatic professors who know so much about the world. I can't wait to travel and learn how to cook, speak some Italian, and gain a broader perspective of the world."

The Japan Cultural Exchange Program (JCET), Korea Cultural Exchange Program (KCEP) and

China Cultural Exchange Program (CCEP) allow students to experience the culture of Asia.

"One goal of the JCET, KCEP and CCEP trips is to help students gain appreciation of Asia and cultural awareness," says Brenda Burns, Study Abroad Coordinator. "Another goal is to maintain relationships with sister universities."

The JCET trip, co-led by Laurel Dube and Dr. Olivia Archibald, lasts from May 15-25 and features home stays in Japan. Currently, five students are signed up. While the JCET exchange program has existed for over twenty years, the KCEP and CCEP trips are new this year.

The KCEP trip, led by Laura-Bell Douglas, lasts from May 20-June 9 and allows students to obtain credit. Currently, six students are signed up.

The CCEP trip, led by Kathleen Thomas, lasts from June 15-July 14 and also allows students to obtain credit.

The students going on the JCET, KCEP and CCEP exchange programs represent a wide variety of majors, ranging from Computer Science and Psychology to Criminal Justice and Education.

"It's really exciting. We've got such a great opportunity for students," says Burns. "We're glad to see students taking advantage of it."

With the Italy, France, England, JCET, KCEP and CCEP trips, Saint Martin's students are going global. To support the students taking these trips, stay tuned for future fundraising efforts. To learn more about study abroad programs, contact Brenda Burns at [bburns@smartin.edu](mailto:bburns@smartin.edu).

## Upcoming Psychology Club events:

**March 20 at 6 p.m.** in HH 110 the neuro biology and behavior department from UW is presenting The Hungry Brain, information on the brain, hunger, why some diets work and others fail along with clinical perspectives.

**Wednesday March 27 at 5 p.m.** in Baran Great Room the club is having a spaghetti dinner open to all students to raise money for students to attend and present at the APA conference this summer in Hawaii.

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Latino Student Alliance  
and  
PROS present...

*Come Celebrate the LOVE of our  
Latino Cultures,  
our Family is your  
Family too!*

Admissions at door  
\$2 for SMU Students and Faculty  
\$2 for kids  
\$4 for non-SMU

March 18th 2013 Worthington Center 8pm-10pm



A Washington Spring Mad Lib by Bethany Montgomery

Ah, spring, the time of year when the leaves turn \_\_\_\_\_ and the flowers \_\_\_\_\_. Yet somehow, here in Washington spring still feels \_\_\_\_\_ away. One would hope to wake up and see the sun \_\_\_\_\_ through the window, but instead we're met with \_\_\_\_\_ skies and pouring \_\_\_\_\_ running down the glass. Dressing in the spring is also \_\_\_\_\_. In the morning we wake up to frost on our \_\_\_\_\_ and the afternoon we're peeling of our \_\_\_\_\_ because of the low 70s temperatures. Regardless, I thought it would be a perfect day to take my \_\_\_\_\_, \_\_\_\_\_, on a walk around the neighborhood. That was my first mistake. As soon as we went outside, a wild \_\_\_\_\_ jumped out of a trash can and ran up a tree. \_\_\_\_\_ the leash out of my hand and tore after it, \_\_\_\_\_ all the way. After I reeled \_\_\_\_\_ back, he decided to \_\_\_\_\_ through some \_\_\_\_\_ puddles, dragging me along with \_\_\_\_\_. So there I was, soaked to the \_\_\_\_\_. Even my rain \_\_\_\_\_ were filled with \_\_\_\_\_. What a \_\_\_\_\_ spring, I thought. I can't wait for summer!

Sudoku

	1	2		3	4	5	6	7
	3	4	5		6	1	8	2
		1		5	8	2		6
		8	6					1
	2				7		5	
		3	7		5		2	8
	8			6		7		
2		7		8	3	6	1	5

How to play Sudoku

Fill empty cells with digits 1 through 9. The numbers can only appear once in each column, once in each row, and once in each box. Each column, row, and box should have the numbers 1 through 9. Use the numbers already filled in as prompts to help you solve the rest.

Help the ladybugs find the flowers. Start from the bottom and finish at the top!

LETTER TO THE EDITOR POLICY

- Everyone is invited to submit Letters to the Editor (LTE) in response to previously published material, or about things not in the paper. All LTE's will be responded to either by personal response or in print in The Belltower as space allows.
- All letters must be signed by the author to be published. Names can be withheld upon request of the author and at the discretion of the Editor-in-Chief (EIC). They must have some credible contact information (email, telephone number and/or address) for notification and verification.
- The Belltower reserves the right to edit letters for length and grammar.
- Letters of questionable taste will be evaluated by the Editorial team and in applicable situations will be voted on and handled as the team sees fit.
- Letters of questionable origin will not be published until confirmation of the author has been made.
- As time permits, writers of letters will be contacted for confirmation.
- The Belltower reserves the right to not publish letters deemed libelous, obscene, in poor taste, or otherwise unfit to print. The EIC will make this final decision upon consultation with the Editorial team and the Faculty Adviser.
- The Belltower reserves the right to print a selected number of LTEs. The EIC makes this decision on a case-by-case basis.